WELCOME BACK!

We want to extend a warm "welcome back" to the entire SFCP community from summer travel, leisure, and any other exploits and adventures that may have occupied our individual and collective psyches. Especially, on behalf of the entire community we welcome students and candidates in SFCP's psychotherapy and psychoanalytic training programs as they begin or continue these profound developmental experiences.

There was much good news to share at SFCP's Annual Meeting on June 27. Notably, the Board of Trustees approved a balanced budget for the upcoming fiscal year. This achievement reflects an enormous effort throughout our organization to attain a realistic appraisal of our income potential and our expenditures, and to structure the latter in a responsible and sustainable manner.

In addition to recognizing all of our excellent staff at the meeting, we were pleased to announce that the Board had offered our Interim Administrative Director, Marcia Hodges, a permanent, half-time position as SFCP's Administrative Director, which she graciously accepted. Marcia has done a superb job of helping us through some difficult challenges and we are fortunate to have the benefit of her talents secured for the foreseeable future.
The summer has not been without significant challenges however. Virtually coincident with the Annual Meeting it came to our attention that for approximately the past decade SFCP apparently has not been in adequate compliance with regulatory stipulations administered by the Bureau for Private Postsecondary Education (BPPE), a division of California's Department of Consumer Affairs. An extraordinary effort has been expended by several of our members over the summer, that has been directed toward understanding how these regulations apply to SFCP and toward working with BPPE to bring our programs into compliance with them. This circumstance will certainly bring about changes. Notably, our current understanding suggests that membership in SFCP and enrollment with APsaA may be required of anyone participating in SFCP's programs. We will communicate further as the implications of these regulations become clearer, and we ask for your patience and understanding with any changes to membership enrollment and program registration requirements that may evolve out of this effort.

Although the consequences for SFCP of failure to meet these regulatory requirements are potentially profound, we are cautiously optimistic that we will succeed in meeting them. Importantly, we are not alone in having to address this difficulty. At least 6 of the 7 other psychoanalytic institutes in California are in the same or comparable circumstances with regard to these regulations, and we are working collaboratively with them, as well as with APsaA, to address this situation.

Sincerely,

Mike and Walt
I am very pleased to be providing a summary of our 2019 Annual Meeting of Members in my first contribution to the SFCP Newsletter. As the current Chair of the SFCP Board of Trustees (BOT) it was my pleasure to open the meeting with welcoming remarks and introductions of our 2019 BOT: Michael Harrington, JD, Treasurer, Steven Baum, PsyD, Secretary, Steven Goldberg, MD, Chair of the Nominations & Governance Committee, Elizabeth Stuart, MD, Candidate Representative, Lovina Chahal, MD, Chair, Psychoanalytic Psychotherapy Membership, Steve Larson, Christopher Thompson, Brett Penfil, MFT Chair, Community Membership Committee, Walt Beckman, PhD, Co-President, and Michael Smith, PhD, Co-President.

Many of you have asked me, what does the BOT do at SFCP? In so many words, we act to govern and support our organization; we ensure compliance to various regulations; we select the Administrative Director; we determine program and administrative strategies and short term/long term priorities; and ensure a realistic budget and operating plan. As such, the BOT has been very busy this past year.

To illustrate, the BOT authorized and engaged an organizational consultation conducted by Ken Eisold, a psychoanalyst from and current director of the William Alanson White Institute in New York. Dr. Eisold has extensive experience in studying and consulting to psychoanalytic organizations. The BOT authorized Steve Goldberg, an analyst member of the Board, to form a task force of the Board to begin the process of preparing for Dr. Eisold’s visit. A Task Force was formed which came up with plans for the consultation including the schedule and logistics of the various meetings, as well as the roster of groups to meet with Dr. Eisold during his visit. Every effort was made to be as inclusive as possible, and many members and groups within our organization were able to meet with the consultant. One additional responsibility of this task force was, at Dr. Eisold’s recommendation and request to compose a small working group of SFCP members, comprised of leaders of various SFCP functions as well as thought leaders representing various constituencies. This working group would meet for a significant period of time with the consultant each day. This group was tentatively termed the “Consultation Work Group.” A great deal of thought and deliberation went into the composition of this group which worked closely with Dr. Eisold as he formed his impressions and eventually formulated his recommendations during the course of the three days of meetings.
Based upon all of the interactions and feedback, Dr. Eisold made three recommendations: the first recommendation is that our psychoanalytic training needs to become more affordable and less burdensome to candidates; the second recommendation was that we undertake efforts to make SFCP a more welcoming and inclusive community; and the third recommendation concerned what Dr. Eisold saw as a certain “looseness” in our administrative practices.

Following the March weekend consultation with Dr. Eisold what had been designated the consultation working group was authorized by the BOT to develop an action plan based on these recommendations. This group met several times this spring and made their final report to the BOT in June. The Work Group recommended that the SFCP Board and the Management Team take responsibility for addressing the problems of organizational looseness in our administrative practices. The Board and the Management Team will identify areas of improvement, document and communicate the solutions. Second, the Psychoanalytic Education Committee (PED) will take responsibility to address the affordability of our psychoanalytic training and make recommendations to the Board within the next year. Lastly, a number of group members have agreed to continue to meet to address the themes of “Inclusion/Exclusion” within SFCP.

Additional members will likely be added to this group in order to best fulfill its task and outside consultants and curriculum are being considered. This Inclusion/Exclusion Work Group will be tasked by the Board to develop activities to address these issues within our organization. The BOT met on 6/23 and approved these recommendations. Our improvement work now begins to get launched.

In another illustration of our Board’s responsibilities, Michael Harrington, Treasurer of the BOT provided an update on our 2018-19 Budget. Amongst the in-depth financial picture that Michael presented, he happily announced that SFCP concluded the fiscal year with a balanced budget for the first time in recent years.
Next, Susmita Shah, MFT our Chair of this year’s Annual Campaign provided an update on the Annual Campaign with close to $145,000 having been raised to date. It was the generosity of our members investing in SFCP that allowed SFCP to have a balanced budget this year. While this is an accomplishment for which our entire organization needs to be congratulated, I want to highlight our members who generously invested in our Center and applaud Susmita Shah for her leadership in this year’s successful Annual Giving Campaign! We are pleased that Susmita has agreed to Chair the 2019-20 Annual Giving Campaign.

