American Psychoanalytic Association (APsaA) Update
by Gary Grossman, Ph.D., SFCP’s Executive Councilor

Those of you who subscribe to APsaA’s Listservs are aware of the conflicts taking place within our national association. What follows is a brief summary of recent events and the current status within the association. Please keep in mind that this is my personal understanding of the recent history and current state of affairs, and there may be omissions and misunderstandings on my part.

Conflicting Views of the APsaA Organizational Structure

There are two organizational bodies currently in dispute within the Association:

The Executive Council (EC) and The Board of Professional Standards (BOPS). The Executive Council is made up of the President, President-Elect, Secretary, Treasurer, 8 elected Councilors, and a Councilor representative from each affiliated institute or society. The Chair and Secretary of BOPS, and the past-President and past-Secretary serve as ex-officio members of the EC. According to the New York state laws regulating not for profit organizations, the APsaA Executive Council functions as the association’s Board of Directors. The Board of Professional Standards is comprised of 2 representatives (Fellows) from each training institute, Chair, Secretary, and past-Chair (who serves as Fellow-at-large for 3 years). Currently, all Fellows must be certified members of APsaA. SFCP’s current Fellows are Erik Gann and Steve Goldberg. The Chair and Secretary are Training or Supervising Analysts, are elected by the Board, and need not be Fellows. The BOPS is responsible for establishing the prerequisites for psychoanalytic education and clinical training; for setting the minimum standards for training; for approval of affiliated training institutions; and for issuing a Certification in Psychoanalysis to individuals who have met these standards as demonstrated by examination and evaluation by the BOPS.

As the Board of Directors of the organization, the Executive Council sees itself as responsible for all aspects of the Association, including education and training, and sees the BOPS as the committee, established by the Board of Directors, which oversees educational functions throughout the association. However, the leadership of BOPS, and an unspecified percentage of the BOPS Fellows, sees BOPS as the sole authority over educational standards and procedures.

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The Current Areas of Dispute

For the past decade, or more, there has been an ongoing dispute within the Association over the Training Analyst system. There are some within the organization that would like to modify the personal analysis requirement for training to allow candidates free choice over their personal analyst. Under the current bylaws, candidates must be in analysis with an APsaA Training Analyst, unless the non-TA analyst has been granted a waiver. The other area of dispute is with regards to the requirement of Certification for all Training and Supervising Analysts.

For the past couple of years, the EC has asked the BOPS to establish objective and verifiable criteria for the appointment of TA’s. When BOPS failed to complete this task by the January 2013 meeting of APsaA, the EC passed a resolution establishing a temporary set of objective and verifiable criteria for the appointment of TA’s, to be in effect until the BOPS established permanent criteria. In response, seven BOPS Fellows filed a lawsuit against APsaA to prevent the implementation of the new set of standards for TA appointment. In August, the court ruled in favor of the seven plaintiffs. Subsequently, the leadership of APsaA filed an appeal, which has not yet been ruled on.

SFCP and APsaA

There will be a meeting for all interested SFCP members on Saturday, December 14, 10am – noon, to hear from our representatives to APsaA and to discuss our relationship with the national organization. This will also be an opportunity for members to communicate thoughts, feelings and opinions directly, so that the Center’s views can be accurately represented at the upcoming APsaA meeting in January. If you are unable to attend the meeting, please do not hesitate to share your thoughts via email with me, Bill Glover, or our BOPS Fellows: Erik Gann and Steve Goldberg.

J. David Frankel Memorial - Poetry and Psychoanalysis

November 2, 2013

*edited by Catherine Witzling, Ph.D., L.C.S.W.*

David Frankel passed away in 2012 before he had a chance to walk with his fellow SFCP graduates in our spring graduation ceremony. Besides being a psychoanalyst, psychologist and cyclist – to name just a few of David’s activities – he was also a wonderful poet who throughout his life sought to support the arts. Knowing David’s passions and wishes, his wife, Paula Levine, established the J. David Frankel Memorial Fund for Poetry and Psychoanalysis last year. On November 2nd, the SFCP community along with local poets and performers joined with David Frankel’s family and friends to honor his memory and support this fund. Laurie Goldsmith, Myrna Frankel and Wendy Stern organized the luncheon venue in consultation with Paula Levine and Alice Jones, who emceed a moving program of poetry reading. Along with selected and authored readings by SFCP members, we were all treated to an array of David’s poems read – or, rather, performed - by David’s friends who donned the cabbie caps of David’s former stint as cabbie, poet/therapist in San Francisco. They regaled us with such witty and exuberant works as “I Love the New York Times!” and a poem about picking up Bob Dylan after his concert. For those who missed it, a bound collection of David’s poems has been donated to the SFCP’s library. The event raised over $2600 to support psychoanalysis and poetry at SFCP.
Reflections on Claudio Eizirik’s Visit
by Beth Steinberg, Ph.D.

