

President's Message

by Robin Deutsch, Ph.D.

It's hard to believe, but the end of the academic year is here again. The last few months of the academic year seem to come and go in quite a flurry. In an instant, we have completed our administrative and academic tasks and feel ready to ease into summer. By the time this newsletter arrives in your hands, we will have welcomed the newest members to our graduate analyst community. This year, we celebrate the graduation of Claudette Heisler and Michael Smith, both from adult analytic training, and Marsha Silverstein from child analytic training. David Frankel, who died too soon, posthumously graduated from adult analytic training. However, this ceremony is not our only graduation celebration. On June 15, 11 trainees will be honored as the newest graduates of our Adult Psychoanalytic Psychotherapy programs (PAPPTP and SFPPTP). SFCP celebrates the graduation of PAPPTP trainees Anat Barkai and Kent Campbell and SFPPTP trainees Kim Belfor, Mark Choa, April Crofut, David Fakhri, Dennett Hansmann, Beth Miller, Susan Moore, Christina Papanestor, and Priya Sonik.

While we are all ready to be off for the summer break, our annual Business Meeting will be held on June 19th. A light supper will be served at 6:30PM, followed by the Business Meeting at 7:30PM. All members are invited and encouraged to attend.

SCIENTIFIC MEETING

**“The Psychoanalyst and the Clinic:
A Balint Group for Psychiatrists”**

June 10, 2013, 7:30pm

Jonathan Sklar, MBBS, FRCPsych

SFCP ANNUAL BUSINESS MEETING

Wednesday, June 19, 2013

6:30pm Complimentary Light Buffet Dinner
7:30pm Business Meeting

SFCP, 444 Natoma Street, S.F.

More information to follow.

I am now at the end of my second year as SFCP President. We continue to evolve as a more transparent organization. Regional meetings were held during the spring in Marin, the East Bay, South Bay and San Francisco. These meetings gave three of us--Harriet Wolfe, Jeff Miller, and me--the opportunity to hear more about what people are thinking about leadership and the state of the organization. In my role as President, I continue to work as hard as I can to bring the organization together with a sense of shared commonality. The New Technologies Task Force completed its work and I appointed a

(Continued on page 2)

**** Newsletter Material Deadline: 8/15/13 ****

SAN FRANCISCO CENTER FOR PSYCHOANALYSIS

| | |
|--------------------------|---------------------------|
| Chair: | Harriet Wolfe, M.D. |
| President: | Robin Deutsch, Ph.D. |
| Secretary: | Mary Susan Hansen, M.D. |
| Treasurer: | Marc Zussman, M.D. |
| Newsletter Editor: | Catherine Witzling, Ph.D. |
| Chief Operating Officer: | Jeffrey Miller |
| Layout & Design: | Marcia Parham/Aaron Chow |

444 Natoma Street, S.F., CA 94103 * 415-563-5815

INSIDE THIS ISSUE:

| | |
|--|-------|
| Board Chair's End of Term | 2-4 |
| “I heard it through the grapevine” | 5 |
| Election Process for President/Board Chair | 5 |
| SFCP Graduates | 6-9 |
| Visiting Professor 2013 | 9 |
| SFCP Library News | 10-11 |
| Announcements | 11-13 |



President's Message continued from page 1

Task Force for Distance Learning to begin to investigate providing online training. In addition, I established an Ad Hoc Committee on Group Process, which will provide a report and recommendations at the end of its work about how to improve group and community life at the Center. I also formed a Task Force on Tuition and Fees to review and develop a uniform process for establishing fees and tuition for our programming. These Task Forces address important aspects of our community life and I thank each task force member for the contribution they are making on behalf of our organization.

Board of Trustees

The Board of Trustees meetings are open to all SFCP Members.

The next meeting will be held on

Monday, June 24, 2013, 7:30pm
SFCP, 444 Natoma Street

Questions, call 415-563-3366

Over the course of this academic year, the Faculty Committee, PED and PPED worked together to develop a transparent selection and assessment process for faculty in all divisions. The Academic, Applied Psychoanalysis and Research Division broadened the eligibility criteria for applicants. As of this year, all SFCP members, graduate and candidate analysts and community members are eligible to apply for Windholz Research Grant funding. Further, academic researchers using psychoanalytic concepts in their research are eligible to apply for Windholz Research Grants. In this way, a community member who is an academic is qualified to apply. This increases our pool of potential researchers by including those in anthropology, sociology, rhetoric, film, or literature, etc. to seek funding through the Windholz Research Grants.

I'll be making a more thorough report at the Business meeting. As a final note, Michael Windholz will be stepping down as Chair of the Academic, Applied Psychoanalysis and Research Division. I thank him for his contributions to the Center and the Management Team. I will miss his thoughtfulness, incisiveness and sense of humor.