Steve Goldberg and Brett Penfil presented an update on current BOT openings and our recruitment for new analytic and community members on the BOT. In addition as Michael and Walt will be completing their term as Co-Presidents in June 2020, we are currently recruiting for our next President or Co-Presidents. Those members interested in learning more about joining the BOT can contact Steve (stevenhgoldberg@sbcglobal.net) or Brett (brett@brettenfil.com).

Our co-presidents, Michael Smith and Walt Beckman began their annual remarks with announcing that Marcia Hodges had been hired as the new SFCP Administrator Director (half-time) starting July 1, 2019. This announcement was well received by our members in attendance! If you haven’t already met Marcia, please introduce yourself to her at the next SFCP event or the next time you drop into the Center.

Walt and Michael followed this positive news with the presentation of the 2019 SFCP Distinguished Service Awards to the following members for their significant contributions to SFCP.

- **Susmita Shah, MFT** was recognized for her extraordinary leadership of our successful 2018-2019 Annual Giving Campaign.

- **Nancy Beckman, PhD** received a SFCP Service Award for her service as the Faculty Appointment Chair. These past two years. In her role she enhanced and streamlined the intake and review process. Dr. Beckman is stepping down from this role to become the Faculty Committee Liaison to the Curriculum Committee. She is a true pleasure and an asset to this committee.

- **Charles Fisher, MD** was recognized for his many contributions to SFCP which include having been a Training and Supervising Analyst since 1998. He has served as the Vice Chair of the PED since our reorganization into a Center in 2007. Chuck has served as the Chair of the Supervising Analyst Development and Appointment Committee for over seven years. Chuck has been a member of the Institute Choice Task Force and has been instrumental in bringing the growing field of Neuropsychoanalysis to SFCP.
2019 Annual Meeting of Membership
Paul K. Sorbo, LCSW, Chair, Board of Trustees

• Catherine Witzling, PhD, LCSW was recognized for her role on the Membership Integration Subcommittee which interviewed members across our history in anticipation of our 75th Anniversary. The Subcommittee’s interviews were transcribed and included in the 75th Anniversary Commemorative Book. This effort was spearheaded by Cathy to honor our ancestry and the links that tie us together as analysts from our beginnings. Cathy’s commitment to our Center and her efforts toward building and recognizing community were central to her work on this Commemorative Book.

• Steve Goldberg, MD was recognized for his role in the initiation and leadership of the Consultation Task Force. Steve’s steady and sound leadership was felt at every stage of the consultation process. SFCP is fortunate to have benefited from Steve’s generous commitment and leadership for many years.

Before concluding the evening’s program, I acknowledged Diane Borden (previous Chair), Steve Baum (Secretary) and Elizabeth Stuart (Candidate Representative) for their active participation on and contributions to the SFCP BOT!

The 2018-2019 year has been an active period for SFCP. I want to acknowledge the constructive gains made by SFCP in our Annual Giving Campaign, our hiring of Marcia as Administrative Director, our financial management, and our willingness to take on critical challenges as evidenced by our recent organizational consultation.

In closing, I want to acknowledge the tremendous talent, passionate effort and the commitment of our SFCP members who willingly and enthusiastically volunteer countless hours to create the unique community that is SFCP.

I look forward to serving as the Chair of the SFCP in the upcoming year and to what we can accomplish together! Please feel free to contact me at pksorbo@gmail.com if you have any questions or wish to provide me with any feedback.
Cheers,
Paul K. Sorbo, LCSW
Chair, Board of Trustees
Dear SFCP Community,

Last year, I hope you got a sense of how much I enjoyed the opportunity to connect with so many of you individually and our community as whole. I am excited to continue in my role as the Chair of the Annual Giving Campaign this year and being part of our large community of volunteers.

Leading the annual fundraising can be a daunting task particularly when I do not have a background in development and had to struggle intensely as an immigrant due to lack of resources. What gives me the courage to be in this role is knowing that I am not alone in wanting our psychoanalytic community to thrive.

So to avoid feeling intimidated by the task, I have learned to think of “development” as not an isolated field for fundraising but an integral part of actual development. My hope is that the annual campaign will contribute to the effort that so many of you are already involved in for us to grow as a community.

Please consider supporting me in whatever ways you can during this early stage of our campaign. I need advisors and committee members. If you are interested, please contact me for more information.

Thank you!

Susmita

Susmita Shah, MFT
Chair, Annual Giving Campaign
susmitashah.mft@gmail.com
(415) 305-1493
Psychoanalytic Education Division (PED) Update
Gary Grossman, PhD, Chair

It’s hard to believe that the summer break has ended and that the 2019-2020 academic year has begun. I want to take this opportunity to welcome our new candidates and to welcome back 3rd and 4th year and post-seminar candidates. I also want to acknowledge and thank all the SFCP faculty who taught candidates last year and those who are teaching this year.

Candidates
Our first year class consists of 11 candidates: Graeme Daniels, LMFT; Luciane de Mellow, LCSW; Marty Mulkey, LMFT; Mayumi Pierce, MD; Chandrakala Rai, LMFT; Jyoti Rao, LMFT; Elizabeth Rawson, MD; Jane Reingold, LMFT; Christopher Scott, MA; Margaret Shirley, MD; and Sydney Tan, PsyD. Photos and brief bios are included in this Newsletter.

Training Analyst & Supervising Analyst Appointments
Eight new Training Analysts have been appointed since May. Please join me in congratulating John DiMartini, Maureen Ruffell, Laurie Goldsmith, Elizabeth Biggart, Celeste Schneider, John Jemerin, Miriam Bar, and Roger Karlsson. This brings us to 15 new TAs since the implementation of our new TA appointment system.

Marsha Silverstein and Tina Lapides have been appointed Child & Adolescent Supervising Analysts.

I want to acknowledge and express appreciation to all the Training Analysts and Supervising Analysts who have served on TA Appointment Panels and SA Appointment Committees. We would not have been able to implement our new TA & SA appointment system without the support and commitment of our community of Training and Supervising Analysts.

Revised Policy & Procedures Manual and Candidate Handbook
The PED Policy & Procedures Manual has been updated to reflect the various changes that have occurred since last September and can be accessed and downloaded from the Members Section of the SFCP website. Highlights in this revision include updates to: the Training Analyst and Supervising Analyst appointment procedures and responsibilities; supervision policies (frequency/duration, remote supervision, fee guidelines); leave of absence procedures; control case session frequency; and curriculum policies and procedures.

