

**San Francisco Center for Psychoanalysis**  
**Introduction to Melanie Klein**  
**Fall 2018**  
**2nd year Candidates**

**Instructors:** Suzanne Klein, Ph.D. and Deb Weisinger, Psy.D.

**Time:** 9:45am-11:15am

**Dates:** September 7, 14, 21, 28, October 5, 12, 19, 26, 2018

**9/7 Week 1: Unconscious Phantasy**

Learning Objectives:

Participants will become familiar with Klein's view of the centrality of unconscious phantasy starting from the beginning of life, and gain an understanding of both the nature and function of unconscious phantasy.

Readings:

Bott-Spillius, E, Milton, J, Garvey, P. Couve, C. and Steiner, D. (2011) Unconscious Phantasy. In: The New Dictionary of Kleinian Thought. Routledge. London. p. 3-15.

Daniel, P. (1992) Child Analysis and the Concept of Unconscious Phantasy. In: Clinical Lectures on Klein and Bion. The New Library of Psychoanalysis. R. Anderson, (ed). London: Rutledge. 14-23. (PEP)

Suggested Readings:

Klein, M. (1926) The Psychological Principles of Infant Analysis. In: The Selected Papers of Melanie Klein, J. Mitchell, (ed). New York: The Hogarth Press (1986), 57-68.

Isaccs, S. (1948) The Nature and Function of Phantasy. International Journal of Psychoanalysis, 29:73-97. (PEP)

**9/14 Week 2: Internal Objects**

Learning Objectives:

Participants will be able to describe how Klein elaborated Freud's theory of internal objects, making it central to her theory of psychic functioning.

Readings:

Bott-Spillius, E, Milton, J, Garvey, P. Couve, C. and Steiner, D. (2011) Internal Objects. In: The New Dictionary of Kleinian Thought. Routledge. London. p. 40-62.

Bronstein, C. (2001) What are Internal Objects? In Kleinian Theory: A Contemporary Perspective, C. Bronstein, (ed). London: Whurr Publishers, 108-124.

Suggested Readings:

Pick, I.B. (1992) The Emergence of Early Object Relations in the Psychoanalytic Setting. In Clinical Lectures on Klein and Bion. The New Library of Psychoanalysis. R. Anderson, (ed). London Rutledge. 24-33. (PEP)

**9/21 Week 3: The Paranoid-Schizoid position, Splitting and Projective identification**

Learning Objectives:

Participants will be able to describe the essential characteristics of the Paranoid-schizoid position and recognize its manifestation in clinical work.

Readings:

Bott-Spillius, E, Milton, J, Garvey, P. Couve, C. and Steiner, D. (2011) Paranoid-schizoid position. In: The New Dictionary of Kleinian Thought. Routledge. London. p. 63-83.

Roth, P. (2001) The Paranoid-Schizoid Position. In: Kleinian Theory: A Contemporary Perspective. C. Bronstein (ed). London: Whurr Publishers p. 32-46.

We will do a close reading in class of :

Klein, M. (1946) Notes on Some Schizoid Mechanisms. In: Envy and Gratitude and Other Works. Masud R. Khan, (ed). p. 1-24. (PEP)

**9/28 Week 4: The Paranoid-schizoid position, Splitting and Projective Identification continued**

Learning Objectives:

Participants will be able to describe the essential characteristics of splitting, and projective identification and give clinical examples of each.

Readings:

Bott-Spillius, E, Milton, J, Garvey, P. Couve, C. and Steiner, D. (2011) Projective identification. In: The New Dictionary of Kleinian Thought. Routledge. London. p. 126-146.

\_\_\_\_\_. Splitting. In: The New Dictionary of Kleinian Thought. Routledge. London. p. 491-497.

Feldman, M. (1992) Splitting and Projective Identification. In: Clinical Lectures on Klein and Bion. The New Library of Psychoanalysis. R. Anderson, (ed). London: Rutledge. p. 74-88. (PEP)

We will continue our close reading in class of :

Klein, M. (1946) Notes on Some Schizoid Mechanisms. In: Envy and Gratitude and Other Works. Masud R. Khan, (ed). p. 1-24. (PEP)

Suggested Readings:

Joseph B. (1987) Projective Identification - Some Clinical Aspects. In: Melanie Klein Today. Developments in Theory and Practice. Volume 1: Mainly Theory. Elizabeth Bott-Spillius (ed) p. 138-150.