Board Chair's End of Term

SFCP Regional Meetings Spring 2013: Important Themes and Action Plans

by Harriet L. Wolfe, M.D., Board of Trustees Chair

Robin Deutsch, Jeff Miller and I (SFCP President, COO and Board Chair) led regional meetings for voting members in March and April of 2013. Members in Marin and Palo Alto graciously hosted the meetings and the San Francisco/Sacramento meeting was held at the Center. The SFCP Trustees requested the meetings in order learn what was on members' minds regarding the Center and to get their input on questions about governance and the Center's definition of mission. Members who attended the meetings raised questions about the Center's financial stability, safety South of Market, and their professional identity in the context of expanding membership categories.

Governance:

One of the questions brought to the members' meetings was: why are we having trouble finding members who want to take on leadership roles? The main answer that emerged was: ambiguity in policies, procedures and definition of roles and tasks leads to redundancy of functions and overwork for those in leadership positions. It also leads to discouragement and confusion. If policies and procedures are unclear, members may take a failure to meet their needs personally and become disaffected rather than bring their concerns to the relevant committee chair or to a Management Team member or to a Board member.

With this dilemma in mind, the Board and the Management Team have worked hard over the past two years to clarify lines of responsibility and develop policies and procedures. Job descriptions for leadership positions at the Board level have been reviewed and revised. Job descriptions for Division Chairs and Committee Chairs are currently being written.

(Continued on page 3)



Board Chair's End of Year continued from page 2

There was general agreement that development of leadership skills is an important priority. Robin Deutsch is planning a Task Force on Leadership Development. Post-seminar candidates seem a particularly ready group for leadership mentoring and/or seminars on organizational structure and group process. Leaders at each level will be asked to consider planning for succession as part of their role and to expand committee members' knowledge so that leadership issues can be debated rather than imagined.

A specific leadership direction was discussed at the meetings. The 2007 Strategic Plan called for a Community Trustee to fill the position of Board of Trustees Chair. We have had one Community Trustee, David Glotzer, who was ready and able to fill the position and did so from 2007-2010. Over the past three years two Analyst Trustees, Erik Gann (2010-11) and Harriet Wolfe (2011-13), have filled the three year term in the absence of a qualified Community Trustee. The Board anticipated it would want to elect a Community Trustee to fill the 2013-2016 term and wanted to know how members might respond. Most members at the regional meetings focused on the great value Community Trustees bring to the Center in terms of their non-analytic expertise in finance, law, research and community sensibility. The question of what it might mean to have a non-analyst leader of an analytic organization was raised. The mix of Analyst and Community Trustees that is mandated for the Board was recognized as a check-and-balance system that supports an analytic sensibility on the Board as well as flexibility in election of the Board Chair; i.e., if there is a qualified Community Trustee, he/she would be elected by the Board and, if there is not, an Analyst Trustee could be elected.

Financial Stability:

A number of questions were raised regarding the management of the Center's endowment and the budgetary process. The financial stability of the Center is a central responsibility of the Board of Trustees. Over the past two years heightened attention has been paid to our investments, the use of our restricted and non-restricted funds, the capital campaign and the ability of the Center to function within established budgetary guidelines.

In a period from 2009-2011 the Center's investment portfolio suffered significant losses. Nonetheless, we were able to use funds from the endowment to keep up with costs during the renovation of our new building. The successful capital campaign is replenishing the endowment at an acceptable rate. That is, the construction and furnishing of the Center are paid for. The endowment will be rebuilt over the period of our five-year donor pledges, a process that has already begun. As long as the endowment is at a lower total level than before construction, the earnings that help cover operational costs are lower than ideal. But the situation is manageable and is being closely followed by the Finance Committee and the Board. We are not required to cut back on programming or staff support. We are, however, required to carefully manage the costs of programs and to look to professional and community programs, as well as dues, to achieve adequate income.

One aspect of the Board's ongoing efforts to exercise its fiduciary responsibility to properly manage SFCP's finances has been to file an arbitration action under the auspices of the Financial Industry Regulatory Authority ("FINRA"). The claim, which was filed last year, is against SFCP's former financial adviser. The action seeks to recover monies that were lost as a result of money manager investment decisions that ran contrary to SFCP's risk tolerance and investment objectives, as well as the rules governing the financial industry. Such arbitration actions are confidential, which is different from civil court actions. Therefore, as the matter is ongoing, the Board is not at liberty to address publicly the facts and merits of this claim and must ask members to be courteous and respectful of the rights of the parties and avoid discussing the matter publicly. We can assure SFCP members that the Board made this decision with careful consideration and is monitoring the matter closely. We expect the case to be resolved in early 2014.

The Center budget is a matter of public record. It is available to any member who requests it. Our audits are available as well. Jeff Miller and our Treasurer, Marc Zussman, are available to answer questions, as are any of our Board members. Actions the Board is taking to inform the members and oversee Center finances include: a detailed Treasurer's report at the annual business meeting, an annual audit, a summary of budget and profit-and-loss in the newsletter at

(Continued on page 4)



Board Chair's End of Year continued from page 3

the end of each fiscal year, monthly annotated reports of profit-and-loss and investment portfolio performance to Finance Committee and Board, additional regular Finance Committee meetings to enhance review and early preparation of the annual budget and to advise on allocation of funds according to strategic planning priorities. The Division Chairs meet with the COO to prepare their budgets. The COO works with the President to finalize the annual budget and to discuss any unexpected budgetary problems during the year. Their suggested budget and their recommendations go to the Finance Committee which informs and advises the Board.

