Co-Presidents Column

FINALLY SEEMS LIKE FALL

This year as usual, the bracing air and cool winds (which should be arriving any day now) announce the arrival of our visiting professor. We are privileged and excited to have Hayuta Gurevich from Tel Aviv joining us for a week of clinically alive and thought-provoking programs. Just as Ron Chernow and Lin-Manuel Miranda helped us see the relevance of Alexander Hamilton to our present day political experience, Hayuta Gurevich helps us to see the relevance of Sandor Ferenczi to our present day clinical experience.

You can find details about the various opportunities for engaging in these ideas further down in this Newsletter and also on the SFCP website.

You should have received by now - via old-fashioned snail mail - a letter and brochure announcing the kickoff of our Annual Giving Campaign. Susmita Shah contributed both her talents and determination to lead the charge in bringing to reality something that SFCP and SFPI&S before it has needed to be self-sustaining. This really does not have to be so painful. Depending on your hourly fee, be it $300 or $100, if you gave your earnings from somewhere between 4 - 11 minutes per week we would have what is needed to cover all the services we have enjoyed for years but dipped into savings to pay for.

We really do understand that you are getting as tired hearing us talk about money as we are talking about it and if we join together in this campaign we will all get a rest.

Another bright note as we close out the year - the membership of SFCP approved by a VERY large margin a major change in our TA system which hopefully is just a first step in making it easier and more affordable for people to enter into analytic training at SFCP.
Our Mission
The San Francisco Center for Psychoanalysis is dedicated to advancing the vitality and enduring value of psychoanalysis in Northern California.

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Submit an Article?
Email submissions to Megan Kelly (megan.kelly@sf-cp.org)

Deadline for submissions is the 25th of the month, except for February, when the deadline will be the 22nd. Late submissions will be considered for the following issue.

A message from the SFCP co-presidents

Candidates now have a vastly wider range of possible analysts for their treatment during training. With some small provisos, any graduate from an APsA or IPA institute who is 5 years post-graduation, may serve as a training analyst. For more details on this check back to your email of October 19th see below in this Newsletter.

As we enter into the year-end holiday season we wish you all enjoyable and rejuvenating time with family, friends, and food.

Walt Beckman & Mike Smith
The Annual Giving Campaign News!

I am excited to share with you some great news! We have raised close to $10,000 and 16 members have contributed in one week!

If you have not already done so, please consider making the most generous contribution possible to help us reach our Campaign’s financial goal. We would also very much appreciate your support with reaching our other Campaign goal of engaging the SFCP community. If you would like to help us with this goal, here is what you can do:

- Please share your support of this campaign with your SFCP friends and colleagues. When we share our support we magnify the impact of our gift by inspiring others to give.
- Please send an individual or a group testimonial and photo to donation@sf-cp.org for our webpage Why We Give to SFCP. In order to fully engage our community, we have developed this webpage to share testimonials and photos of individual members and SFCP groups (e.g., committees, classes, friends, family).

I welcome any questions, feedback, or ideas you may have about how to make this campaign a success!

Thank you so much!

Susmita

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2019
Block Subscriptions

Subscriptions for the 2019 Psychoanalytic Quarterly and International Journal of Psychoanalysis at a discounted rate are now available. Should you like to subscribe or renew, please contact Megan Kelly at megan.kelly@sf-cp.org

Subscription payment in the form of checks ONLY must be received by Thursday, November 29, 2018.

**Psychoanalytic Quarterly**

Print and Online: $106.00

**International Journal of Psychoanalysis**

Practitioner Print and Online: $231.00
Practitioner Online Only: $206.00

Candidate Print and Online: $148.00
Candidate Online Only: $134.00

Era A. Loewenstein, PhD was an invited speaker for a daylong program at the Austin Society for Psychoanalytic Psychology (ASPP), a local chapter of Division 39 of the American Psychological Association (APA) & The Center for Psychoanalytic Studies (CFPS), a center affiliated with the American Psychoanalytic Association (APsaA). The morning program consisted of a three-hour ethics course entitled In Dark Times: Psychoanalytic Practice and Ethics As a Form of Resistance. In the afternoon program Era discussed a clinical case presentation.

Nathan Szajnberg, MD’s book, Jacob and Joseph, Judaism’s Architects and Birth of the Ego Ideal describes this father-son relationship and birth of the Ego Ideal in the Bible. It is available at: https://www.cambridgescholars.com/search?Q=szajnberg&As=true&As=false&Mid=0&Sid=true&Sid=false

Nathan Szajnberg, MD was the invited speaker for a four day program at the Souzho Clinic in China and at the Qingdao Little Oak Tree (children’s program). The four-day program focused on treatment of primitive mental states (and was co-taught Ted Kenney, MD of NYC). The Qingdao presentation was a televised interview on good-enough parenting.
PED Update
November 2018
Gary Grossman, PhD, Chair

SFCP’s New Training Analyst & Supervising Analyst Appointment System

The two week voting period for the PED’s Recommendations for the Revision of SFCP’s Training Analyst and Supervising Analyst Appointment process ended on October 18 and the Recommendations were overwhelmingly approved by analyst and candidate members. 275 emails, with links to the recommendations and the ballot, were sent to analyst & candidate members (there are approximately 3-5 that are either retired or deceased in this total). 200 members responded, with 22 who did not complete the voting process, for an approximate completed response rate of 65%. 163 voted YES, in favor of accepting the recommendations and 9 voted NO. 6 members abstained (3 wrote that they were not sufficiently involved with the center or were insufficiently familiar with the issues and 3 were strongly in favor of a Personal Analyst System).