On November 16th, 2013, Beth Steinberg, Ph.D., presented the following introduction to a lively and enthusiastic audience at the Day With Claudio Eizirik. Her remarks respond to some of Dr. Eizirik’s ideas about the position of psychoanalysis in the world and their relationship to changes at SFCP. Prior to her introduction, Dr. Steinberg acknowledged her colleague, Michael Levin, who contributed some ideas to her talk.

Introductory remarks for “A Day With Claudio Eizirik”

The San Francisco Center for Psychoanalysis:
Facing the Challenges of the Interface with the Outside World in the Time of “Liquid Modernity”

Before turning the podium over to Catherine Mallouh, who will introduce Dr. Eizirik, I’d like to tell you what’s happening here at the Center, and I’d like to do so using some of Claudio’s own ideas to frame what I have to say.

While serving as the president of the International Psychoanalytic Association, Claudio published several articles addressing the interface between psychoanalysis and the outside world, which I think are particularly relevant to SFCP’s mission to advance the vitality and value of psychoanalysis in Northern California.

I’ll add that my thoughts here are also inspired by Leon Trotsky’s famous remark, “You may not be interested in war, but war is interested in you.” I think our paraphrase would be, “We may not be interested in confronting the radical changes all around us, but they are certainly confronting us.”

Describing our current world, Claudio borrows the idea of “liquid modernity” from the sociologist Zygmunt Bauman. This idea captures the effects of massive, ongoing change in nearly all spheres of contemporary life, and highlights how the dissolution of traditional social containment structures have led to instability and fragmentation. Security is increasingly scarce, and the gaps between those who appear to have it and those who don’t -- the “strangers” that are felt to live outside of society’s borders -- are ever more extreme and disturbing. And, with the erosion of traditional frameworks to cling to, the individual’s quest for safety is more and more often reduced to frantic flight from one briefly held commitment or superficial identity to another.

This development is all too readily met and encouraged by a consumer culture, fueled by corporate power and greed. A 24/7 media blizzard distracts and sells endless images of excitement, gratification, simplicity, power, mastery, beauty, wealth, or certainty to an audience often overwhelmed by the complexity of our current reality. All of this contributes to our ever deepening, widely noted “culture of narcissism,” where complicated, time-consuming human relationships tend to become increasingly provisional or meaningless.

Claudio describes how these developments present new and profound challenges to psychoanalysis, both clinically and institutionally.

Clinically, we see greater frequency of what Claudio refers to as ‘new maladies of the soul’: disorders informed by trauma and radical deficiencies of containment, constant threats to the integrity of the self and severe problems with symbol-formation, but masked by increasingly normative forms of perversion and narcissistic organization. Such patients have extraordinary difficulties tolerating the psychoanalytic method and often scoff at its long-term, complex and relational dimensions.

The ethos of our current environment poses profound challenges to psychoanalysis as a practice and social institution as well, which is reflected to some degree by training and treatment statistics worldwide. In our current marketplace of ideas, where speed and mastery, not duration and mystery are what matter, we stand at a distinct disadvantage as purveyors of patience, of not knowing, of facing our feelings and limitations, of taking the great gamble of emotional intimacy, and in asserting that the ego is still not the master of its own house. In doing so, we are more than ever likely to be seen as the “strangers,” or the “have-not’s” as I referred to earlier -- a wildly inefficient, unscientific, offline ‘brand’ that takes far more than 140 characters -- the limit of a tweet -- to describe; a relic of a forgotten age with a quaint but outmoded interest in the messy, alleged inner life of the individual.

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(And let’s face it: in this sound-bite world of catchy slogans we’re not exactly a marketer’s dream. Taglines like ‘Welcome to the Depressive Position!’ or ‘Leave behind your neurotic misery for some good old fashioned ordinary unhappiness!’ probably aren’t about to go viral.)

It’s hard to deny that these are dark times for our perspective, values and commitments. I think we all feel this at some point nowadays as analytically oriented clinicians. Considering our situation, it seemed to me that the poet W.B. Yeats’ famous words are apropos once again: Things fall apart; the center cannot hold.

But I also find hope in Claudio’s work, through his encouraging reflections on the stubborn durability of psychoanalysis over the course of our first century, which saw us survive multiple dire global crises. He writes, “[T]he lessons of the past and the resilience of both our patients and the many millions of human beings who have been subjected to pain and physical and psychic suffering give us the strength and determination to never surrender.” He goes on to describe how the psychoanalytic movement is rising to the challenges of our time, meeting “change with change” through increased institutional transparency and internal dialogue, greater engagement with neighboring disciplines and the broader culture, clinical innovations, and claiming a rightfully important place at the forefront of the international struggle for the freedom of critical and independent thinking.