Safety, Communication and Professional Identity:

Safety, communication and professional identity are important themes that relate to our organization's culture. They all came up at the regional meetings. Safety is a concrete issue in the South of Market area. It is also an important aspect of the Center's psychological health. On the level of street safety, Robin Deutsch has reported since the regional meetings an event on a Sunday afternoon in April when two members were approached by an aggressive street person. They were frightened but not harmed. A police report was made the next day. We learned that the sooner such a report is made the better. The police wanted to be helpful and confirmed their goal of getting to the location as soon as possible in hopes of apprehending any disruptive individual(s) and preventing further intimidation or harm.

It is clear our Center's safety plan needs to be regularly reiterated and reviewed. Elvis Truong is on site before and during evening meetings and can escort any member(s) to and from the Mission and 5th Street garage or street parking. If a member needs to leave a meeting early or arrive late, Elvis is available to accompany him/her. He can be reached by dialing 415-563-5815. As noted, reports to police need to be rapid. Reports back to the Center need to be rapid as well. Currently we advise you to call Jeff Miller immediately with any safety concerns. He will triage calls and discuss all concerns with Center leaders. Efforts to arrange affordable and convenient parking in the lot across from the Tempest have not yet been successful but continue.

A less concrete aspect of safety involves how we communicate with one another. It has to be safe in order to debate openly, to make mistakes and to try out ideas. There have been failures of respect vis a vis the staff in recent months that are being addressed. It is risky to assume anyone engaged in the work of the Center, be it analyst, candidate, community member, staff member or visitor, merits an unwelcoming attitude or a hostile critique. We need one another and we need a constructive ambience in order to work creatively and effectively. We have begun to explicitly welcome graduate students to our scientific meetings. This sort of welcome was suggested by Susana Winkel who has created a number of linkages between SFCP and the Wright Institute. Other members may have additional ideas about how to make our Center welcoming to all visitors interested in psychoanalysis. This attention to attitude can only improve the health of our organization. It will also encourage confidence in the value of psychoanalysis.

A specific membership issue raised at the regional meetings was the advisability of adding a membership category distinct from community membership for our graduates of PPTP and PAPPTP. This possibility opens the door to important considerations of the Center's mission, the meaning of voting vs non-voting membership, our ethical duty in relation to all membership categories and functions, and our investment in outreach to the non-mental health as well as the mental health community. Some analysts and candidates feel their professional standing is at risk if we expand our scope. Others feel a sense of diminished professional standing is primarily a socioeconomic matter, not a specific Center matter. The issues are very complex. The Board is reviewing our mission statement from 2001 and it plans to bring its deliberations to the membership. Please take the opportunity to engage with these issues and join the debate.

If you want to influence the culture of the Center, please talk to Board members. They rarely hear from members. Please bring your concerns to their attention. If you are interested in changing the culture of the Center, join the Board, run for office, chair a Division or Center committee, or just enjoy a deeper involvement in the work of the Center!

It has been a privilege to chair the Board of Directors for the past two years. I look forward to seeing everyone at our annual business meeting on June 19th.



“I heard it through the grapevine”

by Robin Deutsch, Ph.D.

Recently, I heard at a cocktail party that no one attended the Scientific Meetings any longer. As a result, I decided to find out more about attendance at the Scientific Meetings in our new home.

Aaron Chow was able to provide me with some data, based on who signed the attendance sheets and how many computers logged in from home. One caveat about the data: they are low. It does not represent the people who attended but who did not sign in and similarly does not account for multiple viewers at one computer location. However, here is the data as best it can be quantified:

| Month | # at Center | # Viewing Remotely |
|----------------|-------------|--------------------|
| September 2012 | 30 | Not offered |
| October 2012 | 32 | 37 |
| November 2012 | 47 | 55 |
| December 2012 | 17* | Not offered** |
| February 2013 | 54 | 33 |
| March 2013 | 43 | 41 |
| April 2013 | 80 | 64 |
| May 2013 | 41 | 54 |

* President Obama was staying across the street at the Intercontinental and the streets in our neighborhood were blocked off.

** Internet was malfunctioning

I hope this information will allow you to draw your own conclusion about the viability of the Scientific Meeting. How does the data actually compare to one year ago or 10 years ago? I don't know, but these numbers appear robust to me.

Send me your rumors. I'll do my best to respond as accurately as possible.

The Election Process for President and Board Chair

by Maurice G Marcus, M.D., Co-chair, Nominating and Board Development Committee

Comments by several members recently indicate unfamiliarity with the procedures for election of our key leaders. This is to clarify these procedures.