This ends a 2-year process that began in September 2016 with the first meeting of the Institute Choice Task Force (ICTF). ICTF members represented all the stakeholders within the Center, including candidates, training and supervising analysts, child analysts and faculty, with representation of early, mid and late career members and members from San Francisco, Davis/Sacramento, and the north, east and south bay areas. The ICTF membership included: Kirsten Beuthin, Phyllis Cath, John DiMartini, Katherine Fraser, Amy Glick, Bill Glover (co-chair), Peter Goldberg, Steven Goldberg, Cheryl Goodrich, Gary Grossman (co-chair), Clara Kwun, Mary Margaret McClure, Tina St. Lorant, Beth Steinberg, Wendy Stern, Mitch Wilson, and Abby Wolfson. Laurie Case, Sam Chase, Chuck Fisher, Erik Gann, Georgine Marrott, and Jan Mill served as consultants.

Meetings were held with each of the stakeholder groups, in addition to a Town Hall meeting for all analyst and candidate members and a comprehensive survey. The ICTF met several times over an 18-month period, incorporating feedback from the various sources into its draft proposal. The ICTF’s proposal was submitted to the PED in April 2018 and the PED drafted its recommendations in May. The Management Team and the Board of Trustees approved the PED’s recommendations in June. The recommendations were distributed to analyst and candidate members for a 2-month period of review for feedback over the summer break. During that period a final revision was implemented addressing concerns from SFCP’s Ethics & Impairment Committee about not requiring SFCP membership for TA appointment in the advent of an ethics complaint.
I want to take this opportunity to formally acknowledge and thank the ICTF members and consultants for their time, commitment, diligence and openness over the course of this challenging process. A new task force will be formed, including some members of the ICTF, to review and evaluate the efficacy and impact of our new procedures and policies, and make recommendations for any necessary revisions to the PED. Understandably, there are differing opinions about the direction SFCP should take with regards to the personal analysis requirement in psychoanalytic training. I encourage everyone to see these changes as a work in progress, rather than as policies fixed in stone. This new system for TA and SA appointment is meant to be accessible and efficient process for experienced analysts to pursue their professional interests in analyzing and/or supervising SFCP candidates.

Procedures for TA Appointment
The eligibility requirements for appointment as a Training Analyst are:
1) The analyst is in good ethical standing
2) 5 years post-graduation
3) Member in good standing of APsaA or IPA
4) Immersion: At least 4 case in 3-5 times per week psychoanalysis since graduation
5) Presentation of clinical work (Satisfied by one of the following):
   a. Certification by ABP or APsaA
   b. TA appointment at an APsaA or IPA Institute
   c. Case presentation to committee of 2 training analysts over 2-3 meetings

To apply for TA appointment, analysts need to contact the SFCP Education Coordinator, Nicole Lee, to request an application. Completed application forms should be submitted to the Education Coordinator, who will acknowledge receipt of the application, and then forward it to the chair of the Training Analyst Committee (TAC). The chair of the TAC will arrange a committee of two training analysts for applicants who will need to present their clinical work. Every effort will be made, in collaboration with the applicant, to assure that there are no conflicts of interest in the make-up of the committee. The TA Committee reviews the application to determine if all eligibility requirements are met and to verify the completion of the presentation of clinical work. The TAC chair sends the verification to the PED chair, who informs the applicant of her/his appointment.
Once appointed, Training Analysts will be required to submit biannual reports of candidates' hours in analysis. In addition, TAs will be strongly encouraged to provide analysis to candidates at reduced fees whenever possible.

**Procedures for SA Appointment**

The eligibility requirements for appointment as a Supervising Analyst are:

1) The analyst is in good ethical standing
2) 5 years post-graduation
3) Member in good standing of APsaA or IPA
4) Member in good standing of SFCP and SFCP faculty
5) Immersion: At least 4 case in 3-5 times per week psychoanalysis since graduation
6) Engagement in education and training functions at SFCP
7) Participation in SFCP Supervision Study Group for one year (8 sessions), or equivalent experience approved by the PED
8) Participation in Supervising Analyst Development Committee
   a. committee composed of 2 supervising analysts
   b. 2-3 meetings
   c. presentation of a supervision

To apply for SA appointment, SFCP faculty members need to contact the SFCP Education Coordinator, Nicole Lee, to request an application. Completed application forms should be submitted to the Education Coordinator, who will acknowledge receipt of the application, and then forward it to the chair of the Supervising Analyst Committee (SAC). The chair of the SAC will arrange a Supervising Analyst Development Committee of two supervising analysts. The SAC chair, in collaboration with the applicant, will confirm that there are no conflicts of interest in the make-up of the committee. The SA Committee reviews the application to determine if all eligibility requirements are met and to verify the completion of the Supervising Analyst Development Committee. The SAC chair sends the verification to the PED chair, who informs the applicant of her/his appointment.

Once appointed, Supervising Analysts will have the following responsibilities:

1) 2 years service on the PGC, or substitute experience TBD by PED
2) Participation in PGC meetings when supervisees are reviewed
3) Attend 1 SA Discussion Group annually
4) Participation every 5 years in professional development such as an SA study group or other activities as determined by the PED

5) Biannual report of candidate supervision hours

6) At least two of each Supervising Analyst’s weekly supervision hours should be for supervision of low-fee cases (fee $75/session or less with a supervision fee of $75/session or less). The low-fee supervision requirement may also be met in the following ways:
   
a) If a TA/SA sees a candidate in a low-fee training analysis ($75/session or less).

   b) SAs who provide pro-bono supervision in non-SFCP mental health training programs [such as Access Institute, Langley-Porter, CPMC, Wright Institute, etc.] can count this psychoanalytic outreach towards their low-fee supervision hours. Supervision in other psychoanalytic training programs, however, does not count.

   c) Other individual situations may count toward fulfilling the low-fee supervision requirement if approved by the Chair of the PED and the Chair of the Supervising Analyst Committee.