The Candidate Handbook, which documents the most pertinent PED policies and procedures for candidates, has also been updated and is available for download from the Candidate Webpage.

Curriculum
This is an exciting time for the PED as we launch our revised curriculum this year. Adam Goldyne and Maria Longuemare and the Curriculum Committee have created an innovative educational program that incorporates attention to the individual psyche, the interpersonal, and the cultural throughout the 4 years of seminars and case conferences. They have also developed an iterative process that allows for ongoing feedback, evaluation, and evolution of the curriculum.
Psychoanalytic Education Division (PED) Update
Gary Grossman, PhD, Chair

Each year of seminars has an organizing clinical focus. Year One focuses on clinical and conceptual grounding. Year Two emphasizes the developing individual in society. Year Three focuses on conceptual and clinical deepening. And Year Four is organized around lived clinical experience. The details of the new curriculum can be viewed on SFCP’s website at http://sf-cp.org/psychoanalytic-training/coursework.

Graduation
The 2019-2020 Graduation Ceremony takes place on Saturday, May 9, at 4pm. Please mark your calendars!

Acknowledgments
Finally, I want to acknowledge and thank the SFCP administrative staff who work most closely with the PED. Nicole Lee, SFCP’s Education Coordinator, has providing amazing support to the PED through her engagements with faculty, committee chairs & members, and candidates. Megan Kelly is a tremendous asset helping PED committees organize meetings and events. Aaron Chow is an invaluable member of this team, providing essential technical support and service. We are also extremely fortunate to have Marcia Hodges as our permanent Administrative Director.
Hello, everybody. Welcome back to SCFP! The year is starting, with classes beginning in all our divisions, and a wealth of programming—so rich that the choices might sometimes feel a bit overwhelming. I mean, there is life outside of psychoanalysis, right?

Many of you may not have heard of the Membership Integration Committee. The idea behind its conception was to so let me just say that our goal is to help SFCP become a true center: a place that people in all of our different divisions can call their professional home. At the moment, it seems that our different areas (PED, psychotherapy training, CCSW, etc.) flourish separately, but we lack a sense of identity as a body, a sense of belonging, of communication between people in different areas or different classes of membership. I will be writing more about this in the future.

One of the programs we run is Members Present, a forum for all members to talk about issues they are working on or interested in. It is informal, often a dialogue between presenter and audience; refreshments are served.

The next Members Present will be on Saturday, October 6, from 3:00-5:00PM. Its title is Planning for the Future—Retirement and Other Options. Panelists are Victor Bonfilio, JD, PhD, Candis Cousins, PhD, and Susan Kolodny, DMH. These analysts, well-known in our community, will be talking about different approaches to retirement, including not retiring, and restructuring a practice to leave room for other priorities. They will be speaking personally about a loaded, though inevitable, topic. It promises to be an engaging conversation.

More about the Membership Integration Committee. We are an energetic and committed group, representing analysts, candidates, and community members. Our members are Meryl Botkin, PhD, Sheena Craig, MFT, Debora Fletcher, PhD, Megan Kelly, Brett Penfil, MFT, MPH, Sydney Tan, PsyD, and Cathy Witzling PhD, LCSW.

Wishing you all a good year!

Cathy Witzling
Chair, Membership Integration Committee
Welcome back to the beginnings of our academic year at SFCP. We hope that 2019-2020 will be a good year in all ways.

We look forward to stimulating Scientific Meetings, our …Day With Patrick Miller, Members Presents and other programming throughout the year.

There are opportunities to get involved with the governance of the Center and we hope you will take advantage to become acquainted with our different committees. Please call me or Megan Kelly to inquire about openings to committees. From time to time we will list openings for committees and I hope you will take the opportunity to get engaged with the Center and make your voice heard.

As most of us are beginning, Members Present is offering a program on Retirement. The program is called: Planning for the Future: Retirement and other Options. It will feature three analysts who retired for different reasons in discussion with the audience. Vic Bonfilio, PhD. JD, Candice Cousins, PhD. and Susan Kolodny, DMH discussing the different circumstances surrounding their decisions to either cut back or retire entirely.

A note about Members Present. It is a forum where all members: Community Members, PPM, analysts and candidates can present their work, ideas and thinking in a small forum of interested others. Please think of presenting your ideas and work in an informal setting.

We look forward to meeting new members and welcoming our returning members.
We are pleased to announce a number of exciting changes that have been implemented in our program.

We have established a wonderful new Steering Committee that has created a new mission statement:

*The Mission of the SFCP Child and Adolescent Psychoanalytic Psychotherapy Training Program (CAPPTP) is to offer clinicians a foundation for working with children, adolescents, and families using psychoanalytic thinking. This work may occur across a variety of arenas that may include clinic, school-based, or private practice settings.*

We are also pleased to announce the program’s official new name: Child and Adolescent Psychoanalytic Psychotherapy Training Program, CAPPTP. In addition to the name change, the program now requires a 2-year commitment and 50-hours of weekly supervision.

Furthermore, the Steering Committee is embarking upon a close examination of our current curriculum. We are looking to update, enrich, and make our curriculum more applicable to the needs of our students.

The program continues to be well-received in the community and as expected, the upcoming class is full.
Mary Brady, Ph.D. Chaired: “Adolescent Femininities and the Imaginary of Culture,” with Elena Molinari (Italy) and Viviane Mondrzak (Brazil) on July 25, 2019 at the IPA Congress, London


Mary Brady, Ph.D. Discussant: “From Somatic to Psychic: Complex Feminine Identifications in the Analyses of a Young Girl and a Young Adult Woman,” with Margaret Rustin (London), Emanuela Quagliata (Rome), and Angelika Staehle (Germany) on July 27, 2019 at the IPA Congress, London

Mary Brady, Ph.D. Discussant: North American Psychoanalytic Confederation (NAPsaC) “Clinical Workshop,” with David Brooks (Los Angeles) and Alessandra Gordon (Sao Paolo) on July 24, 2019 at the IPA Pre-Congress, London


Mali Mann, MD, chaired the Inter-Committee on Child Abuse project/IPA and organized a Pre-Congress conference on Child Abuse with David Scharff, the Chair of the Family and Couples Committee, on Tuesday July 23 from 9-5PM.