The Chair of the Board is elected by the Board. This is standard for Boards of Trustees. Prior to this election, the Nominating Committee receives suggestions for nominations from members of the Board. The committee reviews and discusses the qualifications of those suggested and decides on a slate of candidates. This slate is then presented to the Board, which votes on nominees from the slate.

The President is elected by the membership. Setting up this election, the Nominating Committee first publishes notices in the Newsletter soliciting suggestions for nominees. It may also invite individual members to be nominated. The qualifications of the potential nominees from these sources are then reviewed by the Nominating Committee, which then composes a slate which is presented to the membership for their vote.

If you have any questions or comments about these procedures, please do not hesitate to contact me.



2013 Psychoanalytic Education Division Graduates

J. DAVID FRANKEL, Ph.D. (May 9, 1942 – August 31, 2012)

David Frankel was due to “walk” with the rest of SFCP’s graduates this year. Sadly, he died from a fatal ailment last summer. Although, he did not get to take those final steps to receive his diploma, he had traveled the long journey to reach his goal of becoming a graduate psychoanalyst with an ever-growing enjoyment of and appreciation for the analytic work. As one of his instructor’s expressed, “Dr. Frankel made original, playful and thoughtful comments that demonstrate[d] an excellent capacity ... an ability to see threads that lie beneath the surface and to expose them with poetic sensibility and humor.” His graduation paper on the complex concept of idealization, using the study of the uber baseball fan as a case in point illustrated these capacities that were consistently at play in his professional and personal life. He loved puns and poetry and spoke both freely. In this regard, it is fitting that David’s wife, Paula, in conjunction with SFCP, has created the J. David Frankel Memorial Fund to support the Center’s Poetry and Psychoanalysis program.

David brought a wealth of kindness, generosity, intellectual curiosity and humor to colleagues and patients alike. He was responsible and committed to others up to the end, making sure to contact all his patients and leaving records that allowed recommended analysts to contact his patients in order to help them with the sudden loss of their analyst. David expressed the greatest sorrow that his loss would hurt his dearly loved wife, and his sister and brother-in-law. We all miss him and join his family, friends, patients, and colleagues in fond memories.

CLAUDETTE HEISLER, Ph.D.

I am very appreciative of the ready opportunity available within the SFCP community and the programs that spring from that community. Through SFCP, I've found both a map, and a broad and diverse landscape for the pursuit of my longstanding interest in and study of psychology, mental health, interpersonal relationships and psychoanalytic ideas. Many individuals from the SFCP community have contributed in precious, meaningful, and sometimes surprising ways to my development as a psychoanalyst: fellow candidates and new friends, supervisors, my analyst, classroom instructors, and SFCP support staff. All the while, the community is what holds us together, and also what foments controversy and dissent. I look forward to more learning, engagement, involvement and to witnessing continued development of our community along with the integration of ours and the communities around us.

MARSHA SILVERSTEIN, Ph.D.

It is with great pleasure that I graduate from the Child and Adolescent Analytic Training Program. Thanks to members of my cohort in the program, to teachers, mentors and supervisors - Anne Alvarez, Jill Miller, Jan Baeuerlen and Tina Lapidés - and, most of all, to the kids and teenagers who have taught me so much.

MICHAEL K. SMITH, Ph.D.

When asked how I feel about training in psychoanalysis at SFCP my usual reply is that it is the best thing that I have done in my life except for marriage and raising a family. It has opened my eyes to a new world of understanding of the psyche and of what it means to be of psychotherapeutic help to another person. I have benefitted personally from my own analysis and from the struggle to understand the accumulation of psychoanalytic knowledge in a personally relevant way. It has also connected me with a group of colleagues with similar professional interests and values.

I am particularly grateful to my analyst and to my supervisors, but I am also deeply appreciative of the seminar instructors, fellow candidates, and other members of the SFCP community that have contributed in important ways to my development as an analyst.



2013 Palo Alto Psychoanalytic Psychotherapy Training Program Graduates

ANAT BARKAI, M.F.T.I.

Throughout the two year program, pieces of theories which were passed to us by a variety of enthusiastic instructors, and pieces of rich samples of live cases which we tasted in the case conferences, were combined with valuable supervision, mentoring and personal treatment into a growing mosaic of analytical thoughts.

Every class, supervision, or treatment session enriched the range of personal and professional insights. Even though many of the small pieces of the mosaic are still missing, and even though a deep enriched view of the theories is still a rare and elusive experience, the analytic mosaic has become a permanent growing part of myself.

As an Israeli therapist who recently relocated to the USA, I gained a new understanding of the universality of emotional theories during the two-year program. The idea that all "man cubs" are born with the same emotional needs, materialized. In the core, we are all alike, we share the same emotional needs, and we find the same pathological solutions when things go wrong. Thank you for two wonderful foundation years.

KENT CAMPBELL, M.F.T.

