

Sex (or screens), Drugs (legal and street) and Rock and Roll (Or Whatever genre is current) : Not just a way of life but the essence of adolescence. Encountering the world outside the home with others and trying to radically reimagine oneself and the world, moving to and from the home base. Working with adolescents enlivens the entire analytic project and shapes the analyst in ways that profoundly affect our treatment with adults. In this class we will do a quick run through some of the main discussions in the field vis a vis adolescents.

### **The Developing Mind: Adolescence**

San Francisco Center for Psychoanalysis  
May 3, 2019-May 31, 2019 Maureen Katz, MD  
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Educational objectives:

Candidates will be able to:

1. Describe and compare both classical and contemporary psychoanalytic models of involved in adolescent development.
2. Describe the challenge of adolescent symptomatology that a) often expresses what can't be represented due to the absence or failure of containing structures; and b) can mislead by suggesting more severe pathology than is necessarily present.
3. Describe the unique tension in analytic work on the transference/countertransference interplay that reflects a developmentally driven reliance among adolescents on evacuative defenses.
4. Describe the unique relationship the body in adolescence has to symptomatology vis a vis the virtual world and in a cases of an eating disorder.
5. Describe the profound and often traumatic impact on adolescent development of prejudice and oppression centered on race, gender, sexuality, and social class, and the responsibility of addressing these in psychoanalytic treatment.

### **Week 1 Adolescent Development: Shifts in object relations and the sense of self**

#### **Focus: The transition from Childhood to Adolescence**

*Required reading:*

Ogden, T.H. (2011). Reading Susan Isaacs: Toward a Radically Revised Theory of Thinking. *International Journal of Psycho-Analysis*, 92:925-942.

Waddell, M. (1998). Puberty and early adolescence. In *Inside lives: Psychoanalysis and the development of the personality* (pp. 125-140). New York: Routledge.

*Suggested reading:*

Campanile, P. (2010). "I had twenty-five piercings and pink hair when...": Adolescence, transitional hysteria, and the process of subjectivization. *Psychoanalytic Quarterly*, 81, 2, 401-418.

Loughran, M. (2004). Psychodynamic therapy with adolescents. In H. Steiner (Ed.), *Handbook of mental health interventions in children and adolescents* (pp. 586-598). San Francisco: Jossey-Bass.

### **Week 2 Adolescent Development: Shifts in object relations and the sense of self**

#### **Focus: Mid- and Late Adolescence and the Transition to Adulthood**

*Required reading:*

Waddell, M. (1998). Mid-Adolescence and Late Adolescence. In *Inside lives: Psychoanalysis and the development of the personality* (pp. 141-173). New York: Routledge.

Lemma, A. (2010). An Order of Pure Decision: Growing up in a Virtual World and the Adolescent's Experience of Being-in-A-Body. *J. Amer. Psychoanal. Assn.*, 58:691-714.

*Suggested reading:*

Waddell, M. (2003). Coming into one's own: The Oedipus Complex and the couple in late adolescence. *Journal of Child Psychotherapy*, 29, 53-73.

Ladame, F. (1995). The importance of dreams and action in the adolescent process. *International Journal of Psychoanalysis*, 76, 1143-1153.

**Week 3 Adolescent Psychopathology**

*Required reading:*

Brady, M.T. (2016). "Unjoined persons": Psychic isolation in adolescence and its relation to bodily symptoms. In *The Body in Adolescence: Psychic Isolation and Physical Symptoms* (pp.8-23). New York: Routledge.

Waddell, M. (2006). Narcissism- An adolescent disorder? *Journal of Child Psychotherapy*, 32: 21-34.

*Suggested reading:*

Anderson, R. (1999). Suicidal behavior and its meaning in adolescence. In *Facing it out: Clinical perspectives on adolescent disturbance* (pp. 65-78). New York: Routledge.

Chused, J.F. (1990). Neutrality in the analysis of action-prone adolescents. *Journal of the American Psychoanalytic Association*, 38, 679-704.

Erlich, H.S., (1993) Reality, Fantasy, and Adolescence. *Psychoanalytic Study of the Child*, 48, 209-225.

Ogden, T.H. (2006). Reading Loewald: Oedipus Reconceived. *International Journal of Psychoanalysis*, 87: 651-666.

Ogden, T.H. (2014). Fear of Breakdown and the Unlived Life. *International Journal of Psycho-Analysis*, 95, 205-223.

Waddell, M. (1999). Assessing adolescents: Process or procedure—The problems of thinking about thinking *Psychoanalytic Inquiry*, 19: 215-228.

**Week 4: Sexuality: Presentation of the analysis of an anorexic adolescent involving the integration of sexuality within the transference/ countertransference interplay.**

*Required reading:*

Ritvo, S. (1984). The Image and Uses of the Body in Psychic Conflict—With Special Reference to Eating Disorders in Adolescence. *Psychoanalytic Study of the Child*, 39, 449-469.

Williams, G. (1997) Reflections On Some Dynamics Of Eating Disorders: 'No Entry' Defenses And Foreign Bodies. *International Journal Psycho-Analysis*, 78, 927-941

*Suggested reading:*

G. Williams, P. Williams, J. Desmarais, & K. Ravenscroft (Eds.). (2004). *Exploring Eating Disorders in Adolescents: The Generosity of Acceptance* (Volume II).

London: Karnac, Ltd., 2004; 246 pp.

**Week 5: "To close your eyes is to know nothing of blindness."**

**Adolescent development within the sociocultural context of race, ethnicity, gender, sexual identity, and social class**

*Required reading:*

Sweetnam, A. (1996). The changing contexts of gender: Between fixed and fluid experience. *Psychoanalytic Dialogues*, 6, 437-459.

Perez Foster, R (2005) *The new faces of Childhood Perimigration Trauma in the United States* *Journal of Infant, Child and Adolescent Psychotherapy*, 4(1):21-41.

Anagnostopoulos, D. et al (2006) *Forced Migration, Adolescence, and Identity Formation* *The American Journal of Psychoanalysis*, 66 (3): 226-238

*Suggested reading:*

Baldwin, J. (1998). The fire next time (1963). In *Collected Essays* (pp. 287- 347). New York: The Library of America.

Butler, J. (1995). Melancholy gender – Refused identification. *Psychoanalytic Dialogues*, 5, 165-188.

Coates, T. (2015). *Between the world and me*. New York: Spiegel& Grau.

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