

Obstacles to Change

San Francisco Center for Psychoanalysis

Instructor: Nancy Beckman, Ph.D.

September 9- October 28, 2016

I. Primitive Anxieties and Infantile Need

Week One: September 9, 2016

1. Winnicott, D.W. (1974). Fear of Breakdown. *International Review of Psycho-Analysis*, 1:103-107
2. Ogden, T.H. (2014). Fear of Breakdown and the Unlived Life. *Inter. J. Psycho-Anal.*, 95: 205-223.

II. What Stays Alive

Week Two: September 16, 2016

1. Gurevich, H. (2015). The Language of Absence and he Language of Tenderness: Therapeutic Transformation of Early Psychic Trauma and Dissociation as Resolution of the “Identification with the Aggressor”. *Fort Da*, 21:45-65.

III. Psychic Retreats

Week Three: September 23, 2016

1. Steiner, J. (1993). Chapter One: “A Theory of Psychic Retreats”, pp. 1-13, in Psychic Retreats. London: Routledge.
2. Tamas, Nina (2016). Some Thoughts on Psychic Retreats. *British Journal of Psychotherapy*, 32, 1: 65-78.

IV. Narcissism: Not Needing Others

Week Four: September 30, 2016

1. Rosenfeld, H. (1987). Chapter Five: “Narcissistic Patients with Negative Therapeutic Reactions”, pp. 85-104. Impasse and Interpretation. London: Tavistock/Routledge

V. Pathological Organization and/or Perversion in the Analytic Relationship

Week Five: October 7, 2016

1. Williams, P. (2014). Orientations of psychotic activity in defensive pathological organizations. *Inter. J. Psycho-Anal.*, 95: 423-440.
 2. Williams, P. (2013). Chapter One: "Onward and Upward", pp. 1-12, in Scum. London: Karnac Books.
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3. Ogden, T. (1996). The perverse subject of analysis. *Journal of the American Psychoanalytic Association*, 44:1121-1146

VI. The Strain of Receiving the Patient

Week Six: October 14, 2016

1. Feldman, Michael. (1997). Projective identification: The analyst's involvement. *Inter. J. Psycho-Anal.*, 78: 227-241.

Week Seven: October 21, 2016

1. Rosenfeld, H. (1987). Chapter Two: "Some Therapeutic and Anti-therapeutic Factors in the Functioning of the Analyst", pp. 31-44. Impasse and Interpretation. London: Tavistock/Routledge.

Week Eight: October 28, 2016

1. Goldberg, S.H. and Grusky, Z. (2013). Chemistry and Containing: The Analyst's Use of Unavoidable Failures. *The Psychoanal. Quarterly*, 82: 145-178.

Optional Readings:

1. Epstein, L. (1987). The Problem of the Bad-Analyst Feeling. *Modern Psychoanalysis*, 12: 35-45.
2. Davies, J. (2004). Whose Bad Objects Are We, Anyway?. *Psychoanal. Dialogues* 14: 711-732.
3. Searles, H. (1979). "The Patient as Therapist to his Analyst", pp. 380-459, In Searles, H. Countertransference and Related Subjects. New York: IUP, pp. 380-459.
4. Ogden, T. (2007). Reading Harold Searles. *International Journal of Psychoanalysis*, 88:353-369.