Thank you for the warm welcome into the SFCP community. My colleagues and I have relished the challenges and encouragement from the faculty and supervisors over the last two years. This has been a wonderful introduction to analytic approaches to psychotherapy and a transformative experience, personally and professionally. I am so grateful to see my deeper ways of thinking powerfully impact my work with adults, children, adolescents, and parents through my psychotherapy practice in San Jose. I look forward to continuing connections with the SFCP community, as well as furthering my study and experience of psychoanalytic psychotherapy.

2013 San Francisco Psychoanalytic Psychotherapy Training Program Graduates

KIM BELFOR, M.F.T.

In March of 2013, I completed my Marriage and Family internship at the Marina Counseling Center. I have since been busy establishing and developing my private practice in San Francisco. I work with adults, adolescents and couples. My participation in the PPTP program has provided me the building blocks to work psychoanalytically, deepening my understanding of classical as well as contemporary psychoanalytic theory. As a result of completing the program, I feel supported and strengthened as a clinician, and I am very excited to continue my learning in the years to come. Beyond my clinical work, through my studies in the PPTP program I have developed collegial, friendship and supervisory relationships that add energy and meaning to my life.

MARK CHOA, M.D.

I'm a psychiatrist who graduated from the UC Davis residency program about a year ago. I'm now living in the East Bay, and I'm working in a variety of places: a clinic in San Rafael serving transitional age youth with mostly psychotic disorders, and another clinic in Sacramento working with a refugee population. I also have a small psychodynamic therapy practice in Sacramento that I hope to expand over time. The PPTP has been a great introduction to psychoanalytic ideas, which have informed my thinking in all aspects of my work.

APRIL CROFUT, M.D.

I am so grateful to the PPTP faculty, students, and the broader SFCP community for their support of the PPTP, particularly for reaching out and making the training accessible to those of us in the Sacramento/Davis area. I began the PPTP while in my fourth year of psychiatry residency at UC Davis. Since finishing residency in 2012, I have continued seeing psychotherapy patients in a small private practice in Sacramento, while also working part-time at an inpatient facility. The PPTP has provided an invaluable opportunity to grow my interest in psychoanalysis, expand my knowledge and clinical skills, and to connect with the analytic community in both San Francisco and Sacramento. I hope to continue

(Continued on page 8)



SF PPTP Graduates continued from page 7

building a practice in psychodynamic psychotherapy in the near future and eventually to pursue psychoanalytic training. My practice will be on hold temporarily, however, as my husband and I are eagerly expecting the arrival of our first child at the end of June!

DAVID FAKHRI, M.D.

I am very grateful to have had the opportunity to participate in a program like PPTP. This program could not have come along at a better time in my career, just as I was beginning my transition into private practice. These past two years of training have helped me develop the skills and confidence needed to better face the challenges of practicing psychotherapy in this new setting. The ways in which I have learned to listen to and think about my patients have made me reconsider how I can truly be helpful to them as a physician. I am currently seeing adult patients, but having gained a deeper understanding of psychoanalytic theory and development has stirred my interest in expanding my practice to adolescents and children. I also continue to be interested in ways that psychoanalytic principles can be incorporated into my practice of medication management.

PPTP has been a wonderful introduction to all the educational opportunities SFCP has to offer and I look forward to continuing my association with the Center in future educational endeavors.

DENNETT HANSSMANN, M.D.

Why I did not do this much earlier in my life is beyond me. The program has been so rich; I have broadened and deepened my knowledge of psychoanalytic concepts, many especially useful for more difficult patients. The combination of supervision, seminars, and the challenges of presenting, along with my own psychotherapist's input, set up a convergence that has permitted me to take in much more, and think I know much less, than I had believed when doing therapy all these years. Some obvious results have been the ability to work with a broader range of patients with comfort, responding more therapeutically in tight situations, much increased attention to my own being and feeling as sessions proceed, and the ability to retain patients I might have lost in the past through insensitivity or misunderstanding. I am grateful to my two supervisors, to the whole program, and to all who have worked hard to make its quality so high. I plan to spend at least another decade practicing and learning. I feel I have grown, and continue to grow personally on the basis of immersion in the learning process you have fashioned. Sessions, and life, have grown remarkably richer. Perhaps that is the highest recommendation I could give.

BETH MILLER, Ph.D.

I came into the program after decades in the field: private practice, writing, teaching, speaking, and doing seminars and workshops. I was looking for a deepening and fresh approach to understanding the relationships between my patients and me. I have been seeing and experiencing a significant difference in my work: in immediacy, authenticity and increased ease with what is still unclear. I have loved the group I was in; I appreciate and admire everyone's different take on the cases presented and very much enjoy how we have worked together. What impressed me most about the faculty was how natural, real and authentic most instructors were. It was a treat to be exposed to clinical material through a variety of different lenses and personalities.

SUSAN MOORE, M.F.T.

