

Child Psychoanalysis For Adult Analysts

Catherine H Phillips, LCSW

Course Description: The aim of this course is to help you develop your ideas about child psychoanalysis and its part in analytic thinking overall.

We will be reading about child analysis and child work/cases in our effort to broaden understanding about the aims of analysis as a whole and child work specifically.

Working analytically with children (and their parents) can help us recognize and appreciate the developmental precursors of some of the thinking and emotional patterns we see in our adult patients. Also, in child work, the notion of play is front and center...if it is fun, mutually engaging that's informative. If it's flat, dead or non-existent, that's informative. In similar ways with our adult patients, the inability to play with ideas or only play with ideas is illuminating.

Learning Goals and Objectives:

- Compare the psychoanalytic process in child and adult analysis.
- Identify the major theoretical and clinical implications of child analytic thinking.
- Understand how non-directive play therapy provides a space into which the child can project his or her internal world and how the child analyst can work and provide interpretations symbolically in the displacement of the play.
- Specify the indications and contraindications for child and adolescent analysis.
- Apply an understanding of the parent-child relationship to working with parents of children in analysis.

Week 1—September 7, 2018

Objective: Compare the psychoanalytic process in child and adult analysis.

Reading: Frankel, J., "The Play's the Thing: How the Essential Processes of Therapy Are Seen Most Clearly in Child Therapy". *Psychoanalytic Dialogues*, 1998, v. 8(1) 149-182. **PEPWeb**

Edgumbe, R. (2000). Anna Freud: A View of Development, Disturbances, and Therapeutic Techniques. London: Routledge, Chapter 4, pp. 55-76. **Reader**

Week 2—September 14, 2018

Objective: Identify the major theoretical and clinical implications of child analytic thinking.

Reading: Miller, J. (1996) "Anna Freud: A Historical Look at Her Theory and Technique of Child Psychoanalysis", *Psychoanalytic Study of the Child*, 51:142-171 **PEPWeb**

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Freud, A., "A Hysterical Symptom in a Child of Two Years and Three Months." *International Journal of Psychoanalysis*, 1926, v. 7: 227-229 **PEPWeb**

Week 3—September 21, 2018

Objective: Understand how non-directive play therapy provides a space into which the child can project his or her internal world and how the child analyst can work and provide interpretations symbolically in the displacement of the play.

Reading: Winnicott, D.W., Therapeutic Consultations in Child Psychiatry, 1971. Case of Bob pp. 64-88. **PEPWeb**

Mayes, L.C. and Cohen, D.J. (1993) "Playing and Therapeutic Action in Child Analysis". *International Journal of Psychoanalysis*, 74:1235-1244, **PEPWeb**

Week 4—September 28, 2018

Objective: Compare the psychoanalytic process in child and adult analysis.

Reading: Sugarman, A. (2008). "The use of play to promote insightfulness in the analysis of children suffering from cumulative trauma". *Psychoanalytic Quarterly*, 77: 799-833 **PEPWeb**

Parsons, M. (1991). "The Logic of Play in Psychoanalysis." *International Journal of Psychoanalysis*, 80: 871-884. **PEPWeb**

Week 5—October 5, 2018

Objective: Apply an understanding of the parent-child relationship to working with parents of children in analysis.

Reading: Novick, J., Novick, K.K. (2000) "Parent work in analysis: children, adolescents, adults. Part one: the evaluation phase". *Journal of Infant, Child and Adolescent Psychotherapy*, 1 (4): 55-79. **PEPWeb**

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Novick, J., Novick, K.K. (2002) "Parent work in analysis II-children, adolescents, and adults: recommendations beginning and middle phases of treatment". *Journal of Infant, Child, and Adolescent Psychotherapy*, 2 (1): 1-27 **PEPWeb**

Week 6—October 12, 2018

Objective: Compare the psychoanalytic process in child and adult analysis.

Reading: Ferro, A., Basile, R. (2006). "Unity of Analysis: Similarities and Differences in the Analysis of Children and Grown Ups." *Psychoanalytic Quarterly*, 75:477-500. **PEPWeb**

Sugarman, A., (1994). "Toward helping child analysts understand mental functioning". *Psychoanalytic Psychology*, 11:329-339. **PEPWeb**

Yanof, J.A. (1996). "Language, Communication and Transference in Child Analysis: (I) selective mutism: the medium is the message, and (II) is child analysis really analysis?" *JAPA* 44(1): 79-116. **PEPWeb**

Week 7—October 19, 2018

Objectives:

- Review
- Identify the major theoretical and clinical implications of child analytic thinking.

Reading: Sugarman, A., (2003). "Dimensions of the child analyst's role as a developmental object: affect regulation and limit setting." *Psychoanalytic Study of the Child*, 58:189-213. **PEPWeb**

Novick, J. (1976). "Termination of treatment in adolescence." *Psychoanalytic Study of the Child*, 31:389-414. **PEPWeb**