I want to report to all of you that, in this spirit, SFCP is moving forward and confronting our challenges within and without.

The Center is presently engaged in a period of emergence from a long “splendid isolation” with a move to our new home, the formation of new lines of communication with the wider world, and a consequent transformation of our organizational identity. Now in our second year here at our new building, we are still dazzled by the beauty of this space and the wonderful technology that is allowing us to provide distance participation for many of our programs. As we are beginning to settle here in this complex urban landscape, we can no longer keep our distance from the wider society as we were able to up on the north side of town. Indeed, here on Natoma Street we are situated concretely and psychically right between two facets of the liquid modern world – on one side of us, the Fifth Street side, where we are seeing the ever expanding hustle and bustle of the corporate world, and on the other side, the Sixth Street Side, where we are confronted with those outside of “borders” of society. Increasingly, we are forced to be aware that we are not above the “nitty-gritty” of either side. We are aware of the necessity to “make it” fiscally in that Fifth Street world, and yet, our psychoanalytic experience helps us to remember that in responding to this demand we must not disown our otherness. At the same time, we must hold onto ourselves and our fundamental values; our vital center.

And I do believe that our vital center, this Center for Psychoanalysis, will indeed hold.

We may not have an IPO at our backs, unlike Twitter, just a few blocks away, but we have something much more valuable and powerful to guide and support us: the accumulated wisdom of one hundred years of psychoanalysis and a committed, creative society of talented members. Together, in this exciting time, we are finding innovative ways to reach out and bring psychoanalysis to many more diverse groups of mental health professionals. At the same time we are expanding as an organization and becoming more integrated and more visible.

Let me a bit more specific. In addition to offering training to become a psychoanalyst, SFCP offers many other educational programs and opportunities to mental health professionals. As the Chair of the PPED, my vision involves providing non-analyst mental health professionals at every level of familiarity with psychoanalytic theory and practice, from graduate students and psychiatric residents to seasoned clinicians with decades of experience, with educational experiences that will foster their curiosity, interest and inspiration in psychoanalysis. We now have three two-year psychotherapy training programs drawing mental health professionals from all disciplines from San Francisco, the East Bay, the South Bay and the Sacramento/Davis area. In addition, we have a multitude of other programs for clinicians with an interest in psychoanalysis, from morning or evening events to yearlong courses.

We also offer programs of interest to the general public, professionals and academics interested in psychoanalytic applications within their disciplines. We provide funding for psychoanalytically informed research and offer multiple services through our Child Development Program. We offer programs in applied psychoanalysis, like our Opera on the Couch, Poetry and Psychoanalysis Programs, and the Woody Donovan annual film lecture. For individuals seeking psychoanalytic treatment, but lacking the financial resources for standard fees, we offer a Low Fee Referral Service.

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Our website contains information about all of these programs, upcoming events, training open houses and application deadlines, so please surf over to www.sfcp.org for more information.

Although SFCP is, like psychoanalysis, in Claudio’s words, a “work in progress,” where many of our fundamental presuppositions are being critically discussed and revised and our educational models re-examined, I believe that we are not only facing the challenge of taking in and being more in the world but we are also reaching out and bringing psychoanalysis more into the world.

I want to take this opportunity to encourage those of you who aren’t members of this organization to join SFCP as a Community Member. Along with discounts on all SFCP programs, benefits of Community Membership include use of the Erik Erikson Library, a listing in our directory, access to our Mentorship Program and opportunities to participate on many of the Center’s committees.

So now, on to today’s program. Each year we bring a psychoanalyst from outside our local area that has made significant contributions to contemporary theory and practice to serve as our Visiting Professor. By combining a formal paper and discussion with a clinical presentation, the “Day With” series provides the Bay Area’s mental health community a unique opportunity to highlight these contributions and to directly experience an exceptional analyst at work. The SFCP has been dedicated to inviting thinkers with a wide range of perspectives to this series, introducing sensibilities and approaches from diverse regions and cultures. We planned the 2012, 2013, and 2014 to feature three different South American perspectives. Claudio is the second of these, and today he will share his highly developed view of pluralism with us. Next year, Virginia Ungar, Ph.D. will join us from Argentina, followed by Dominique Scarfone, from Montreal, in 2015.

I would like to acknowledge and thank the SFCP Day With/Conference Committee: Michael Loughran, Terry Owens, Bronwen Lemmon and Chair Catherine Mallouh, along with our generous volunteers who are helping out today.

We are also extremely grateful to Kevin Hibbitt, who has coordinated outreach for this program, as well as Ellen Russin, Sheena Craig, Lara Weyland, Laura Coleman, K. Sue Duncan, A Raja Hornstein, Craig Forte, Jacob Sacks, Adam Blum, Sachi Inoue, Aaron Chow and Lynda Connelly.