The past two years of training has been a challenging and hugely rewarding journey. I walk away having learned much more than I could have imagined and with the recognition that there is much more for me to learn in my psychotherapeutic work. This experience has also shown me the importance of developing other aspects of my life. This fall I will go back to an old interest, singing, and begin to study classical voice. I am deeply grateful to my fellow trainees, whose support and good humor carried me through the ups and downs of my training; to my supervisors, who taught me to trust my analytic heart and mind; and to my husband and daughter, who were always interested in what I was learning and really understood my desire to learn.

(Continued on page 9)



SF PPTP Graduates continued from page 8

CHRISTINA PAPANESTOR, L.C.S.W., BCD

The ways in which I have grown as a result of the PPTP are hard to articulate and even more difficult to quantify. I do know that my sense of myself as a psychoanalytic clinician has deepened, as has my respect for and awe of the nuances in the therapeutic relationship. As theory has informed how I listen to my patients and begin to get a sense of their internal worlds, experience has shown me that our work is delicate, filled with mystery and seemingly endless opportunity. For this is an endeavor in which we dive fully and with all of our senses, using creativity and intuition as guides along the way. Following PPTP, I will continue my work in my private practice in San Francisco, and at Kaiser where I strive to honor psychodynamic thinking and practice within a managed care system. In the coming years, I hope to grow in my capacities as a clinician and continue to be an active part of the psychoanalytic community. I am so grateful to have had this opportunity to be inspired, challenged, and educated by a group of passionate, dedicated and ever-curious analysts.

PRIYA SONIK, M.D.

I started the PPTP after finishing my psychiatry residency at UC Davis in 2011, and it has been a truly wonderful experience. I currently have a mixed practice, working with low-income patients at a county clinic in Sacramento part-time, in addition to running a small private practice where I do primarily psychotherapy. I see adult patients and have particular interests in trauma and women's health. The supportive instruction and continued learning through PPTP have been essential as I have navigated my transition out of residency. Both the theoretical and practical components have helped me grow as a therapist, and I have already noticed the program's influence in my practice as I develop my own clinical style. I am not sure what combination of work I will have later in my career, but I am certain that it will include psychotherapy, as it has become the most rewarding part of my practice. I am thankful for my PPTP group members and group leaders, and I hope to stay in touch with all of you in this community. Thank you for the opportunity to learn with you!

Visiting Professor Program 2013



An early WELCOME to ALL SFCP members, community members, and trainees to our Fall programs

Claudio Eizirik, M.D., a Training and Supervising Analyst from Puerto Alegre, Brazil will be the SFCP 2013 Visiting Professor.

Dr. Eizirik is a much sought after supervisor by Brazilian, Argentinian and South American psychoanalysts and is equally well known for his warm affable style as a teacher. He is especially interested in the work of Wilfred Bion. His clinical framework also integrates influences of Betty Joseph and the London Contemporary Kleinians, as well as the Barangers, Antonino Ferro and other field theorists. Dr. Eizirik further credits a deep love for reading fiction and poetry with helping him stay in touch with his countertransferential experiences. Look for more detailed information about this November's Visiting Professor programs in late August on the SFCP Visiting Professor webpages and in our September newsletter.





Library News

by Alyson Barrett-Ryan, MA, MLIS

In *Civilization and Its Discontents*, Freud had a lot to say about technology. He reflected on the historical trajectory of technological advancement, beginning with fire and covering everything from spectacles to the telescope, motor power to the gramophone. In Freud's view, technological development at a basic level stemmed from the human desire to make "the earth more serviceable" and for protection from "the violence of the forces of nature" (90). Rather than seeing technology as a means for guaranteed happiness or as a definitive marker of progress, Freud recognized humankind's simultaneous reliance upon, helplessness without and difficulty using new devices: "With every tool man is perfecting his own organs ... When he puts on all his auxiliary organs he is truly magnificent; but those organs have not grown on to him and they still give him much trouble at times" (90, 92). Cameras and gramophones were described by Freud as extensions of the memory, telephones extensions of the ear, the microscope an augmented eye. I wonder what Freud would have to say about external hard drives, cloud-based computing, terabytes, and remote broadcasting. Through technology, our memories have expanded and our reach has broadened, but now as in the past, we often find ourselves uncomfortable with our new prosthetics. While it seems sacrilegious to pillage Freud's text when writing for an analyst audience, I thought his reflections on technology were both too interesting and too pertinent not to include. Freud's approach to technological advancement—absent of blind glorification or unwarranted suspicion—contains a refreshing balance missing from most current writing on the topic.

Technology is ever on the mind of librarians, and the biggest changes in the SFCP library over the past year have been technology-related. With each new technological implementation, SFCP staff and administrators have to consider financial sustainability, legal ramifications and usage requirements, among other concerns. EZ Proxy (enabling remote access to the library's online journal subscriptions) and SFCP's first eBook collection are the most important recent additions to the library. The capital campaign also made possible the purchase of a new patron computer providing more efficient access to the library catalog and online resources. Furthermore, we will soon convert our records into a new catalog, bringing some of the library's hidden resources to the discovery level, integrating collections for stronger cross-referenced searching and enabling remote patron access to individual library accounts. It has been an exciting year in terms of bringing new technological services to the SFCP library. We thank you for your enthusiasm, interest and support, and we hope to continue in this spirit—bringing a well-balanced and carefully-planned approach to each new service and each big change.