Low fee Control Case Changes

It was many years ago that SFCP established the requirement that candidates see at least one control case at a low fee for a minimum of two years. I do not have the records that indicate when that policy was initiated, or how “low fee” was originally defined. During my candidacy, 1996-2002, the low fee requirement was $50 or less. Concurrently, Supervising Analysts committed to providing low fee supervision, at $50 or less, of low fee control cases for at least two candidates per week. The economics of living and practicing in the bay area have changed dramatically since 2002, however our low fee policy has not kept up pace. Effective this month, the rate for a low fee control case and for low fee supervision has been increased to $75 or less. Private practice psychotherapists and psychoanalysts are all feeling the pinch of the higher cost of living, especially those who have relocated to the bay area more recently. The financial demands on candidates are particularly challenging, sometimes burdensome, and a reality that our community needs to consider. My hope is that together we can find creative solutions to mitigate the financial hurdles in psychoanalytic training.

TA/SA Meeting on December 8th

All current TA/SA are invited to a meeting to discuss the new system for appointment of Training Analysts and Supervising Analysts. In addition, we will discuss the changes to SFCP’s low fee policy, and its impact on candidates and supervisors. We will also consider a proposal for revisions to our policy on the duration of supervision for control cases. If you are a TA/SA, please try to attend.
Visiting Professor Week 2018

This year’s Visiting Professor is Hayuta Gurevich, MA, a Training Analyst at the Israeli Psychoanalytic Association. She is also a member and on the faculty of the Winnicott Center in Tel-Aviv and the Primary Mental States Program at Tel-Aviv University.

Ms. Gurevich lectures and teaches in various treatment centers on early trauma and dissociation, intertwining Ferenczi’s late writings with Winnicott’s theory about early developmental traumatic relations and their intrapsychic impact.


**Visiting Professor Week - Calendar of Events**

**Monday, November 12th, 2018**
Scientific Meeting: Regression to Malignant Relations
Presenter: Hayuta Gurevich, MA
Discussant: Maria Longuemare, MD, PhD
Moderator: Michael Levin, PsyD
7:30pm—9:30pm
Cost: Free
Location: SFCP, 444 Natoma Street, San Francisco
Visiting Professor Week - Calendar of Events

Tuesday, November 13th, 2018
South Bay Post Graduate Clinical Forum
Case Presenter: Roger Karlsson, PhD, ABPP
Discussant: Hayuta Gurevich, MA
6:00pm—9:30pm
Cost: $100.00 (Including Dinner)
Location: South Bay (Location provided upon registration)
This program is open to SFCP and PINC Analyst Members Only. Registration is limited to 20 people.

Wednesday, November 14th, 2018
Professor's Choice: The Clinical Diary of Sándor Ferenczi
Presenter: Hayuta Gurevich, MA
Hayuta Gurevich, MA will discuss Ferenczi's clinical diary.
7:30pm—9:30pm
Cost: $55.00
Location: SFCP, 444 Natoma Street, San Francisco

Thursday, November 15th, 2018
East Bay Post Graduate Clinical Forum -
Case Presenter: Diana C. Fuery, PhD, LCSW
Discussant: Hayuta Gurevich, MA
7:30pm—9:30pm
Cost: $55.00
Location: East Bay (Location provided upon registration)
This program is open to SFCP Analyst Members Only.
Registration for this event is at capacity. Please contact office@sf-cp.org to be included on the waitlist.

Friday, November 16th, 2018
Candidates Colloquium
Case Presenter: Jan Chess, MFT, PhD
Discussant: Hayuta Gurevich, MA
8:15am—12:45pm
Cost: Free
Location: SFCP, 444 Natoma Street, San Francisco.
This program is open to SFCP Candidates Only.
A Day with Hayuta Gurevich

Date: Saturday, November 17, 2018
Time: 9:00am - 3:30pm

9:00-9:30  Registration and Coffee

9:30-9:40  Introduction to the Conference
Gary Grossman, PhD
Chair, Adult and Child Psychoanalytic Education Division

9:40-9:50  Introduction of Hayuta Gurevich, MA
Catherine Mallouh, MD
Chair, “A Day With” program, SFCP

9:50-10:40  “I Would Prefer Not To’ - On Fending Off Absence.”
Paper presented by Hayuta Gurevich, MA

10:40-10:50  10 Minute Break

10:50-11:40  Discussion of Paper
John DiMartini, PhD

11:40-12:00  Discussion with the Audience

12:00-1:00  Catered Lunch

1:00-3:00  Case Presentation
Mary Margaret McClure, DMH

3:00-3:30  Discussion with the Audience

Presenter: Hayuta Gurevich, MA
Discussant: John DiMartini, PhD
Case Presentation: Mary Margaret McClure, DMH
Location: San Francisco Center for Psychoanalysis
444 Natoma Street
San Francisco, CA 94103

Program Fee:
- $175.00 General Admission
- $160.00 Analyst and Community Members of SFCP
- $130.00 SFCP Candidates
- $75.00 Full time students

* An additional $10.00 for on-site registration
* No refunds for cancellation

CME/CE: 5 CME/CE Credits available for an additional:
- $60.00 non-SFCP Members
Sunday, November 18th, 2018
San Francisco Post Graduate Clinical Forum
Case Presenter: Kirsten Beuthin, LMFT
Discussant: Hayuta Gurevich, MA
10:00am—12:00pm
Cost: $55.00
Location: SFCP, 444 Natoma Street, San Francisco.
This program is open to SFCP Analyst Members Only.