I would also like to thank Mike Levin who helped me with this introduction.

Finally I would like to introduce Dr. Catherine Mallouh, who will be introducing and moderating today’s program. Dr. Mallouh is the Chair of SFCP’s Community Outreach & Service Division and the Day With/Conference Committee. She is an Assistant Clinical Professor of Psychiatry at UCSF and is in private practice in San Francisco.

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**Newsletter deadline for the December Holiday Closing**

SFCP will be closed from December 21, 2013 and re-open on January 2, 2014.

The Newsletter Deadline for the January edition will be **December 16, 2013**. Please submit articles and announcements as early as possible so that we can post the newsletter on line upon returning from the holiday break.

Thank you,

Catherine Witzling

Lynda Connelly
Monthly Update of Activities of the TA and SA Committees.

by Wendy Stern, D.M.H., Training Analyst Development & Appointments Committee, Chair and Charles Fisher, Supervision Committee, Chair

The Training Analyst Committee and the Supervising Analyst Committee met together in September to discuss the two different options for “Modified Frequency of Supervision” in preparation for further clarifications and input with supervisors at the Sept. 30th all TA/SA discussion group and with candidates at the November 22nd Candidate meeting. We also took up an issue of the TA and SA study groups: the requirement that a senior TA work with at least one other TA in each study group. We agreed that the Education Coordinator for TA & SA Study Groups will send a memo to all SFCP Faculty about the need to participate in an approved study group in order to obtain credit for group participation as part of an application to be appointed a TA. (An approved group is one in which membership is open until the group maximum has been reached, and in which new members are taken in sequence, through the coordination of the Education Coordinator for the TA & SA Study Groups.)

Child Colloquia: Cutting the Silence: Impulsive Cutting in Adolescents

by Sharon Karp-Lewis, PsyD, LCSW
Child Colloquium Committee

On November 9th, 2013, Mary Brady, PhD, treated us to a compelling presentation on the subject of cutting, focusing on impulsive cutting before it becomes ritualized. After her initial talk, there was discussion of case material provided by Dawn Smith, PhD. More than 40 clinicians attended Saturday morning to learn more about treating teens with the disturbing symptom of physically acting upon their body.

Dr. Brady began her presentation by discussing “cutting” as a failure in symbolization that can evoke explosive feelings in the therapist. She quoted André Green, MD, who talked about cutting as a form of communication. Green concluded that a facilitating environment such as the therapist and the setting are necessary to provide the missing thought and metabolized interpretation essential to give meaning to the often impulsive action of cutting by a patient on their skin. Finding words to express the psychic pain of the patient is difficult, a task poignantly illustrated by Dr. Smith in a case of a teen that was often non-verbal during clinical hours. The audience was empathic and thoughtful about Dr. Smith’s therapeutic challenge to contain the unstated thoughts and affects of the patient, as well as Dr. Smith’s ability to think about what was going on between the patient and herself under the pressure of an (action prone) adolescent.

Position opening for analyst members: Chair, Low Fee Referral Service.

The low fee referral service is seeking a new chair. The low fee service has been chaired by Linda Bartlett PhD, who is ready to step down and we would like to find someone to continue to run this important service offered by SFCP. The position would be a three year commitment, and the primary function would be to screen and evaluate patients for psychoanalysis and make referrals to candidates or other members. The chair will need to coordinate with the South and East Bay committee members who will also make referrals. The chair will appoint new committee members as needed. There is currently a task force which is delineating and clarifying the roles and functions of the members and chair of the low fee referral service service. The new chair would have the benefit of the input and final report of the task force. We very much would like to increase the visibility of the low fee service not only in the community but among our membership.

We hope to have a new chair by the end of May 2014. The appointment process will take a few months.

If you are interested, contact Catherine Mallouh M.D. by phone or email.

Tel: 415-750-1713
E-mail: ccmallouh@yahoo.com
Opera on the Couch: The Flying Dutchman
by Milton Schaefer, Ph.D., Opera on the Couch, Chair

Drs. Eileen Keller and Lee Rather were discussants for the Opera-on-the-Couch discussion of Wagner’s The Flying Dutchman immediately following the November 3 performance at the San Francisco Opera. Their presentations led to a lively back and forth, which was moderated by Dr. Steve Goldberg, between the 80 or more participants.

Wagner’s first great opera concerns a phantom boat captained by one doomed to wander at sea until Judgment Day, unless he finds a woman who gives him faithful, absolute love. Every 7 years he can set ashore and search for her; he finds such a one in Senta, a young woman who has fallen in love with him. Though he first believes he has found his salvation, he then mistakenly concludes that she has betrayed him and he scorns her. Senta jumps to her death, and the opera ends with the two of them in heaven. He has been saved by her love, loyalty and sacrifice.