Freud, S. (1930) *Civilization and Its Discontents*. In J. Strachey (Ed.) *The Standard Edition of the Complete Psychological Works of Sigmund Freud*, Volume XXI (pp. 64-145). London: Hogarth Press.

New Acquisitions and Additions to the Catalog

by Eric Rosen, MLIS

- Applegarth, A. (2000). *Oral History Series: Adrienne Applegarth interviewed by Nancy Chodorow*. SFCP Library [DVD].
- Arbiser, S. & Schneider, J. (2013). *On Freud's "Inhibitions, symptoms and anxiety"*. London, UK: Karnac Books.
- Binet, A. (1975). *Modern ideas about children*. France: S. Heisler.
- Dimond, B. L. (1959). *Magnetic Tape Conversion Series No. 25: The origins of psychoanalysis*. SFCP Library [CD].
- Erikson, E. (1966). *Magnetic Tape Conversion Series No. 26: On Ritualization*. SFCP Library [CD].
- Freud, E. (1985). *Sigmund Freud: His life in pictures and words*. New York: Norton.
- Grosz, S. (2013). *The examined life: How we lose and find ourselves*. New York: W. W. Norton.
- Kavka, J. (2010). *Oral History Series: Jerome Kavka Interviewed by Audrey Kavka*. SFCP Library [DVD].
- Kernberg, O. (2013). *Clinical constellations of narcissistic pathology*. SFCP Library [DVD].
- Markman, H. (2013). *The Aesthetic field in the analytic process*. SFCP Library [DVD].
- Mosher, P. W. (Ed.). (1987). *Title, keyword, and author index to psychoanalytic literature*. New York: American Psychoanalytic Association.

(Continued on page 11)



Library News continued from page 10

- Ogden, B. H. (2013). *The analyst's ear and the critic's eye*. London, UK: Routledge.
- Schlesinger, K. (1959). *Magnetic Tape Conversion Series No. 24: Dreams*. SFCP Library [CD].
- Shouba, T. K. (2013). *Conversations about therapy*. St. Charles, IL: Marsh House Books.
- Snyder, B. (1965). *Magnetic Tape Conversion Series No. 30: Adaptation, education, and emotional growth*. SFCP Library [CD].
- Spiegel, J. (1969). *Magnetic Tape Conversion Series No. 31. Problems of violence*. SFCP Library [CD].
- Spitz, R. A. (1966). *Magnetic Tape Conversion Series No. 27. The Case of Jerry*. SFCP Library [CD].
- Steinberg, S. (2012). *Oral History Series: Stanley Steinberg interviewed by Bronwen Lemmon*. SFCP Library [DVD].
- Tetzlaff, F. (1964). *Magnetic Tape Conversion Series No. 28: Impulse Neuroses, Perversions, Addictions*. SFCP Library [CD].
- Vinograd, S. (2009). *Oral History Series: Steve Vinograd, SFPI&S Security Guard*. SFCP Library [DVD].
- Walker, L. (2013). *Poetry & Psychoanalysis: Laura Walker*. SFCP Library [DVD].
- Wilson, M. (2013). *Desire and responsibility*. SFCP Library [DVD].
- Wolff, P. H. (1965). *Magnetic Tape Conversion Series No. 29: Structural considerations for the development of a theory of affect*. SFCP Library [CD].

ANNOUNCEMENTS

[East Bay Psychotherapy Forum](#)

Presenter: **Erica Wandner, Ph.D.**
 Discussant: **Susana Winkel, Ph.D.**
 Moderator: **Michael Donner, Ph.D.**

Wednesday, June 5, 2013; 7:00pm - 9:00pm

2001 Dwight Way, CC Meeting Room, Berkeley
 Free; 1.5 CME/CE credits available for \$ 15 or \$ 18
 For more CME/CE credit information, click [here](#).

[San Francisco Psychotherapy Forum](#)

Presenter: **Cate Corcoran, Psy.D.**
 Discussant: **Holly Gordon, D.M.H.**
 Moderator: **Gary Grossman, Ph.D.**

Thursday, June 6, 2013; 7:30pm - 9:00pm

SFCP, 444 Natoma St., San Francisco, CA
 Free; 1.5 CME/CE Credits available for \$15 / \$18
 For more CME/CE credit information, click [here](#).

[Scientific Meeting](#)

The Psychoanalyst and the Clinic: A Balint Group for Psychiatrists

Presenter: **Jonathan Sklar, MBBS, FRCPsych**
 Discussant: **Jed Sekoff, Ph.D.**
 Moderator: **Julie Ruskin, Ph.D.**

Monday, June 10, 2013; 7:30pm - 9:30pm

SFCP, 444 Natoma St., San Francisco
 Free; 2 CME/CE credits available for free.
 For more CME/CE credit information, click [here](#).