Visit http://sf-cp.org/day-with for complete CME/CE credits information
This year’s Visiting Professor is Hayuta Gurevich, a Training Analyst at the Israel Psychoanalytic Association. Ms. Gurevich, who is in private practice in Tel-Aviv, is also a Member and Faculty at the Winnicott Center in Tel-Aviv and a Member and Faculty at the Primary Mental States Program, Tel-Aviv University. Ms. Gurevich’s work brings psychoanalytic theory and clinical work into the territory of unrepresented experiences, elaborating Ferenczi’s understanding of early trauma and drawing upon Winnicott’s theory of environmental failure. Dissociation, lack of symbolization, identification with the aggressor, and absence are among the concepts central to her thinking. In her clinical work she emphasizes the therapist’s need to recognize that traumas are re-experienced in the clinical situation and also the importance of the analyst’s taking responsibility for these impingements, thereby, allowing for psychic development and growth.

The following interview was done by Steve Purcell, via email, in October 2018.

**SP:** Let’s start with your own development as a psychoanalyst. I would like to know how you first got interested in psychoanalysis and where and with whom you studied and did your training.

**HG:** When I graduated from high school, I knew I would like to study Sociology. A substitute Sociology teacher fascinated me and made me see real people and events behind mere social concepts. I moved from Tel-Aviv to Jerusalem, where there was at the time a wonderful campus, with very lively intellectual and social life. I majored in Sociology and Anthropology, while slanting gradually to Social Psychology and finally, I shifted to do my Master’s degree in Clinical Psychology. The most interesting teachers and supervisors I met were psychoanalysts. The Israeli Psychoanalytic Institute was situated in Jerusalem and was very influential. At the time, a few psychoanalysts taught at the department of Psychology. The Institute’s orientation was essentially Freudian, while alternative theories were slowly coming to the fore – Object relations, Self Psychology, and eventually Relational Theory. I began my training after graduating from the Institute’s psychotherapy course. I was interested in all avenues of psychoanalytic thought, and had excellent Kleinian supervisors. However, when reading Winnicott, I found his approach most keen to me personally and clinically.
My work with psychotic patients introduced me to the psychotic phenomena and to the problems in treating these patients. I felt a growing awareness that psychosis was not 'something else,' but rather a human state (that all share some kernels of it). This attitude gradually influenced my image of a therapist who is attuned to difficult patients, who were referred to me more and more after beginning my private practice. I was also influenced by a Kohutian psychoanalyst with whom I was in supervision for several years. His approach was in line with Winnicott and widened my clinical perspective. Winnicott helped me immensely in my work, as did Self Psychology.

Encountering Ferenczi’s *Clinical Diary* was another major contribution to my professional development. I joined a group where we delved into the *Diary*, and the deeper I got, the more I was captured. It was a revelatory alternative self-analysis for me. Ferenczi’s personal and radical ideas for his time cleared my vision and understanding of traumatized patients. Reading Ferenczi after knowing Winnicott expanded my clinical capacities with patients who acted out, patients who in no way behaved in the office as one would expect. I learned to tune myself to that which is communicated ‘in the way of the patient,’ and realized that the psyche of many patients is ruled by dissociation, with its compulsive repetition. Enactments began to make sense to me, as I recognized the inevitable repetition of early trauma in the actual relations between patients and myself.

When I graduated, the Institute was in the midst of a deep ‘war’ between Kleinians and Self Psychologists (Kohutians and Winnicottians). The case I presented aroused heated arguments between those who thought that it was not an analysis at all and those who highly praised it. It was a very difficult time for me, yet it also made me see clearly the road that I was taking.

**SP:** Ferenczi’s writing has had a major influence on your thinking and clinical work. And I think, in general, that psychoanalysts here are less familiar with his thinking than they are with Winnicott’s. Could you say more about what it is about Ferenczi that “captured” you originally and what it is about him that you continue to draw on in your work?
HG: Ferenczi writes in a very personal manner, especially in his Clinical Diary. He is self-revealing and bases his theory on personal (his and patients’) emotions, thoughts, reactions. He writes from within the human mind. His voice is unique, original and true to himself, and remained so even though his needed approval from Freud and others was denied. It is important to note, that he was a central figure in the psychoanalytic world at the time, and that his gradually evolving radical thinking could not be accepted by most of his colleagues. Today, however, his ideas are welcome in various contemporary theories.

Ferenczi’s audacious assumptions were that in the beginning of life the human psyche ‘works’ differently than it does in a more developed personality and that suggestibility to and dependence on others is the origin of mental functioning of the permeable psyche. He regarded the environment as crucially important, which made him a pioneer in conceiving the impact of external factors on early development, both normal and traumatic. He did not return to Freud’s seduction theory but, rather, assumed that what is traumatic is the intra-psychic fragmentation and rupture of the psyche, dissociating spontaneous subjectivity. This is not an alternative theory but complementary to mainstream psychoanalytic theory. He helped us to understand that it is inevitable that in analysis enactments will repeat compulsively, that it is the analyst’s responsibility to acknowledge her re-traumatizing impingements and absences, and that countertransference will affect the patient’s transference. It is up to the analyst to provide a facilitating environment that will enable working through these enactments without repeated dissociation.