Mali Mann, MD, chaired a panel on July 25 titled “Female Envy and Destructivity-- the ‘Juno Complex’.” At IPA meeting in London.

Mali Mann, MD, presented a child analytic case on Friday July 26: “Remembering and Working Through, the Trauma of Paternal Loss and Maternal Depression.” In London, IPA Congress for the student program/IPA

Mali Mann, MD was interviewed by Lori LA Bay in Minneapolis Radio Station on August 6 on the topic of Dementia and other Neurological illness.

Nathan Moses Szajnberg, PhD has published a book ‘Breathless: Unspoken Words After Death’ available on Amazon: https://www.amazon.com/Breathless-Unspoken-Words-After-Death/dp/1688641335
SFCP Community Members Mentoring Program

SFCP offers free mentoring from Summer 2019-June 2020 to SFCP Community Members who want to discuss developing as a psychoanalytic psychotherapist, areas of theory that are of interest, or available resources and programs. Mentors meet one time per month with mentees for the academic year.

We are here to help, and hope you reach out!

“I'm new to private practice and was looking to get mentoring and support from someone with a deep knowledge of psychotherapy. During our initial meetings I was able to get several very practical and pressing questions answered and feel more confident about seeing clients in my new private practice setting. We discussed psychoanalytic approaches to working with parents and children, which helped me to move forward with my cases and also to consider aspects that I had not previously considered. I have a particular interest in mindfulness and my mentor put me in touch with a therapist who incorporates mindfulness into a psychodynamic therapy practice. In addition, I work with children and my mentor referred me to the Child Colloquium, where I met other clinicians and heard a very helpful presentation. I feel very fortunate to meet with my mentor as needs arise.”

- Matt Higgins LCSW, Community Members Mentoring Program

To apply for this program, please use this link:

http://sf-cp.org/community-members-mentoring-program

We hope to hear from you!

Holly Gordon DMH hollygordon4@hotmail.com
Sunny Kuegle PhD drsunnykuegle@sonic.net
DIALOGUES

IN CONTEMPORARY PSYCHOANALYSIS

Saturday, December 7, 2019
09:30am - 12:30pm
TRANSGENDER EMBODIMENTS
Presenter: Patricia Gherovici, PhD
Discussant: Israel Katz, MD

Saturday, January 25, 2020
09:30am - 12:30pm
DOES THE BODY HAVE A MIND? FROM FREUD TO BION
Presenter: Robert Oelsner, MD
Discussant: Holly Gordon, DMH

Saturday, April 18, 2020
09:30am - 12:30pm
FERENCZI’S “MUTUAL ANALYSIS” AND ITS RELEVANCE TO CURRENT PRACTICE
Presenter: Henry Markman, MD
Discussant: Maria Longuemare, MD, PhD

Saturday, June 6, 2020
09:30am - 12:30pm
ENACTING, DISRUPTING, AND EMERGING: THE UNOBTRUSIVE ANALYST
Presenter: Robert Grossmark, PhD
Discussant: Laurie Goldsmith, PhD

PROGRAM FEE $ 60   DISCOUNTED FEE FOR TRAINEES $25
This program is free to all SFCP Candidates as it is covered by psychoanalytic training tuition.
Register at: http://sf-cp.org/dialogues-in-contemporary-psychoanalysis
FREUD’S BAR
Tickling the Unconscious

EAST BAY BOOKSELLERS
5433 College Avenue, Oakland, CA 94618
(2 blocks south of the Rockridge BART Station)
510-653-9965

Moderator: Dorian S. Newton, PhD – Member, San Francisco Center for Psychoanalysis

WEDNESDAY, October 16, 2019 - 6:30PM

How to Psychoanalyze a Bunny

Presenter: Sarah Boxer

"A charming, respectful examination of Freud's work in comic form." Kirkus Reviews

Join us for a whimsical evening with Sarah Boxer, the author of In the Floyd Archives, a cartoon novel based on Sigmund Freud's case histories and its post-Freudian sequel, Mother May I?, based lightly on the works and lives of Melanie Klein and D.W. Winnicott. See how the misadventures of Boxer's neurotic clan of animals (including the bird analyst, Dr. Floyd and Melanin Klein, a little black sheep) form an allegory of object relations and a refreshing take on psychoanalytic ideas.

Dislocation and Resilience in a Personal Story of Immigration and Clinical Work

**Wednesday, September 25, 2019**
06:30pm – 07:00pm  Refreshments & Conversations
07:00pm – 09:00pm  Program

**Presenters:**
Tam-Anh Pham, MA, LMFT  
Member, SFCP  
Private Practice, Campbell, CA

**Discussant:**
Karim Dajani, PsyD  
Member and Faculty, SFCP  
Supervisor and Faculty, CIIS  
Editorial Board, International Journal of Applied Psychoanalysis

**Moderator:**
Daniel Yu, LCSW  
Faculty, University of California at Berkeley, International Institute for Student Counselling and Mental Health  
Supervisor, PPTP  
Supervisor, Access Institute

**Location:**
San Francisco Center for Psychoanalysis  
444 Natoma Street  
(between 5th & 6th Streets off Mission)  
San Francisco, CA 94103  
Wheelchair accessible

**Program Fee:** Free

**Questions?**
Clara Kwun, LCSW  
claraandjon@comcast.net

Daniel Yu, LCSW  
d.yu.lcsw@gmail.com

**To Register:**

*Although this event is free of charge, we would appreciate registration*
THINKING TOGETHER ABOUT RACE & CULTURE: 
*Reflections*

Saturday, September 28, 2019
9:30am – 12:30pm

San Francisco Center for Psychoanalysis
444 Natoma Street, San Francisco, CA 94103

*How do we become a more diverse and inclusive community?*

*How do we understand the near absence of people of color from our psychoanalytic community?*

*How do we address the on-going (vs. historic) impact of the social on ourselves and on the people we treat?*

*Are we able to offer each other, and our communities, conceptual tools to think about and address what is happening on a collective level: racism, economic inequality, misogyny and the “othering” of brown immigrants?*

*How do we remember and work through our own history regarding the perpetual marginalization of a cultural psychoanalysis?*

*How do we understand our neglect of dynamics of power in society and psychoanalysis?*

We are excited to contribute to the ongoing work underway in our communities by expanding the space to include reflections on the social. Please join us on September 28th for *Thinking Together about Race & Culture: Reflections.*

This program is open to all who are interested. Registration is appreciated but not required.