SFCP Staff Retreat

There will be an SFCP Staff Retreat on
Friday, June 21, 2013 all day.
 SFCP will be closed.

Thank you,
 SFCP Staff



RECOGNITIONS

Audrey Kavka, M.D., published "Psychoanalyst Assistance Committees: Philosophy and Practicalities," in *The Empty Couch: The Taboo of Ageing and Retirement in Psychoanalysis* (Paperback), Routledge, March 2013.

Henry Markman, M.D., published the chapter 'Varieties of Masochistic Experience: Modes of Analytic Relating', in *The Clinical Problem of Masochism*, Holtzman, D. And Kulish, N (eds), Aronson, 2012.

[PAPPTP / SF PPTP Graduation](#)

Speaker: **Richard Almond, M.D.**

Saturday, June 15, 2013; 3pm

SFCP, 444 Natoma St., San Francisco

We are very pleased to announce our 2013 psychotherapy training graduates. The Palo Alto Psychoanalytic Psychotherapy Training Program will honor two trainees for it's third graduating class:

Anat Barkai
Kent Campbell

The San Francisco Psychoanalytic Psychotherapy Training Program will commemorate the graduation of its first class. Nine PPTP trainees will graduate:

Kim Belfor
Mark Choa
April Crofut
David Fakhri
Dennett Hansmann
Susan Moore
Christina Papanestor
Priya Sonik
Beth Miller

Please join us to help celebrate the accomplishment of these outstanding trainees.

A champagne and hors d'oeuvres reception will follow the ceremony.

Dena Sorbo, Chair, PAPPTP, and John Jemerin, Chair, SFPPTP



Opera on the Couch

The San Francisco Center for Psychoanalysis and San Francisco Opera invite you to selected performances of *The Tales of Hoffman* and *The Gospel of Mary Magdalene*.

Please join SFCP program co-chairs Dr. Steven Goldberg and Dr. Milton Schaefer and colleagues for a psychological perspective of the opera at our post-performance discussion, Opera on the Couch, immediately after the following performances: *The Tales of Hoffman* on **Sunday, June 23 at 2pm** and *The Gospel of Mary Magdalene* on **Sunday, July 7 at 2pm**. **Opera on the Couch will meet at Book Inc. in the Opera Plaza around 5:00 pm.**

There will be time for questions, and audience members may share their thoughts on our thought-provoking operas. This event is open to the public and complimentary refreshments will be included.



[The Tales of Hoffman](#)

Music by **Jacques Offenbach**

Libretto by **Jules Barbier** and **Michel Carré**

War Memorial Opera House

401 Van Ness Avenue, San Francisco

A sensitive poet searches for love and repeatedly finds it lies just beyond his reach in this marvelously melodic masterpiece. Singing the title role is tenor **Matthew Polenzani**, who was praised by *The New York Times* as "coming into his prime...singing with increasing ardor, richness and power." He is joined by the always-astonishing **Natalie Dessay**, who gave "a precise, luminous and impeccably controlled performance" (*San Francisco Chronicle*) in the title role of *Lucia di Lammermoor* (2008), as Antonia; **Hye Jung Lee**, who was praised for her vocally "fierce, gleaming beauty" (*San Francisco Chronicle*) as Madame Mao in *Nixon in China* (2012), sings Olympia; in their Company debuts, **Irene Roberts** as Giulietta and mezzo-soprano **Angela Brower**, is Nicklausse, The Muse; and charismatic bass-baritone **Christian Van Horn** performs the villains who thwart Hoffmann's desires. **Laurent Pelly** (*The Daughter of the Regiment*, 2009) directs a new production of this richly imaginative, psychologically astute gem.

Discussant: **Israel Katz, M.D.** and **Marc Zussman, M.D.** — Moderator: **Milton Schaefer, Ph.D.**



[The Gospel of Mary Magdalene](#)

Music by **Mark Adamo**

Libretto by the composer

War Memorial Opera House

401 Van Ness Avenue, San Francisco

She has long been condemned as a harlot, or dismissed as a minor player in a well-known sacred narrative, but ancient manuscripts discovered in recent decades tell a very different story, giving us a striking new viewpoint on Jesus' message to humanity. Mary Magdalene is placed at the center of the story in this world premiere by **Mark Adamo**, a "brilliant theater composer" (*The New Yorker*) whose *Little Women* is the most frequently performed new opera of the past 20 years. **Kevin Newbury**, lauded for his "imagination and emotional nuance" (*The New York Times*), directs a resplendent cast that includes **Sasha Cooke**, **William Burden** and **Maria Kanyova**. **Nathan Gunn**, who possesses "a voice of stunning authority" (*The New York Times*), sings the role of Yeshua. **Michael Christie**, in his San Francisco Opera debut, conducts.

Discussant: **Steven Goldberg, M.D.** and **Victor Bonfilio, J.D., Ph.D.** — Moderator: **Milton Schaefer, Ph.D.**