

**San Francisco Center for Psychoanalysis**  
**Contemporary Freud**  
**Third Year Candidates**

**Instructor:** Beth Taylor MD [drbtmd@gmail.com](mailto:drbtmd@gmail.com) 650-799-4893

**Time:** 9:45-11:15am Fridays

**Dates:** September 7, 14, 21, 28, October 5, (12TBA), 19, 26, 2018

**Week 1 September 7, 2018**

**Free Association (for the analyst, as well as the patient)**

**Ogden, Thomas (ok, this is Bionian)**

***Dreaming the Analytic Session: A Clinical Essay*** (Psa Quart, Vol 86, Issue 1, 08 March 2017)

- How full of life a concept is is determined by how difficult it is to pin down, how mysterious it is, and how elusive it can be (tossed off almost as an aside)
- I see analytic theory not as a set of laws but as a set of metaphors I use to describe, not explain, for myself (during and after a session) the events of the session. As is the case with all metaphors, analytic theories/metaphors reach a breaking point and must be replaced by fresh metaphors.
- When the analyst dreams the events of the session with the patient, he transforms consciously perceived experience into unconscious experience. A revolutionary thought is being introduced here: dreaming is not a process of making the unconscious conscious, as Freud would have it; it is, for Bion, a process of making the conscious unconscious, a process of transforming "conscious, rational" experiences with external objects into internal object relationships." (ok, this is object relations)
- Unconscious thinking is our richest form of thinking. It continues uninterrupted both while we are awake and while we are asleep, just as the stars continue to emit light even when that light is rendered invisible by the glare of the sun. (block that metaphor!)

Optional Further Reading:

Grossman, Lee Reading Ogden Reading Winnicott