**Sponsored by a Study Group on Race & Culture at SFCP**

Members: Laurie Case, Karim Dajani, Michael Donner, Gary Grossman, Forrest Hamer, Clara Kwun, Mary Margaret McClure, Terry Schulman, Elizabeth Simpson, & Sarah Stadler
Analytic Practice and the Socioeconomic Surround in Germany and the United States

An international dialogue between German and American analysts about current cultural, social, political and historical influences on psychoanalytic theory and practice

Sunday, October 13, 2019

10 am to 12 pm

San Francisco Center for Psychoanalysis

444 Natoma Street, San Francisco, CA 94103

This outreach event is offered free of charge and is open to the public.

Introduction:

Dr. med. Klaus Poppensieker, SFCP, Training and Supervising Analyst, DPG (German Psychoanalytical Society)

Moderator:

Leora Benioff, PhD., SFCP post-graduate program subcommittee

Presenters, Germany:

Ada Borkenhagen, Dr.Phil., Dipl.Psych., lecturer, U. of Magdeburg, Training and Supervising Analyst, DPG Institute Magdeburg

Ruth Pfeffer, Dipl. Psych., Weinheim a.d. Bergstrasse

Gudrun Wolber, Dipl. Psych., Training and Supervising Analyst, DPG Institute Hamburg

Dr. med. Lutz Garrels, Training and Supervising Analyst, Chair of DPG Institute Frankfurt.

Presenter, US:

Stephen Seligman, D.M.H., Clinical Professor of Psychiatry, UCSF;

Training and Supervising Analyst, SFCP & PINC; Joint Editor-in-Chief, Psychoanalytic Dialogues
Analytic Practice and the Socioeconomic Surround in Germany and the United States

The ideal of an undisturbed clinical situation in our consulting rooms has always been compromised by outside factors that influenced our work and our identities as analysts. When analysts from two different cultures and socioeconomic realities meet and dare to examine some of the respective outside influences onto their analytic practice and theory, we hope to promote our professional evolution and our capability to work creatively. There are specific and longstanding historical and cultural topics with regard to Germany and the US. Postwar Germans were raised on the acknowledgement of guilt and shame. For postwar German analysts there is always the massive impact of the Holocaust and the (self-) destruction of psychoanalysis in those years – both felt in their personal histories and in their work with German patients. American analysts look back onto American traumas, mythologies and narratives. They deal with a population and a society that only in part has looked at and worked through these issues. There are also more current factors that we may overlook when we are working simply within our clinical practices and theories inside the given culture. German analysts work within a highly regulated health care system and a still somewhat functioning social democracy. American analysts mostly work independently with very few insured patients. And they work in a more individualistic, violent and polarized society.

In this postgraduate exchange between psychoanalytic colleagues from Germany and the United States SFCP faculty member Klaus Poppensieker will introduce to us his longstanding German supervision group, 10 accomplished analysts, who will present insights into factors that influence their clinical work:

- the psychoanalytic treatment of patients within the health-insurance system
- the developments around psychoanalytic education in Germany
- a short look at prominent theoretical concepts that are being discussed in Germany and that shape their orientations.

Stephen Seligman will wonder how troubling developments on the current US scene affect psychoanalysis: accelerating economic inequality; the threat of authoritarianism, xenophobia, racism, and white supremacy; the commoditization of emotions and subjectivities and the neoliberal cult of the market and individuality; the push towards quick fixes and apparent “cost-efficiencies,” and more. We will then have an hour for dialogue, exchange and exploration of these topics. Leora Benioff kindly has offered to moderate the discussion.

Please join us for this thought-provoking Sunday morning event and be part of a group of colleagues that will take a look at our field from both sides of the Atlantic.
THE HASKELL NORMAN PRIZE
FOR EXCELLENCE IN
PSYCHOANALYSIS

SATURDAY
OCTOBER 12 2019
10:00AM - 12:00PM

SFCP
444 Natoma Street,
San Francisco, CA 94103

This is a free event and webcast is available
for $20 (Free for PED Candidate, PPTP
Trainee or CCSW Extension Yearlong
Student)

The 2019 Haskell Norman Prize for
Excellence in Psychoanalysis
honors two extraordinary people.

For excellence in psychoanalysis,
the Haskell Norman Committee
recognizes Stanley Steinberg, MD.

The Honorary Lecture will be given
by Professor Harold Bloom via
webcast

HTTP://SF-CP.ORG/SCIENTIFIC-MEETINGS/10-12-2019-SCIENTIFIC-MEETING
THE HASKELL NORMAN PRIZE FOR EXCELLENCE IN PSYCHOANALYSIS

Sigismund Schlomo Freud: Speculation and Wisdom

Following Ludwig Wittgenstein, Harold Bloom learned to speak of "The Freudian Speculation". Departing from Wittgenstein, with the intention of praising of Freud's wisdom, Bloom describes Freud's eminence as the major literary essayist since Montaigne and Goethe. Freud hoped to create a new science of mind. He did and did not succeed in that hope. Psychoanalysis is itself an interpretation more than it is a method of interpretation. Can there be a science of anxiety? One has to be skeptical but Freud is inescapable for any answer to that strange question. Freud was obsessed with Moses. It was almost an identity. Freud remains our best guide to the problem of authority and how it is transferred from past to present. The Freudian theory of the drives, their relation to the mechanisms of defense, and to the formation of the bodily ego are traced by me to their prophetic origins in the Book of Jeremiah. Sado-masochism, aggressivity, and their relation to the primary process is outlined.

The lecture concludes by comparing Freud to Goethe, Montaigne, and above all to Shakespeare, who was a perpetual source of inspiration and of anxiety to the founder of psychoanalysis.

Harold Bloom
Harold Bloom is the Sterling Professor of the Humanities and Professor of English at Yale University. He is the author of a 2019 book, Possessed by Memory - The Inward Light of Criticism. His many other books, include Shakespeare: The Invention of the Human, The American Canon: Literary Genius from Emerson to Pynchon, How to Read and Why, Genius: A Mosaic of One Hundred Exemplary Creative Minds, and The Anxiety of Influence: A Theory of Poetry. In 1985, he received a MacArthur Foundation Fellowship Award, citing his "profound impact on the study of Western literature and poetry." He describes a "lifetime agon with the sublime Solomon Freud, to give him his true name." His article, "Freud, the Greatest Modern Writer," appeared in the New York Times in 1986.