Ferenczi’s ideas made me see clearly many phenomena that I could not comprehend, or that I found only partial and incomplete explanations for in other theories—for example, acting out and enactments, to which other theories supplied what seemed to me a forced meaning coming from ‘outside’, not experience-near.

He was the first psychoanalyst to change the meaning of the concept of resistance and see its communicative aspects. He underscored the importance of listening to what his patients were telling him about themselves and about him. He learned from them. Also, he pointed out that the analyst’s subjectivity was prone to influence his perception and attitude. He was the first to acknowledge that analysts must be analyzed in order to cultivate their self awareness. Analysis for him was not only a scientific project, but also an endeavor driven by ‘furor sanandi’ – a passion to heal (as he was described), to reach the most hidden traumatized parts in each patient. Technique should be adapted to the patient and not the other way around. Reading Ferenczi after being acquainted with Winnicott rendered a fuller and wider meaning for me, both theoretical and clinical.
SP: I am aware of how much you emphasize in your writing and teaching that change takes place in a real relationship with the analyst’s authentic participation. Some of the clinical illustrations you have published show varying degrees of self-revelation with your patients, and I also know how sensitive you are to impinging on the patient’s subjectivity with your own. Can you say something about your thinking about the handling of the analyst’s experience in the analytic relationship, more precisely about how you think about the proper place of self-revelation and countertransference?

HG: Answering this question requires that I bring up some theoretical and clinical aspects of “regression to dependence” on the analyst. For patients who were traumatized in their early stages of development, the analyst is needed to function as a holding environment and to provide the patient with the external functions which had been initially absent. The assumption that the patient is a differentiated subject, with the capacity of self reflection, does not ‘work.’ Such patients feel annihilated when the Other fails them. Their reaction is not one of anger but of annihilation and futility. They need the analyst as an ‘auxiliary ego.’ When the analyst fails in any way, the patient is ‘gone’, taking himself for a failure.

The patient is living a self state where the Other cannot be perceived as a separate object. Rather, he is sensed as the one who fulfills or not the patient’s needs. Stated in Winnicott’s terms, the analyst is an object subjectively perceived (by the patient). When this need is not fulfilled to a sufficient extent, the psyche is flooded by annihilation anxiety and collapses because it cannot maintain, by itself, the continuity of being and self-holding.

When these states are revived in analysis the analyst is needed as a subjective object, which implies, first of all, that to see what is going on, he must look through the eyes of the patient, and actually be with him, providing the external function that is absent in the patient. One cannot find it in the patient’s psyche; only in the analyst’s.

Let me give you a few examples of what I am describing:
Any failure of the analyst should be acknowledged by him. Telling the patient that what happened is only the result of the patient’s perceptions leaves the patient in a helpless state, reinforcing his self-blame for being faulty. Saying things like, “When I do this and that, I have not considered how it impacts you, and this is what it does to you,” etc. literally places the responsibility on the analyst, who should also add an explanation of why he did or said what he did. The analyst then functions as a subjective object who explains to the patient how he, as an objective object, impinged himself on the patient.

Providing this acknowledgement enables the patient to revive initial ruptures in the psyche and live them through with the analyst, without blaming himself and dissociating. It also gives meaning to automatic and compulsively repeated reactions aroused in the patient and sensed as an inner fault, while in fact they are survival reactions to external failures.

Another example: When the patient does or says something spontaneously, presencing an up to now dissociated state, any comment about it (as from the ‘outside’) may be extremely impinging and make it vanish again. The analyst should actually participate personally and genuinely, and join the patient to allow the continuity of the spontaneous self. In “Analysis of the child in analyses of adults” Ferenczi points out, that when the dissociated states are re-lived, one needs to be with the patient at his developmental phase. Otherwise, one fails to connect with the actual patient. How to conduct ‘play therapy’ in words with those states is a challenge for the analyst’s spontaneity, which should not be intrusive. This means that the analyst uses his own subjectivity for actually being an environment, one which does not impinge on this emerging self-presencing of the patient.

An example concerning protests of the patient: Ferenczi’s assumption, that the impact of early trauma is imprinted in the psyche as the dissociation of the authentic self, implies that the traumatized patient cannot protest when the analyst fails, or is wrong, or impinges or is absent. Ferenczi recommends actively encouraging patients to protest and express their own view and to verbalize it for them when they can’t. This requires that the analyst be accepting of criticism, corrections, etc., and that he acknowledge that he was inaccurate or wrong. The analyst should, then, not only admit to himself, but also talk to the patient about his failure.
It's beyond the scope of this interview to explore all the possibilities of the analyst's self revelation, and maybe it is impossible to cover the full range of it, since these intersubjective situations are indeed unique and personal.

**SP:** There are many more questions about your thinking that I would like to ask you, but I think I will stop here and leave the rest until you are in San Francisco. I'm certain that I speak for many of us at SFCP when I say that I am very eager to participate with you in the Visiting Professor program in November.
Regression to Malignant Relations

Monday, November 12, 2018  |  07:30pm - 09:30pm
Presenter: Hayuta Gurevich, MA
Moderator: Maria Longuemare, MD, PhD
SFCP, 444 Natoma Street, San Francisco
Program Fee: Free  |  Webcast is available

In the sensitive excavation, elaboration and extension of the work of Ferenczi and Winnicott informing her writings and clinical sensibility, Hayuta Gurevich provides an enormously useful psychoanalytic framework for understanding the metapsychology, lived experience and treatment of psychic trauma. In this presentation she and discussant Maria Longuemare will contribute a rich chapter to this year’s Scientific Meeting series, particularly regarding the key themes of otherness and the ethics of care in the clinical situation. Please join us for what promises to be a rewarding evening.

