

President's Message

Mardi Horowitz, M.D.

Our bylaws state the necessity of notifying our members that there will be an election 60 days before the vote of our members. We need to elect a new President to replace me, to become President -Elect on July 1 2010 and President on July 1, 2011, at which time as Past President I will be become a sitting member on both the Management Team and Board of Trustees. We need to know the slate of who is running by the next couple of weeks.

The office of President elect has not had designated candidates for more than a year and a half. An optimum organization that operates in a democratic way would ideally have more than one choice, so that members could choose the platform they prefer for the choices that lie ahead. My hope would be to have competitive elections. Towards that end, you who read this should nominate yourself or draft a good candidate to run for President- Elect.

In my hope for the future, I think that the President ideally would be a person who has been the chair of a division and who has worked on the management team in that capacity. That is not going to happen in this election because so far there are no candidates who meet these criteria. Someone outside of leadership circles will need to step forward: an analyst member of SFCP.

I have enjoyed the office of President because it brings me into close contact with so many esteemed and stimulating colleagues, as well as complex issues that will determine the future of psychoanalysis. As you know, we have had to re-organize our structure and have eliminated the office of paid Executive Director to meet our fiduciary responsibility. The unpaid President basically is our Chief Executive, supported by our Treasurer and Finance Committee in supervising the activities of a paid Chief Operating Officer and his or her paid staff.

While the final decisions about SFCP are made by a democratic vote of the Board of Trustees, the SFCP President has a great deal of leadership power. Please step up and run for President-Elect to help the BOT in its decision making. There are big choices of what to maintain and what to change as we evolve SFCP into a bright future, as outlined in prior messages in the Newsletter.

SCIENTIFIC MEETING:

**“Crossing the Cultural Divide:
Taking Freud to China ”**

April 12, 2010, 7:30 P.M.

Elise Snyder, M.D.

**** Newsletter Material Deadline: 4/15/10 ****

SAN FRANCISCO CENTER FOR PSYCHOANALYSIS

Chair:	David Glotzer
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Division/Committee Reports:

Membership Division: Mary Ewert, D.M.H. - mjedmh@comcast.net

Membership Services Division News

Mary J. Ewert, D.M.H.

I hope by now that everyone has had a chance to see and to explore the new format of the SFCP Newsletter. As someone who has found it difficult to give up the printed page, (I still subscribe to a daily printed newspaper), I have had an enjoyable experience navigating my way around our new Newsletter. What has your experience been? I hope many of you will be inspired to write a Letter to the Editor, Naomi Janowitz, giving us your comments and opinions about both the format and content of the Newsletter. Letters and other submissions should be sent to Marcia Parham at membership@sf-cp.org.

Recently, there have been some clarifications and changes in the SFCP CME/CE policy. From now on, fees for CME/CE credits will be charged separately from program fees for all programs. SFCP members will be charged \$10 per credit and all others will be charged \$12 per credit. For longer programs such as the Yearlong Programs offered through the SFCP Extension Division, CME/CE credits will be offered for each section of the program so participants can choose how many credits they wish to pay for. There will be a \$200 cap to the cost of credits for the longer programs. Additionally, we have also clarified the attendance policy for psychologists on obtaining credit for courses that extend over more than one session. Psychologist participants will be expected to attend 80% of the meetings for a section in order to claim credits for that section. These changes will also be explained in the Fees/Payment and CME/CE Credits Policy sections of the new Extension Division Catalog to be published in May, 2010.