Bell, D. (2001) Projective Identification. In: Kleinian Theory: A Contemporary Perspective. C. Bronstein (ed). London: Whurr Publishers p. 125-147. (PEP)

**10/5 Week 5: The Early Oedipus Complex and The Depressive Position**

Learning Objectives:

Participants will be able to describe how Klein modified Freud's concept of the Oedipus Complex emphasizing the early stages (pregenital) of oedipal fantasies, and how the resolution of the oedipus complex is dependent on Depressive Position functioning.

Readings:

Bott-Spillius, E, Milton, J, Garvey, P. Couve, C. and Steiner, D. (2011) Oedipus complex. In: The New Dictionary of Kleinian Thought. Routledge. London. p. 103-123.

Boswell, J. (2001) The Oedipus Complex. In: Kleinian Theory: A Contemporary Perspective. London: Whurr Publishers p. 77-92.

Britton, R. (1992) The Oedipus Situation and the Depressive Position. In: Clinical Lectures on Klein and Bion. The New Library of Psychoanalysis. R. Anderson, (ed). London: Rutledge. 14:34-45 (PEP)

We will do a close reading in class of:

Klein, M. (1940). Mourning and its Relation to Manic-Depressive States. Int. J. Psycho-Anal., 21:125-153. (PEP)

Suggested Readings:

Klein, M. (1928) Early Stages of the Oedipus Conflict. In: The Selected Papers of Melanie Klein, J. Mitchell, ed. New York: The Hogarth Press (1986) p. 69-83.

**10/12 Week 6: The Early Oedipus Complex and The Depressive Position (continued)**

Learning Objectives:

Participants will be able to describe the essential characteristics of the Depressive Position and recognize its manifestation in clinical work.

Readings:

Bott-Spillius, E, Milton, J, Garvey, P. Couve, C. and Steiner, D. (2011) Depressive position. In: The New Dictionary of Kleinian Thought. Routledge. London. p. 84-102.

Temperley, J. (2001) The Depressive Position. In: Kleinian Theory: A Contemporary Perspective. C. Bronstein (ed). London: Whurr Publishers p. 47-62. (PEP)

We will continue our close reading of:

Klein, M. (1940). Mourning and its Relation to Manic-Depressive States. Int. J. Psycho-Anal., 21:125-153. (PEP)

Suggested Readings:

Klein, M. (1935) The Psychogenesis of Manic-Depressive States. In: The Selected Papers of Melanie Klein, J.Mitchell, (ed). New York: The Hogarth Press (1986) p.115-145.

### **10/19 Week 7: Envy and Gratitude**

Learning Objectives:

Participants will be able to describe Klein's theories of envy (a destructive attack on the good object) and gratitude (love for the gratifying, good object) and give clinical examples of each.

Readings:

Bott-Spillius, E, Milton, J, Garvey, P. Couve, C. and Steiner, D. (2011) Envy. In: The New Dictionary of Kleinian Thought. Routledge. London. p. 166-183.

\_\_\_\_\_ Gratitude. In: The New Dictionary of Kleinian Thought. Routledge. London. p. 349.

Chiesa, M. (2001) Envy and Gratitude. In: Kleinian Theory: A Contemporary Perspective. C. Bronstein (ed) London: Whurr Publishers p. 93-107.

We will do a close reading in class of:

Klein, M. (1956) A Study of Envy and Gratitude. In: The Selected Papers of Melanie Klein, J.Mitchell, (ed). New York: The Hogarth Press (1986) p. 211-229.

Suggested Readings:

Spillius, E.B. (1993) Varieties of Envious Experience. International Journal of Psychoanalysis, 74:1199-1212. (PEP)

### **10/26 Week 8: Contemporary Kleinian Technique**

Learning Objectives:

Participants will be able to discuss Betty Joseph's concept of "Transference the Total Situation" and understand the implications for recognizing and interpreting the transference in the "Here and Now".

Readings:

Bott-Spillius, E, Milton, J, Garvey, P. Couve, C. and Steiner, D. (2011) Technique. In: The New Dictionary of Kleinian Thought. Routledge. London. p. 232-233 (Key ideas through Later developments).

Joseph, B, (2013) Here and Now, My Perspective. International Journal of Psychoanalysis, 94:1-5. (PEP)

O'Shaughnessy, E, (2013) Where is Here, When is Now? International Journal of Psychoanalysis, 94:7-16. (PEP)

Suggested Readings:

Joseph, B. (1985) Transference the Total Situation. International Journal of Psychoanalysis, 66:447-454. (PEP)