With reference to Aristophanes’ explanation of Romantic Life in Plato’s Symposium, Dr. Rather discussed the Flying Dutchman as a mythic drama encapsulating the psychological dynamics of “masculine” and “feminine” gender construction. From this perspective, the Dutchman and Senta are each searching for his/her “other half”: that part of the self that was split off in childhood as part of individuation and identification processes. As a man, the Dutchman is searching for his lost capacity for love, dependence, and vulnerability; as a woman, Senta is searching for her lost creativity, power and independence. The final scene, in which they are shown transfigured and rising from the ocean into the sky, symbolizes the reintegration of these split off aspects.

Dr. Keller chose to focus on the character of Senta, the girl who dreams romantically of the Dutchman, pities him and longs to be the one special woman who can save him. She elaborated that we can better understand Senta’s longing to save the Dutchman and her ultimate sacrifice by recognizing her wish to escape the limits of her life as a girl, on sale to the highest bidder, and destined for an ordinary life spinning and toiling. Senta’s dreams and hopes and her pity for the Dutchman burst into the fantasy that she can be the one true woman who will save him. While it is easy, from a modern and secular perspective, to write off her suicidal leap from the cliffs as masochistic, Dr. Keller explained that, for Senta, the good of the other far outweighed the loss of her life. Indeed, her sacrifice not only freed the Dutchman and his crew, but assured her ascension to heaven as well. Dr. Keller likened Senta’s capacity to put the Dutchman’s sorrow and misery above her own interests as indicating a capacity for surrender, not submission. This was a joyful, ecstatic abandonment of the self into a heroic act, resulting in the ultimate romantic and spiritual resolution and redemption.

In the ensuing exchange with the audience, there was a lively discussion of the dark tone of the opera and the relation between death and transcendence. There was also much discussion about martyrdom, masochism and the societal oppression of women.

Opera on the Couch will be discussing two other operas this year. Dr. Steve Goldberg and Dr. Sue Saperstein will be discussing Madame Butterfly on June 15, 2014, and Dr. Jeanne Harasemovitch and Dr. Israel Katz will be discussing La Traviata on July 13, 2014. We now have a core of analysts who have been participating with us in these discussions, but we remain open to hearing from other members who might be interested in being discussants for future performances. Our discussants have found this to be an enjoyable experience with a lively and engaged audience. In addition, the discussants get two free orchestra seats to the performance as well as a tickets to the final dress rehearsal. Please contact either Steve Goldberg or Milton Schaefer if you are interested or have any questions.
Technology and Psychoanalysis

Once in a while, a writer lucidly describes a cultural shift from its center. In his book, *The Shallows: What the Internet is Doing to Our Brains* (a finalist for the Pulitzer Prize in 2011), Nicholas Carr does just that, putting complexity and uncertainty into words and considering what is lost as we stumble forward, dazzled by new technology. My justifications for mentioning this book here are twofold: first, as the SFCP librarian, I am almost always using, evaluating, or thinking about technology, and second, this book caused me to consider a possible intersection between your field and mine. By asking what happens consciously and unconsciously when one becomes lost in a book, Carr shows what we as a culture might lose in our unequivocal association of technology with progress. Not only does he offer an assessment of the risks of developing and disseminating new technologies while failing to wonder how these new inventions change humankind in the process, he makes a strong argument for the tangible and real, for deep reading and thinking, and for the simultaneous fortitude and fragility of the human mind.

Carr draws from Marshall McLuhan, who in 1964 famously noted, “The medium is the message.” Carr supports McLuhan’s argument that content blinds us to the changing power of the medium itself; we are acquiescent and often unaware as new technologies permeate culture. To illustrate the way a medium can change our perception of the universe and our place within it, Carr unfolds Lewis Mumford’s history of the clock in the Western World. He shows that in the Middle Ages, the internal world of the church, marked by routine and schedule, resonated outward through the church bell, punctuating hours of the day. As towns and cities grew, so did the need for their inhabitants to parse the days into measurable quantities. Agrarian rhythms that loosely marked time no longer sufficed, and as the demand for timekeeping broadened, the technology became smaller, affordable, even fashionable. From the church bell in the center of the village to the household clock to the pocket watch, timekeeping infiltrated every aspect of civilization in the Western World so completely that by the time of the Enlightenment, our universe ran like “clockwork” and the human body could be described in the language of mechanization. Carr compares the cultural infiltration of the clock with that of the computer: as both grew smaller and more ubiquitous, their presence commandeered everyday language and arguably, changed our worldview. Rather than take a Neo-Luddite stance, Carr does show that cultural saturation with new technology is not completely detrimental and there are some positive results of our use of new mediums. Nonetheless, McLuhan’s words of caution are perhaps more relevant today than they were in 1964: “A new medium is never an addition to an old one... nor does it leave the old one in peace” (Quoted in Carr). Not only is the computer embedded in our culture, but it eclipses old mediums and breaks them into parts (text in fragments, video in clips) prompting a new form of intellectual digestion in the process.