In other news, I would like to encourage everyone to come to the April, 2010 Scientific Meeting. SFCP strongly supports cultural competency in our clinical work. In recent years, an interest in psychoanalytic theory and method has blossomed in China and many European and American analysts have responded to this interest. In April, Dr. Elise Snyder will be our guest presenter and will be interviewed by Dr. Phyllis Cath about the American-Chinese Alliance of Psychoanalysts and Chinese Mental Health professionals (CAPA), a program Dr. Snyder has individually developed. This program, moderated by Dr. Erik Gann, will offer us the opportunity to hear and discuss how psychoanalytic ideas have been brought to China. We will consider how psychoanalytic ideas have been made relevant to Chinese culture and what it is like to teach, supervise, and treat patients in China while working in the English language and using modern technology as the means of communication. This promises to be a fascinating program and I invite all to come and engage in this timely and very important discussion.

Scientific Meeting Report: Peter Goldberg, Ph.D. - petergoldberg@restio.org

No report this month. Check back next month.

Research Division: Joseph Caston, M.D. - joecaston@comcast.net

No report this month. Check back next month.

Faculty Committee: Phyllis Cath, M.D. - pjath@gmail.com

No report this month. Check back next month.

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Comm. Edu. & Services Division: Gary Grossman, Ph.D. - gary.grossman@ucsf.edu

CONGRATULATIONS TO THE GRADUATES OF 2010!

SFCP GRADUATION DINNER CELEBRATION: Saturday, May 15th

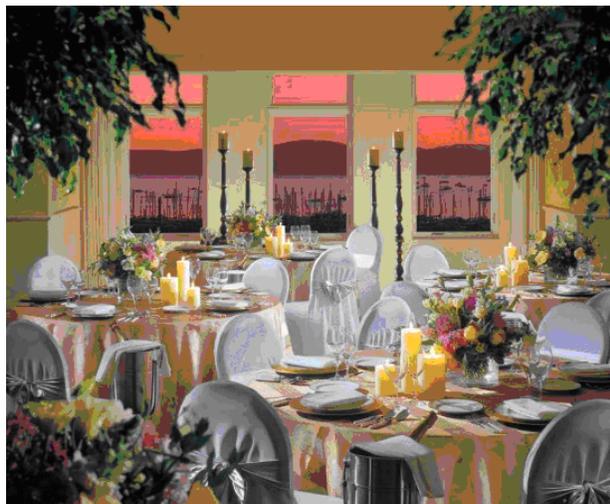
Lisa Buchberg, D.M.H. & Gary Grossman, Ph.D.

We are writing to invite all our members and candidates to join together in celebration of our 2010 graduates. The graduation ceremony will take place in our Jackson Street Auditorium at 4:00pm. Our invited speaker will be Dr. Joe Caston. All members, candidates, family and friends are invited to attend. There will be a champagne reception following the ceremony on our veranda (weather permitting) overlooking Pacific Heights.



This year's Fabulous Dinner Celebration will take place in Sausalito at the historic Casa Madrona Hotel, with catering provided by Poggio Trattoria. Wines and hors d'oeuvres will be served beginning at 6:30 in the Mikayla Room, <http://www.poggiotrattoria.com/pano4.html>, followed by a 3-course dinner. Free valet parking will be available and there is ample street parking as well. The cost for members and their guests will be \$125 and \$95 for candidates and guests.

The views of the bay are breathtaking and space is limited, so please be sure to register early. If there is a group you would like to dine with, feel free to organize tables of 6 – 10 people. Of course, not everyone has the time to plan a table, so we encourage you to sign up individually or with a guest.



This promises to be a truly spectacular setting and it is a wonderful opportunity for reunion, renewal, and merriment, as we honor our graduates and celebrate our psychoanalytic community.

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The Low Fee Psychoanalysis and Psychotherapy Referral Service

Linda Bartlett, Ph.D.

Dear SFCP Analyst Members, Faculty, Candidates, Community Members,

Our Low Fee Referral Service has been providing referral for psychoanalysis and psychotherapy to adults, adolescents and children. Our **main focus** is to make referrals for psychoanalysis to facilitate training needs of our Candidates. However, with the current economy and changing needs of the calls we have been receiving, both Members and Community Members are included in accepting psychotherapy referrals. Because of more availability, we are interested in receiving **more referrals**.