Stanley Steinberg, M.D.
Stanley Steinberg, M.D., a Training and Supervising Analyst at the San Francisco Center for Psychoanalysis since 1965, has been sought after as an analyst and supervisor by generations of psychoanalysts. His 2019 book, My Life and Other Stories, is a remarkably candid, warm, and profound account of his life and his friendships. His publications include, "Tragic Absurdity in the Music of Gustav Mahler," and "Sarah Stein: The Woman Who Brought Matisse to San Francisco: A Memoir: Learning About Art and the Art of Psychoanalysis." While serving as Chief of Psychiatry of the Ryukyu Command in Okinawa after World War II, he worked closely with Okinawa artists in the Nishimui Artist Colony. Painting to Live by Jane Dulay catalogs their work. His current painting group, Presidio Artists, has met for 15 years.
Opera on the Couch

SUNDAY SEPTEMBER 22 2019

The performance begins at 2:00 PM and the discussions begin about 20 minutes after the final curtain.

THE OPERA

War Memorial Opera House
301 Van Ness Avenue
San Francisco, CA 94107

THE DISCUSSION

Books, Inc.
601 Van Ness Avenue
San Francisco, CA 94103

DISCUSSANTS

Milton Schaefer, PhD
&
Jeanne Harasemovitch, LCSW

MODERATOR

Steven Goldberg, MD

For the opera performance, please purchase your ticket(s) at the San Francisco Opera's website. The post-performance discussion is FREE and open to the public. There will be time for questions, and audience members may share their thoughts on this thought-provoking opera.
The 7th International Congress on Couple and Family Psychoanalysis

Who is the couple? Who is the family? Creating new therapeutic possibilities

February 7 - 9, 2020
San Francisco

Organized by
The Committee on Couple and Family Psychoanalysis of the IPA (COFAP)

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Pre Conference February 6, 2020
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Conference Chairs:
Leora Benioff (US)
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Aanchal Bhatnagar (India)
Rachel Cooke (US)
Chris Clulow (UK)
Fang Fang (China)
Julie Friend (US)
Ortal Kirson-Trilling (US)
Mary-Joan Gerson (US)
Rosa Jaitin (France)
Molly Ludlam (UK)
Hanni Mann-Shalvi (Israel)
Damian McCann (UK)
Mary Morgan (UK)
Susana Muszkat (Brazil)
Shelley Nathans (US)
Elizabeth Palacios (Spain)
Stan Ruszczynski (UK)
Philippe Robert (France)
Colleen Sandor (US)
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International Association for Couple and Family Psychoanalysis
MEMBERS PRESENT

Planning for the Future: Retirement and Other Alternatives

Sunday, October 6, 2019
3:00PM–5:00PM
444 Natoma Street
San Francisco, CA 94103

Despite the wealth of evidence to the contrary, we tend to believe in the solidity of the present moment. Nevertheless, the future happens. People age, people become ill, priorities shift. Retirement can be a dirty word among clinicians, as we tend to engage in a certain amount of denial about our mortality, believing ourselves to be indispensable and indestructible. Nonetheless, each of us will stop working one day, either in a planned or a forced fashion. In this panel, three clinicians will share their experience, and their approaches to this reality, whether by retiring by changing the parameters of their practice.

Panel:

Victor P. Bonfilio, JD, PhD, is a graduate of PINC, and a Personal and Supervising Analyst and Faculty at PINC. He was President of PINC from 2001-2006, and serves as the North American Co-Chair of the IPA Committee on sexual and Gender Diversity. He taught The Sexualites” at SFCP for 8 years.

Candis Cousins, PhD, is a psychoanalytic psychologist who has published articles on clinical work with parents and lectured on the impact of parents' relationship on child development. Dr. Cousins recently completed the Psychoanalytic Couple Psychotherapy Group three-year training program and is on the editorial board of fort da. She is in private practice in Oakland.

Susan Kolodny, DMH, MFA, is Member and Faculty at SFCP. She has taught and supervised at local training programs and has taught workshops and lectured on the subject of her first book, The Captive Muse: On Creativity and Its Inhibitions. She is the author of two poetry collections, After the Firestorm, and Preserve, and of articles in fort da and other professional journals. Her poems appear in many literary journals and anthologies and have been featured on American Life in Poetry, Poetry Daily, and Poem of the Day. She retired from analytic practice in 2018.
The following link is a recent video, “Body-Mind Dissociation in Psychoanalysis,” featuring Riccardo Lombardi, MD, in an interview with psychoanalyst Anna Carla Migliozzi in his office in Rome. (From the IPA home page. Please adjust the settings to get English subtitles.)

https://www.youtube.com/watch?v=ydko8s0dt18


**Anna Carla Migliozzi, Ph.D.,** is a Member of the Italian Psychoanalytic Society and the International Psychoanalytic Association. She works with children and adolescents, focusing on a psychoanalytic approach to psychosis. She recently published the paper, “The Museum of No-Return: The Developing of Self-In-Time in a Retreated Child,” in *The Psychoanalytic Quarterly*, January 2019.

— Patricia Marra, MFT
CHILD COLLOQUIUM SERIES
2019-2020

Language
and Other Communications

These events are offered free of charge through the generous support of SFCP and the Sophia Mirviss Fund. Continuing Education Credit is available for a fee paid to SFCP to cover administration costs. All events will be held at SFCP, 444 Natoma Street, San Francisco.

