

Theory of Technique

Introduction to the Theory of Therapeutic Action

Steven Goldberg, M.D.

Fall 2016

Week 1: Transference and the present moment (part 1)

Gabbard, G. (2000) "On gratitude and gratification." JAPA 48: 697-716.

Week 2: Insight and interpretation (part 1)

Loewald, H. W. (1960) "On the therapeutic action of psychoanalysis." IJP 41: 16-33.

Week 3: Insight and interpretation (part 2)

Ogden, T. H. (2014) "Fear of breakdown and the unlived life." IJP 95: 205-223.

Week 4: Transference and the present moment (part 2)

Joseph, B. (1985) "Transference: the total situation." IJP 66: 447-454.

Parsons, M. (2007) "Raiding the inarticulate: the internal analytic setting and listening beyond countertransference." IJP 88: 1441-1456.

Week 5: Countertransference

Pick, I. (1985) "Working through in the countertransference." IJP 66: 157-166.

Carpy, D. (1989) "Tolerating the countertransference: a mutative process." IJP 70: 287-294.

Week 6: The real person of the analyst

Viederman, M. (1991) "The real person of the analyst and his role in the process of psychoanalytic cure." JAPA 39: 451-489.

Week 7: Some technical considerations with patients who are hard to reach

Joseph, B. (1983) "On understanding and not understanding: some technical considerations." IJP 64: 291-298.

Steiner, J. (1994) "Patient-centered and analyst-centered interpretations: some implications of containment and countertransference." Psychoanalytic Inquiry 14: 406-422.

Week 8: Holding, containing, and dreaming

Ogden, T.H. (2004) "On holding and containing, being and dreaming." IJP 85: 1349-1364.

Ferro, A. (2003) "Marcella: the transition from explosive sensoriality to the ability to think." PQ 72: 183-200.

Week 9: Representation and non-representation

Levine, H. (2012) "The colorless canvas: representation, therapeutic action, and the creation of mind." IJP 93: 607-629.

Suggested additional readings

Strachey, J. (1934) "The nature of the therapeutic action of psychoanalysis." International Journal of Psychoanalysis 15: 127-159.

Caper, R. (1997) "A mind of one's own." IJP 78: 265-278.

Goldberg, S. (2012) Ch. 7, "Transference" In Gabbard, G., Litowitz, B., and Williams, P., editors, Textbook of Psychoanalysis. Washington, D.C. American Psychiatric Press, Pp. 65-78.

Brown, L. (2012) Ch. 8, "Countertransference." In Gabbard, G., Litowitz, B., and Williams, P., editors, Textbook of Psychoanalysis. Washington, D.C. American Psychiatric Press, Pp. 79-92.

Arlow, J.A. (1969) "Unconscious fantasy and disturbances of conscious experience." PQ 38: 1-27.

Hoffman, I.Z. (1994) "Dialectical thinking and therapeutic action in the psychoanalytic process." PQ 63: 187-218.

Lachmann, F.M. and Beebe, B. (1996) Chapter 7, "The Contribution of Self-and Mutual Regulation to Therapeutic Action." In Progress in Self Psychology 12: 123-140.

Schafer, R. (1983) Ch. 2, "The atmosphere of safety: Freud's 'Papers on Technique.'" The Analytic Attitude. New York: Basic Books, Pp. 14-33.

Stern, D.N., et. al. (1998) "Non-interpretive mechanisms in psychoanalytic therapy: the 'something more' than interpretation. IJP 79: 903-921.