Participants will be able to

- Grasp Ms. Gurevich’s reformulation of Balint’s concept of ‘malignant regression’ as the mutual enactment of dissociated self-states originating in early traumatic environmental failures of malignant primary relations in both patient and analyst.
- Grasp Ms. Gurevich’s elaboration of Ferenczi’s concept of ‘Identification with the Aggressor’, its differences from Anna Freud’s concept of the same name and its roles in the psychical trauma of malignant primary relations and the manifold pathological sequelae they may generate.
- Grasp Ms. Gurevich’s view of the ways that the analyst must understand and respond to so-called malignant regression as an opportunity for the transformation of malignant trauma into benign trauma, and thus as potential cure for a ruptured self, through the assumption of responsibility for her failures and the active adaptation to the patient’s regressive needs in the treatment relationship.

Please email office@sf-cp.org for webcast instruction
SCIENTIFIC MEETINGS

Monday, December 10, 2018
7:30pm - 09:30pm
Haskell Norman Prize for Excellence in Psychoanalysis
Program Title: TBA
Presenter: Salman Akhtar, MD

Monday, January 14, 2019
7:30pm - 09:30pm
On background assumptions in psychoanalysis: The continuing pursuit for common ground
Main Presenter: Joseph Caston, MD

Monday, February 11, 2019
7:30pm - 09:30pm
A Personal View of the Theoretical Shifts at the SFPI/CP, 1990 to the Present (with notes on Psychoanalytic History, Theory, Inclusion and Unity)
Main Presenter: Jonathan Dunn, PhD

Monday, March 11, 2019
7:30pm - 09:30pm
Program Title: TBA
Main Presenter: Jeanne Magagna, PhD

Monday, April 1, 2019
7:30pm - 09:30pm
The Emanuel Windholz Memorial Lecture
Program Title: Climate Justice and Psychoanalysis
Main Presenter: Donna Orange, PhD

Monday, May 6, 2019
7:30pm - 09:30pm
The Milton Lozoff, MD Memorial Lecture
Psychoanalysis as a creative, emotional play-space between — and for — both patient and analyst
Presenter: Stanley Coen, MD
Discussant: J. Marc Wallis, LCSW

Monday, June 10, 2019
7:30pm - 09:30pm
Laplanche and Pontalis: Afterwards and Afterwords
Main Presenters: Ania Wertz, PhD, PsyD and Michael Levin, PsyD
CHILD COLLOQUIUM SERIES
2018-2019

Beyond the Consulting Room:
The Utility of Psychoanalytic Ideas in Novel Settings

This year’s series offers a number of presentations which explore innovative applications of psychoanalytic ideas in work with children.

These events are offered free of charge through the generous support of SFCP and the Sophia Mirviss Fund. Continuing Education Credit is available for a fee paid to SFCP to cover administration costs. All events will be held at SFCP, 444 Natoma Street, San Francisco.

Saturday, November 10, 2018 | 10:00am - 12:00noon
"Why is everybody all mad at me?" A multifaceted look at a six-year-old with ADHD
Discussants: Stephanie Pass, PhD and Laurie Case, PhD

Saturday, December 1, 2018 | 10:00am - 12:00noon
Building Resilience Through Relationship: Consulting to Mentors of At-Risk Children
Presenter: Holly Gordon, DMH
Discussant: L. Eileen Keller, PhD

Saturday, January 12, 2019 | 10:00am - 12:00noon
Looking For The Perfect Beat: Therapeutic Beat Making with Today’s Future Sound
Presenter: Elliot Gann, PsyD
Discussant: Adam Blum, PsyD

Saturday, February 23 2019 | 10:00am - 12:00noon
What Happens to the Children: Psychiatric Syndromes of Child War Refugees
Presenter: Henry Massie, MD
Discussant: Vilma Reyes, PsyD

Saturday, March 9 2019 | 10:00am - 12:00noon
Working with Psychotic States of Mind in a Child Treatment: Supervision with Jeanne Magagna
Instructor: Jeanne Magagna, PhD
Case Presenter: David Frankel, PhD

To Register or to read complete CME/CE Credits information, visit:
http://sf-cp.org/child-colloquium
“Why is everybody all mad at me?”
A multifaceted look at a six-year-old with ADHD

Stephanie Pass, PhD and Laurie Case, PhD (discussants)
Saturday, November 10th | 10:00am - 12:00noon
SFCP, 444 Natoma Street, San Francisco
Program is free | 2 CEUs available for an additional cost

What happens to the child who is off-putting to the people closest to him — when much of what he experiences from parents, peers and teachers tells him he is disappointing, annoying, or frustrating? At a young age, children can begin to identify with that disagreeable person reflected back to them. Dr. Pass will present the psychotherapy of a strikingly off-putting six-year-old boy with ADHD, describing treatment that addressed his relational challenges and negative self-image along with the familiar triad of inattention, impulsivity, and hyperactivity.

Stephanie Pass, PhD is a psychologist in private practice in San Francisco. She specializes in the treatment of children and families. Dr. Pass provides consultation to schools, and works closely with speech therapists, occupational therapists, special education teachers and other specialists. She presents widely and is on the faculty of the Interdisciplinary Council of Developmental and Learning Disorders (ICDL) and the Profectum Foundation. Her work has appeared in the Journal of Infant, Child, and Adolescent Psychotherapy and Fort Da.