In urging us to consider what new technologies might be replacing, and at what cost, Carr begins with Sigmund Freud’s 1895 study of the brain’s ability to change in response to experiences. He then traces the history of reading to show that many of the great intellectual achievements of the past 1500 years were made possible in no small part by linear thinking enabled through silent reading of the printed page. Covering the transition from oral to written culture, he discusses early reading as a mentally taxing affair requiring the reader to decipher a continuous script with no particular word order. This could best be done by reading out loud, and silent reading, as we know it, did not become common until the Middle Ages. Of course in the Early Modern era, the printing press further democratized the written word, allowing more private citizens to engage in silent, deep reading. As Carr notes, “Whether a person is immersed in a bodice ripper or a Psalter, the synaptic effects are largely the same” (72) and silent, deep, concentrated reading – an unnatural act for a species whose brains are highly adept at processing sensory stimuli for survival – became the norm. In the present-day, Carr argues, as our malleable minds adapt to the steady stream of electronic media, “we are evolving from being cultivators of personal knowledge to being hunters and gatherers in the electronic data forest” (138).

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The Shallows inspires the reader to consider that our control of the tools we use is tenuous at best, and Emerson’s observation that “Things are in the saddle / And ride mankind” is aptly transcendent (quoted in Carr, 46). There are many studies cited within the book illustrating the detriments of divided attention, neurological changes incited by internet use, the processing, internalization and information-absorption potential of the human brain, and the intellectual consequences of our present multimedia assault.

These serve as a foundation for Carr’s point that “The Net’s cacophony of stimuli short-circuits both conscious and unconscious thought, preventing our minds from thinking either deeply or creatively” (119). For me, the meaningfulness of the book lies not within the science presented, but within Carr’s articulation of the meaning and importance of reading deeply, immersing oneself in a text, developing a symbiotic connection with an author that transcends both space and time, and thereby creating a vital part of identity contingent on “the ability to know, in depth, a subject for ourselves” (143). Carr puts the ecstasy of deep reading into words. In doing so, he prompts the reader to consider what might be the consequences if our capability to think and read deeply diminishes as we adapt to distracted, multisensory uses of new technology.

I wondered as I read what psychoanalysts might think about The Shallows. Because psychoanalysis uncovers the creative depths of the unconscious and demonstrates the profound potential of real, human relationships, and because the discipline remains dependent upon intellectualism based on both knowledge and wisdom cultivated by years of reading, thinking and working, it certainly seems that analysts can enrich the conversation about technology’s influence on culture. What does our frenzied adoption of new technology say about our fears, loneliness and malaise, our desire for acceptance? Just as I was wondering about the connections between psychoanalysis and technology, Psychoanalysis in the Technoculture Era, edited by Alessandra Lemma and Luigi Caparrotta, was published. While I did not order Carr’s book for the library, I did order Psychoanalysis in the Technoculture Era, which illustrates, as Caparrotta and Lemma elucidate in their introduction, that “… technologies have become an integral part of our everyday lives and of our psychoanalytic practice. We are thus keen to seize the opportunity in this book... to explore not only the varied uses made of new forms of technology and their psychic function in the internal world, but also to be curious about how such technological developments may help us to explore some assumptions about what we call the psychoanalytic frame” (5). I hope this and the other new acquisitions below will be of interest, and I also hope you will let me know your thoughts on the intersection between technology and psychoanalysis.


New Acquisitions

June – December 2013

(Continued on page 8)
November 2013.

Library Volunteers & Projects

We have two wonderful volunteers currently working on library projects. If you have received an email notification from the library indicating that you checked out or checked in a book, then you have seen the handiwork of Helen Ng.
Helen completed the arduous task of updating our catalog database records with SFCP’s current membership roster, entering contact information for all library patrons. Secondly, Patricia Rodgers is bringing a great deal of intellectualism and expertise to an immense project related to SFCP’s unpublished papers. This archive, as many newsletter readers may already know, contains a wealth of unique psychoanalytic material. Look forward to future updates regarding this project, and the outstanding work of both Helen and Patricia.
Additionally, along with creating the course readers for the spring semester, Assistant Librarian/Media Archivist Eric Rosen has been instrumental in continuing to add video and audio content to SFCP’s media archive. We have some exciting video projects ongoing with PEP-Web, and I look forward to sharing more details with you about this in January.

I hope you all have a wonderful holiday, and I look forward to seeing you here in the SFCP Library!