Saturday, September 21, 2019 | 10:00am - 12:00noon
The Beaver and the Bunny: Struggles of the Selectively Mute Child
Presenter: Rebecca Schwartz, PhD
Discussant: Christina Lapides, LCSW

Saturday, October 19, 2019 | 10:00am - 12:00noon
Call of the Whine: Sounds of Childhood, Media and the Effects on Relational Engagement
Presenters: Kristen Carey, PsyD and Elissa Meryl, PsyD
Discussant: Maureen Katz, MD

Saturday, January 11, 2020 | 5:00pm - 7:30pm
Eight Annual Evening at the Movies “Shoplifters” - A film by Hirokazu Kore-eda
Presenter: Reyna Cowan, PsyD, LCSW

Saturday, February 1, 2020 | 10:00am - 12:00noon
Alienation and Cultural Factors: Male Immigrants Coping with Dislocation and Loss
Presenter: Robert Tyminski, DMH
Discussant: Gregory Villalba, LCSW

Saturday, April 4, 2020 | 10:00am - 12:00noon
Deep Change: The Effectiveness of Long Term Psychotherapy with Foster Kids
Presenters: Mary Haake, PhD; Lauren Phillips, PhD and Niko Whitmire, PsyD
Discussant: L. Eileen Keller, PhD

To Register or to read complete CME/CE Credits information, visit:
http://sf-cp.org/child-colloquium
The Beaver and the Bunny: Struggles of the Selectively Mute Child

Presenter: Rebecca Schwartz, PhD
Discussant: Christina Lapides, LCSW

Saturday, September 21 2019 | 10:00am - 12:00noon
SFCP, 444 Natoma Street, San Francisco
Program is free

This paper shows how play, through the lens of a psychoanalytic approach, helped three children of different ages, be less burdened by their selective mutism. Other characteristics such as severe constriction and inhibition that go hand-in-hand with this diagnosis also become less debilitating. Use of a beaver/bunny metaphor, generated by illustrations done by selectively mute children, help expand our understanding of what the selectively mute child experiences under the grip of this severe social anxiety disorder.

Rebecca Schwartz, PhD is a clinical psychologist and an adult, adolescent and child psychoanalyst. She is on the faculty of the San Francisco Center for Psychoanalysis and co-chairs the SFCP Child and Adolescent Psychoanalytic Psychotherapy Training Program. She has worked with adults, adolescents, and children for over 20 years and has a private practice in Berkeley and San Francisco.
Incoming PED Students
Luciane de Mello, LCSW

It is with great enthusiasm that I introduce myself to our psychoanalytic community, as an SFCP candidate. For the greater part of my life, psychoanalytic training has been one of my greatest ambitions, a dream that has been nurture and build for many years. I first came into contact with psychoanalytic ideas in my late teens, while still living in Brazil and studying psychology. Since then I’ve been searching for ways - in my work with children, adolescents and adults – that would allow me to use the psychoanalytic lens. I am pleased to have learned that this lens facilitates diverse, beautiful and unexpected possibilities in the development of patients and in my own development. It is with great joy and eagerness that I begin this journey wishing for all the pleasure that intellectual, affective and emotional food can provide.

Marty Mulkey, LMFT

Marty Mulkey, LMFT spent many years as a political activist, community organizer, and theatre artist before coming to the field of psychotherapy. He earned his MA in Counseling Psychology with a Concentration in Drama Therapy from the California Institute of Integral Studies. From his first class in Object Relations, Marty has had a strong pull towards the richness and depth of psychoanalytic theory and has sought out work and learning environments where he could deepen his understanding of psychoanalytic thought. He worked for several years at Boyer House (a psychoanalytically-oriented therapeutic community) where he was thrilled to be able to collaborate with a strong psychoanalytic team. While working for 7 years at the UCSF Partial Hospitalization Program Marty developed his private practice where he has been full time for over 5 years. Marty is passionate about the work of Winnicott and hopes, during his time in PED, to further develop his thoughts on the importance of the area of personal omnipotence.
Elizabeth Rawson, MD,

I am a psychiatrist in private practice in San Francisco and a volunteer clinical professor at UCSF. I earned my bachelor’s, medical, and master of health science degrees from Yale University before moving to the Bay Area in 2014 to join the UCSF psychiatry residency training program. I first became interested in psychoanalytic theory during my undergraduate studies in psychology and cognitive science. I was fortunate to have the opportunity to further develop this interest during my medical school and residency years through a variety of experiences including participating in the SFCP Psychoanalytic Psychotherapy Training Program (PPTP) and the 2017-2018 APsaA Fellowship. I am delighted to begin analytic training and am very grateful to the many teachers and mentors who’ve inspired and guided me to this point.

Christopher Scott, PhD

Christopher is a Ph.D. candidate in the Department of Comparative Literature and the Program in Critical Theory at the University of California at Berkeley, where he is writing a dissertation tentatively titled "Icons on Pleasure." His research focuses on gender and sexuality, kinship, mourning, and repetition in texts ranging across poetry and cinema of the avant-garde, Greek poetry and ritual tradition, Italian postwar cinema, modern reconfigurations of the archaic, philosophies of time, and psychoanalysis.
Incoming CAPPTP Students
Heather Burns, LCSW

Heather Burns, LCSW is a relationally-trained psychotherapist in full time private practice in the East Bay with offices in Oakland and El Cerrito. She combines a psychodynamic orientation with trauma-informed somatic and mindfulness practices in her work with adolescents and adults.

Veronica Garcia, LCSW

I am a clinical social worker at Children’s Hospital, Oakland, in the Early Intervention Services department serving children ages 0-5. As a community mental health clinician, I primarily provide psychotherapy to families impacted by complex trauma. I have worked in the infant/early childhood mental health field in other capacities, including as a consultant in preschools and to child welfare workers and as a NICU/Labor and Delivery social worker. This is my second year in the CAPPTP program. I am most interested in child psychoanalysis from an anti-oppression framework and hope to integrate the program’s curriculum with other readings of psychoanalytic theory that are more oriented toward social justice and decolonization of the field.
Lilly Hanson, MFT

Lilly Hanson, MFT is a psychotherapist who specializes in early childhood, parent work, and dyadic therapy. She is especially committed to supporting parents in their unfolding relationships with their children, helping process unexpected and difficult affect in the service of enriching quality of life and relationships. Lilly co-led Ann Martin's Cornerstone therapeutic play group for three years, a social skills group which helps preschool aged children who struggle with emotional regulation, hyperactivity, and autism spectrum disorders. Lilly’s work with bereaved children has been presented at the Access Institute and at the San Francisco Center for Psychoanalysis. Lilly teaches and supervises at Community Institute for Psychotherapy in San Rafael, and is in private practice in Oakland where she sees children, teens, and adults.