Laurie Case, PhD is a psychologist and analyst in private practice in North Berkeley, where she sees adults and adolescents. She is a member and faculty of SFCP and a former chair of the curriculum committee. Dr. Case is also a member of the editorial committee of Fort Da, a journal focused on the intersection of psychoanalysis and culture.

Educational Objectives:
Participants will be able to :

- Identify interpersonal and social-emotional difficulties frequently commonly associated with ADHD in children.
- Learn strategies to address problematic family dynamics that are commonly present when a child has ADHD.
- Describe three kinds of information within a play therapy session – the relational, the symbolic and the physiological (learning and processing differences).
The Child Development Program of SFCP will be offering a monthly Study Group: The Emotional Lives of Preschoolers, Kindergarteners, Their Families and Those Who Care for Them. The study group will meet this academic year five times at SFCP on the third Thursday of each month from 7:30 - 9:00 pm. Our first meeting will convene on Thursday, January 17th and our last on Thursday, May 16th, 2019. Next academic year we will meet as usual from September 2019 to May 2020.

I am recruiting a diverse group of experienced early childhood educators (mostly preschool directors), psychoanalytic psychotherapists as well as psychoanalysts. As in the past the group will be limited to 12 participants.

From January 2019 to May 2019 we will focus on Preschool Observations and selected topics in preschool years. We will supplement our observations by reading some chapters from a short, but well written book, by Jenny Davis The Nursery Age Child (The Karnac Developmental Psychology Series).

See on Amazon:

https://www.amazon.com/gp/product/1855757958/ref=oh_aui_detailpage_o06_s00?ie=UTF8&psc=1
If you are interested in joining the group you will need to find a preschooler to observe at least one time for an hour. You could do that at a playground, or at the home of a friend who has a preschooler. You can also elect to observe at preschool. I will help facilitate making a contact for you at one of the preschools that I am associated with where you will be able to observe. You will need to be able to complete your observation by our February meeting so you will have plenty of time to arrange for an observation like this.

**Continuing Educational Credits:** The study group will offer 7.5 CME units for psychotherapists and 7.5 hours of continuing education units for early childhood educators.

**Fee:** The study group fee for educators and clinicians this academic year for all of the five meetings will be $250 for SFCP members, community members and early childhood educators. The fee for non-member mental health professionals will be $300.

**To apply please contact:**
Era A. Loewenstein, Ph.D.
Phone: (415) 695-9656
Email address: eraaloewenstein@gmail.com

An Open House for the Study Group will take place at SFCP on Thursday, November 29, 2018
7:30 pm – 9:00 pm
Psychoanalytic Training Informational Dinner

December 6, 2018 • 7:30-9:30 p.m.
444 Natoma Street • San Francisco

Join us to eat, drink, and hear from current candidates and faculty about all that is psychoanalytic training at SFCP.

RSVP: analytic.training.outreach@sf-cp.org
FREUD’S BAR
Tickling the Unconscious

EAST BAY BOOKSELLERS
5433 College Avenue, Oakland, CA 94618
(2 blocks south of the Rockridge BART Station)
510-653-9965

Moderator: Dorian S. Newton, PhD – Member, San Francisco Center for Psychoanalysis

WEDNESDAY, November 14, 2018 - 6:30PM
Psychoanalysis is Everyday Life:
Living with a Mind in the World

Presenter: Michael Donner, Ph.D.

Many people think that psychoanalysis is about lying on a couch and free associating, while talking to an older man with a beard. Psychoanalysis is actually the study of how the conscious and unconscious mind develops, and how our early experiences affect every aspect of our lives and relationships. This discussion will explore how psychoanalysis helps people to understand their everyday experiences.

Michael Donner, Ph.D. is a psychoanalyst and clinical and forensic psychologist in Oakland. He is the Past-President of the San Francisco Center for Psychoanalysis and member of the faculty. He teaches and consults on Law and Ethics for clinicians in California and across the country.
The Bay Area Psychotherapy Forums are monthly case conferences open to students and clinicians at all levels of experience interested in improving their ability to work psychoanalytically. Each month a psychotherapist presents a therapy case of particular interest or concern. A different analyst is invited to each forum to discuss how they listen to the case material, fostering a lively discussion with the audience. The clinician group that attends builds a networking base while welcoming new colleagues.

Attendees gain:

- Psychodynamic case formulation skills
- Exposure to different theories for conceptualizing psychopathology
- Improved abilities in listening for transference/countertransferene themes
- Approaches for therapeutic action and technique

The forum is free for SFCP members, candidates and community members. If you are not a current community member of SFCP you are very welcome to come and check out the forum. If you find that you wish to attend on a more regular basis, we ask that you consider becoming a member.
Psychotherapy Forums

East Bay Psychotherapy Forum:
Wednesday, November 7, 2018
07:00pm - 07:30pm Networking; 07:30pm - 09:00pm Case Presentation & Discussion
Case Presenter: Kristian Kemtrup, PhD, MFTI (adult case)
Discussant: L. Eileen Keller, PhD
Moderator: Robin Deutsch, PhD
Location: The Dream Institute, 1672 University Ave, Berkeley, CA 94703
Program Fee: Free
CME/CE: 1.5 CME/CE Credits available for: $18.00 (non-SFCP Members) $15.00 (SFCP Members)