Alyson Barrett-Ryan, MA, MLIS
Library Director, San Francisco Center for Psychoanalysis

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Board of Trustees

The Board of Trustees meetings are open to all SFCP Members.

The next meeting will be held on

**Monday, December 16, 2013, 7:30pm**

SFCP, 444 Natoma Street.
Gary Grossman, Ph.D. gave the following presentations in Japan:

*Developmental Considerations in Psychotherapy with HIV-Positive Gay Men: Psychoanalytic Perspectives.* November 17th, Kyoto; November 22nd, Tokyo. Invited seminars for Clinical Psychologists & Mental Health Professionals. Sponsored by Osaka National Hospital HIV Medical Services & the Japan Ministry of Health.


Mali Mann, M.D. was appointed as Co-Chair with Kerry Kelly Novick for North America of Committee Of Child and Adolescent Psychoanalysis (COCAP/ IPA). Their term of office runs from Nov 30/2013 until the date when the next Administration takes over in mid-2017.

Era A. Loewenstein, Ph.D. was the invited speaker for the Annual Event on November 9, 2013. The event was co-sponsored by Los Angeles Child Development Center, the Child Analytic Training Program and the Program Committee of the New Center for Psychoanalysis in Los Angeles. The title of her paper was *Out of the Darkness and Into the Spiel-Raum: Celebrating Maurice Sendak.*

**APsaA Update: Meeting for Members**

When: Saturday, December 14

Time: 10:00am – Noon

Where: SFCP Auditorium

Please join SFCP’s representatives to the American Psychoanalytic Association in an open conversation about the current status of our national organization. This is an opportunity to learn about the conflicts occurring within the Association and for the SFCP Community to share their views.

Gary Grossman – Executive Councilor
William Glover - Counselor-at-Large
Erik Gann - BOPS Fellow
Steve Goldberg – BOPS Fellow

Webcast will be available for those who are unable to attend. For Webcast instructions, please contact: Aaron Chow at aaron.chow@sf-cp.org or 415-563-5815
ANNOUNCEMENTS

East Bay Psychotherapy Forum
Presenter: Lee Embrey, M.F.T..
Discussant: Gary Grossman Ph.D.
Moderator: Michael Donner, Ph.D.

Wednesday, December 4, 2013; 7:00pm - 9:00pm
Herrick Hospital, 2001 Dwight Way,
CC Conference Room, Berkeley
Free, 1.5 CME / CE Credits available for $15.00 or $18.00
For more information, click here

CCSW Clinical Evening Series
Case Formation in Foster Care: How Do We Locate the Child Within the Larger System?
Presenters: Maria Morelli, L.C.S.W. and Heather Clendenin LeMoine, M.F.T.I.
Discussant: Clara Kwun, L.C.S.W.
Moderator: Elizabeth M. Simpson, L.C.S.W

Wednesday, December 4, 2013, 7:00pm - 9:00pm
SFCP, 444 Natoma St., San Francisco
Fee: $15.00 or Donation
2 CME/CE credits available for $20.00-$24.00
To register, call 415-563-5815/aaron.chow@sf-cp.org
On line registration: www.sf-cp.org/05-22-2013-ccsw
For more program information, click here

Child Psychotherapy Training Program
Winnicott’s Thinking about the Basics: Issues of Connection, Ruthlessness and Loss in the Young Child
Presenter: Renya Cowan, Psy.D.

Wednesdays, December 4, 11, 18, 2013, January 8, 15,22, 2014, 7:30pm—9:00pm
SFCP, 444 Natoma St., San Francisco
For more program information, click here

San Francisco Psychotherapy Forum
Presenter: Todd Troutman
Discussant: Michael Donner, Ph.D.
Moderator: Gary Grossman, Ph.D.

Thursday, December 5, 2013, 7:00pm—9:00pm
SFCP, 444 Natoma St., San Francisco
Free
For more program information, click here

Scientific Meeting
The Two Mental Orientations of Psychoanalysis and the Dialectical Experience of Transference
Presenter: Jonathan Dunn, Ph.D.
Discussant: Lee Grossman, M.D.

Monday, December 9, 2013, 7:30pm - 9:30pm
SFCP, 444 Natoma St., San Francisco
Free
For more program information, click here

Theory Forum
Presenter: Michael Levin, Psy.D.
Moderators: Peter Goldberg, Ph.D. and Henry Markman, M.D.

Wednesday, December 18, 2013, 7:30pm—9:30pm
SFCP, 444 Natoma St., San Francisco
Free
For more program information, click here

Seasoned Clinicians Program
Defense Analysis in Psychotherapy
Instructor: J. Samuel Chase, M.D.

