Theory of Technique

Introduction to the Theory of Therapeutic Action

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Week 1: Transference and the present moment (part 1)


Week 2: Insight and interpretation (part 1)


Week 3: Insight and interpretation (part 2)


Week 4: Transference and the present moment (part 2)


Week 5: Countertransference


Week 6: The real person of the analyst

Week 7: Some technical considerations with patients who are hard to reach


Week 8: Holding, containing, and dreaming


Week 9: Representation and non-representation


Suggested additional readings