South Bay Psychotherapy Forum:
Tuesday, November 20, 2018
07:00pm - 07:30pm Refreshments 07:30pm - 09:00pm Case Presentation & Discussion
Presenter: Sophia Yost, MA, LMFT
Discussant: Neil Brast, MD
Moderator: Michael K. Smith, PhD
Location: Psychiatry Building, Room 1206, Stanford University Medical Center, Room 1206, Quarry Road, Stanford, CA 94304
Program Fee: Free
CME/CE: TBA

San Francisco Psychotherapy Program:
On hold until further notice
First International Conference on Psychoanalytic Perspectives on Aging

San Diego, CA, Saturday, January 19th, 2019
8am to 4pm

Opening Words
Lee Jaffe PhD (La Jolla)
APsaA President
Harry Polkinhorn PhD (San Diego)
SDPC President
Laurie Weiss PhD (San Diego)
SDPC Extension Committee

Introduction
Calvin Colarusso MD (La Jolla)

Seminal Papers
Guillermo Julio Montero PhD (Buenos Aires)
[Discussant: Harry Polkinhorn PhD]
Audrey Kavka MD (Oakland)
[Discussant: Joanne Elizabeth Callan PhD]

Panel
Mi Yu MD PhD (Nashville)
Daniel Plotkin MD PhD (Los Angeles)
Luis Alejandro Nagy PhD (Los Angeles)
[Discussant: Calvin Colarusso MD]

Closing Words
Calvin Colarusso MD (La Jolla)
Guillermo Julio Montero PhD (Buenos Aires)
Audrey Kavka MD (Oakland)

San Diego Psychoanalytic Center
IPA Committee: Psychoanalytic Perspectives on Aging

Information and early registration:
sdpc.michelle@gmail.com
PSYCHIC SURVIVAL
IN THE FACE OF MISOGYNY:
The dialectic between
the internal & external glass ceiling

SAVE THE DATE NOV 9-10, 2018
LUXE HOTEL SUNSET BOULEVARD
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FEATURED SPEAKERS
VIRGINIA UNGAR | DANA CALVO | ADRIENNE HARRIS | STEPHEN FRIEDMAN

LIMITED EARLY BIRD PRICING
THE COMMITTEE ON WOMEN AND
PSYCHOANALYSIS OF THE INTERNATIONAL
PSYCHOANALYTICAL ASSOCIATION
These seminars are offered as a community service intended to supplement local training with psychoanalytic clinical instruction. The courses are offered free of charge to pre- and post-doctoral psychology interns, psychiatry residents, and pre-licensed MFT and social work interns currently in clinical placements.

**2018 - 2019**

**San Francisco Psychoanalytic Student Seminars**

These seminars are offered as a community service intended to supplement local training with psychoanalytic clinical instruction. The courses are offered free of charge to pre- and post-doctoral psychology interns, psychiatry residents, and pre-licensed MFT and social work interns currently in clinical placements.

**Wednesdays**
**January 9, 2019 - January 30, 2019**
07:00pm - 08:30pm
**Promoting Depth and Analytic Process in Psychotherapy With Patients in Internship and Clinical Settings**
Instructor: Beth Steinberg, PhD

**Wednesdays**
**February 6, 2019 - February 27, 2019**
07:00pm - 08:30pm
**Addiction Through a Psychoanalytic Lens**
Instructor: Ben Goldstone, MFT

**Wednesdays**
**March 6, 2019 - March 27, 2019**
07:00pm - 08:30pm
**Catching the Drift: An Introduction to Psychoanalytic Listening**
Instructor: Jacqueline De Lon, LMFT

**Wednesdays**
**April 3, 2019 - April 24, 2019**
07:00pm - 08:30pm
**You, Me, and Us: Applying Psychoanalytic Perspectives to the Challenges of Couples Therapy**
Instructor: Genie Dvorak, PsyD
It Takes Two: Psychotherapy with the Older Adult with Audrey Kavka, MD

Afternoon seminar
January 26, 2019
1-330 pm
2.5 CEU approved
Palo Alto Oshman
Family JCC
3921 Fabian Way, Palo Alto
Details to follow

Audrey Kavka, MD brings to life the specialty of psychotherapy with older adults. In her power point lecture, she will offer detailed clinical examples and will engage in discussion with attending psychotherapists.

Dr. Kavka teaches internationally on topics of aging. She is the past Chair of the International Psychoanalytic Association Committee on Aging, Chair of the American Psychoanalytic Association Committee on Colleague Assistance and has authored the recently published Psychoanalyst Assistance Casebook.

sponsored by the
Palo Alto Psychoanalytic
Psychotherapy Training
Program, a division of sf-cp.org

Register at: sf-cp.org/2019-01-26-it-takes-two
Advertisements

SAN FRANCISCO SACRAMENTO ST. OFFICE AVAILABLE TO SUBLET

Quiet, serene office on first floor of a well-maintained charming older building is available Monday, Wednesday, Friday, Saturday and Sunday. Suitable for seeing individual adults and couples. Hoping to find someone who can use a minimum of three days/week.

Bay windows overlook beautiful garden at back of building. No street noise.

Two waiting areas and kitchenette shared with five other offices. All-therapist building with responsive landlord. Common areas have new carpet, paint, waiting room furniture, art. Congenial colleagues.

Photos available upon request.

Please contact Naomi Low, Ph.D. at 415-751-1170.
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Great news, we are now registered with Amazon Smile!

Every time you make a purchase from Amazon, SFCP will reap the rewards, as a percentage of your purchase will come to us. This is a small step towards big donations.

When you shop at AmazonSmile, Amazon donates 0.5% of the purchase price to San Francisco Center For Psychoanalysis. Bookmark the link http://smile.amazon.com/ch/94-1546088 and support us every time you shop.

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