Wednesdays, January 8, 15,22,29, 2014, 11:30am—1:00pm
SFCP, 444 Natoma St., San Francisco
Fee $550.00
To register, call 415-563-5815/aaron.chow@sf-cp.org
For more program information, click here

Peninsula Psychoanalytic Student Seminar
The Ins and Outs of Trauma
Instructor: Shela Fisk, Ph.D.

Thursdays, January 9, 16, 23, 30, 2014, 6:30pm—8:00pm
Stanford’s Psychiatry & Behavioral Sciences Building, Room 1211
401 Quarry Road, Stanford, CA 94304
Free
To register, email: aaron.chow@sf-cp.org
For more program information, click here
ANNOUNCEMENTS

San Francisco Psychotherapy Forum
Presenter: Daniela Corolla, Ph.D.
Discussant: Chris Wallis, M.D.
Moderator: Gary Grossman, Ph.D.
Thursday, January 9, 2014, 7:00pm—9:00pm
Please note that January's Psychotherapy Forum is on the 2nd Thursday instead of the 1st Thursday
SFCP, 444 Natoma St., San Francisco
Free
For more information, click here

CCSW: Social Work Practice: Foundations of Clinical Work With Clients
Social Work in Community Settings: How Theory Supports Effective Alliances, Clinical Sensibility
Instructor: Clara Kwun, L.C.S.W.
Thursdays, January, 9, 16, 23, 2014, 7pm - 8:30pm
SFCP, 444 Natoma St., San Francisco
Tuition Fees: @270.00
To register, call 415-563-5815/aaron chow@sf-cp.org
For more program information, click here

Child Colloquium
ADHD in the 21st Century
Presenter: Meryl Lipton, M.D., Ph.D.
Saturday, January 11, 2014; 10:00am - 12 noon
SFCP, 444 Natoma St., San Francisco
Free,
To register, call 415-563-5815/aaron chow@sf-cp.org
For more information, click here
SCIENTIFIC MEETINGS 2013-14

Please join us at the Scientific Meetings and contribute to the intellectual life of our psychoanalytic community.

December 9
The Two Mental Orientations of Psychoanalysis and the Dialectical Experience of Transference
Presenter: Jonathan Dunn, PhD
Discussant: Lee Grossman, MD

February 10
The Body and the Body Image
Presenter: David Rosenfeld, MD (Argentina)
Discussant: Maureen Katz, MD

March 10
The Language of Absence and the Language of Tenderness: Therapeutic Transformation of Early Psychic Trauma and Dissociation as the Resolution of “Identification of the Aggressor”
Presenter: Hayuta Gurevich, MA (Israel)
Discussant: Laurie Case, PhD

April 14
Windholz lecture
On French Psychoanalysis
Presenter: Patrick Miller, MD (Paris)
Discussant: TBD

May 12
Lozoff lecture
Presenter: Howard Levine, MD
Discussant: Mitch Wilson, MD

June 9
The poetry of Transtromer and Transitional Space
Presenter: Alice Jones, MD
Discussant: Forrest Hamer, PhD

Looking forward to seeing you on the second Monday of the month.

Julie Ruskin, Scientific Meeting Chair
ATTENTION ANALYST MEMBERS, CANDIDATES AND COMMUNITY MEMBERS!

Block Subscribers to the 
International Journal of Psychoanalysis

The block subscription rate is:
Analyst Members and Community Members: $202
Candidates: $129

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Analyst Members and Community Members: $96
Candidates: FREE

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THE PARTS LEFT OUT

A Novel
by THOMAS H. OGDEN

Price: £ 9.99
Pbk 208pp, November 2013
ISBN 9781782200666

BIC Code: Thriller/suspense (FH)

The Parts Left Out is a suspenseful story of a poor Kansas wheat-farming family in which each generation holds the next in its deadly grip until murderous opposition explodes. The beautifully drawn characters, all sympathetic in their own ways, are determined to escape the fate that has been dealt them, and some seem close to doing so.

‘Thomas H. Ogden, who is perhaps the most renowned psychoanalyst writing today, demonstrates his prowess as a writer of fiction in his stunning debut novel, The Parts Left Out. His keen eye for the complexity of human relationships and human frailties makes the characters so real and compelling that they seem to step out of the page. Ogden’s novel confirms that the truest concepts developed in psychoanalysis have already appeared in the insight of the artist. This story takes hold of the reader in its opening paragraphs and does not let go until its heart-wrenching ending has been told. I found this book almost impossible to put down.’
- Antonino Ferro, M.D., President of the Italian Psychoanalytic Association

About the Author

Thomas H. Ogden is an internationally acclaimed psychoanalytic thinker who has published eleven books of essays on the theory and practice of psychoanalysis as well as literary readings of Frost, Borges, Kafka, and others. His work has been translated into nineteen languages. He lives in San Francisco, California where he practices psychoanalysis and teaches both psychoanalysis and creative writing.