Alison Howard, MFT

Ali Howard is a licensed Marriage and Family Therapist with a private practice in San Francisco working with adolescents and adults. Ali's practice focuses on providing in-depth therapy to people across all ages, races, socio-economical backgrounds, and genders. Ali completed the adult Psychoanalytic Psychotherapy Training Program at SFCP as well as a yearlong program on 'Psychoanalysis and Modern Life.' Ali has also worked as a school therapist with adolescents in middle school through the San Francisco Unified School District.
Incoming PAPPTP Students
Carrie Griffin, MD

I am a psychiatrist who has been in private practice doing both psychotherapy and medication management in Menlo Park and Palo Alto for most of the last 23 years. I have juggled my practice with my role as a mother to twin daughters who are now 20 years old and almost launched as adults. Although I’ve tried to nurture my psychotherapy skills with continuing education, I am looking forward to taking this part of my work to a much deeper level with the PAPPTP. My previous education includes a B.S. from Stanford University in 1983, an M.D. from UCSF Medical School in 1989, and the Stanford Psychiatry Residency Training Program, completed in 1996. In addition, I have studied, worked and done research in Medical Ethics, Medical Anthropology, and Buddhist studies.

MaryBeth Lorence, MS,

I’m excited to have been part of the PAPPTP Fellowship last year, and even more thrilled to be entering into the 2-year program. I have a private practice in San Mateo, where I work with adult individuals, couples, and adult family dyads. My interest in psychoanalytic psychotherapy began in grad school, where several professors-turned-mentors taught from a psychoanalytic perspective. I think about my clients through an object-relations lens and practice from a relational orientation. I also enjoy teaching, and have been a guest-lecturer at my alma mater Notre Dame de Namur, and provide Grief & Loss training to new volunteers at the San Mateo Crisis Hotline. I hope in the near future to secure a part-time teaching gig to complement my private practice.
Lauren Cardillo-Geller, PhD, LCSW

Born and raised in New York, I have now lived in California for 12 years and have truly come to appreciate the beauty of life on this coast! I received my LCSW from Columbia University School of Social Work in 2000 and went on to practice in several community mental health clinics providing psychotherapy for individuals, families and adolescents. I received my PhD in Social Work in 2010, focusing my research on understanding traumatic grief processes in a cohort of families in which the father was a firefighter killed in the 9/11/01 World Trade Center attacks. My experience in research and academia in the doctoral program at Columbia solidified that my heart rests in direct practice. I have now come full circle in opening my own private practice in Palo Alto. I am passionate about women and adolescent girls’ mental health and helping to support families raising a child with special needs. In my work, I strive to remain open and curious about all the unique complexities each patient brings into the therapy space. I am very much looking forward to deepening my knowledge and expanding my clinical experience by participating in the PAPPTP Two Year Program.
Incoming PPTP Students
Samuel Judice, MD

Dr. Sam Judice, M.D. has been in private practice as a Child, Adolescent, and Adult Psychiatrist for over 15 years. He is interested in helping his patients develop minds that promote their creativity, thinking, productivity, and capacity for forming meaningful relationships with others as well as tolerating the unsettling & painful events of life. His participation in the Psychoanalytic Psychotherapy Training Program reflects his commitment to further develop those skills.

Rhys Mason, PsyD

Rhys earned her doctorate in clinical psychology from the Wright Institute where she had the opportunity to train at a variety of psychodynamically oriented sites including Anka Behavioral Health, the Y-Team, RAMS, and Oakes Children’s Center, where she completed her APA accredited predoctoral internship. She has experience working with trauma impacted populations and has provided treatment in a variety of settings including outpatient clinics, schools, and a homeless drop in center. In her therapeutic work, Rhys takes a developmental perspective drawing heavily on attachment theory and contemporary neuroscientific research. She is passionate about working with underserved populations and always seeks to explore how culture shapes our experience as part of the therapeutic endeavor. Prior to entering the field of psychology Rhys had a 10-year career in the performing arts, six years of which were spent as the performing arts manager at the Jewish Community Center of San Francisco. Her therapeutic style is informed by her personal experience as a mother, a professional, and a dancer. Rhys is currently a psychological assistant working with teens and adults under the supervision of Dr. Brac Selph.
Kristoffer Strauss, MD

I am currently a second year resident in the San Mateo County BHRS residency program. I'm originally from Claremont, CA but have spent much of my life on the east coast. I was a political science major as an undergraduate at Yale University, and went to medical school at Hofstra University on Long Island. My interests are in line with the public psychiatry focus of the San Mateo program, where the majority of our patient population experiences chronic serious mental illness. I am excited by the opportunity to train in the PPTP program as I have developed a deep and abiding interest in psychoanalytic theory during my training. I believe that developing expertise in psychodynamic treatment is no less valuable to our patients than knowledge of psychopharmacology and consider it a privilege to get this experience during residency. I look forward to meeting my future colleagues in this program.
MENTALISING HOMEOSTASIS: FROM BODY TO SELF
A VIDEO LECTURE BY KATERINA FOTOPOULOY, PH.D.
MARGARET ZELLNER, PHD, LP
CASE PRESENTER, LOONG KWOK, PSYD

Dr. Margaret Zellner will present and discuss this thought-provoking lecture. In it, Dr. Fotopoulou describes the evolution of an embodied, emotional “core self.” Unlike many other theorists, she sees this self as formed in what she calls the “second person” interaction between an infant and her caretaker. This interaction helps the infant mentalize her own experience and eventually, to balance her own experience with the perspective of others. Using psychoanalytic theory, attachment theory and her own neuropsychological research, Dr Fotopoulou makes the case that a poorly developed second person sense of self contributes to mental disorders like anorexia nervosa or narcissism. In the second part of the morning, Dr. Loong Kwok will present a case illustrating these ideas.

DR. AIKATERINI (KATERINA) FOTOPOULOY, PH.D. is a Senior Lecturer at the Psychoanalysis Unit, University College London and the Director of the London Neuropsychoanalysis Centre. She is co-editor of the volume From the Couch to the Lab: Trends in Psychodynamic Neuroscience. Fotopoulou, Conway, Pfiff, eds., Oxford University Press, 2012.

MARGARET ZELLNER, PH.D., LP is a psychoanalyst and behavioral neuroscientist. She is the Executive Director of the Neuropsychoanalysis Foundation in New York and the co-editor of the journal Neuropsychoanalysis.

LOONG KWOK, PSY.D., is the Director of Child Services at Access Institute, where he supervises and oversees the School Track. He also supervised practicum students at RAMS, Inc. He sees patients in San Francisco at Baywell Psychiatry, a group psychotherapy practice.

Saturday, September 21
9:00 am – 12:30 pm
PINC
530 Bush St, 7th Floor
San Francisco

Admission:
$60 General*
$50 PINC Members*
$20 Candidates and Students*
CE Credits available
*early discount until 9/14

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