I am writing to encourage *everyone* who is currently teaching at any of the Schools in the Bay Area, supervising, teaching or working at Hospitals or Clinics to please make announcements to students in your classes or people in your work setting about our Referral Service. I am including a summary of our LFRS in an attachment, which you may hand out to those who might be interested.

Also, I would like to **update** our **referral list**, so if you are interested in seeing someone for analysis at a low fee of less than \$40.00, psychotherapy at \$75.00 or below, please let me know.

Please include:

- Name, location of practice (East Bay, North Bay, South Bay, City)
- Any specifics that would help facilitate a good match, i.e.: speak a second language, group focus, what year candidate you are, etc.
- Your lowest *fee range* for psychoanalysis or psychotherapy

If you accept a referral, it is important to contact me with an update on whether the referral works out. We are keeping a data base that we will be reporting monthly in the Newsletter. Also, the referrals will be given first to Candidates who need cases, and the psychotherapy referrals will go to those available from All Membership.

For your information, all interested callers should be instructed **first** to call the SFCP Office at 415.563.5815. **Initially, it is important to send ALL the calls to me so I can screen the call, and have a master list of all calls.** Next, I route the caller to specific locations, to facilitate contact with a clinician.

Currently, the referral contacts are as follows:

San Francisco & North Bay: **Linda Bartlett, Ph.D.** at 415.673-3275

East Bay: **Jean Harasemovitch, L.C.S.W.** at 510.527.9106

South Bay: **Jan Mill, Ph.D.** at 650.325.6834,

Community Member referrals for psychotherapy go to **Dwayne Shanz, Psy.D.** at 415.518.7640

Thank you for your help,

Linda Bartlett, Ph.D.

Director, Low Fee Psychoanalysis and Psychotherapy Referral Service

phone: 415.673-3275

email: dr.lindabartlett@gmail.com

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Community Membership: **Renee Spencer, M.F.T.** - reneespencer@mac.com and
Vittorio Comelli, Psy.D. - comelliv@gmail.com

Outreach & Marketing to Students & Pre-licensed Clinicians – Volunteers Needed

Renée Spencer, M.F.T. and Vittorio Comelli, Psy.D., Community Membership Co-Chairs
Claudette Heisler, Ph.D. and Meryl Botkin, Ph.D., Outreach & Liaison Committee

We'd like to tell you about a new effort that we're making to work across all membership groups of the Center to develop an improved outreach approach for students and pre-licensed clinicians, (and hopefully in the future to the public community at large). In addition, we are recruiting one or two volunteers to assist in this effort.

Need

It's a given that it's advantageous for the Center to have involvement with clinicians early in their careers and SFCP has numerous programs of interest to students and pre-licensed clinicians. But with fewer psychoanalytic training programs there has been a decline in student exposure to, and therefore interest in psychoanalytic approaches. Currently only 10% of SFCP's community members are students or pre-licensed clinicians. One obstacle to outreach to students is that even in the age of email, it is difficult to access students at programs and training sites scattered over the Bay Area. One strength that the Center has is its over 600 affiliated clinicians with connections through the local community, including the very programs we would like to access.

Concept

We'd like to develop a better system for making contact with students and pre-licensed clinicians. Part of the system will be developing a way to disseminate appealing email announcements about SFCP programs and events of interest to this group. Succeeding at this depends on the contacts that people within our Center membership have at schools, programs and training sites and their helping us to reach out to them.

Please Join in the Effort!

We are looking for one or two individuals to serve as an advertising coordinator(s) for this effort, not alone, but in conjunction with all at SFCP who are involved in outreach and liaison. This would be an ideal role for one or two community members (though open to all membership categories) with an interest in outreach and growing the number of students and pre-licensed clinicians involved with the Center. It would provide a chance to learn more about SFCP's program offerings as well as expand one's network of colleagues. This is a much needed and evolving role and a chance to make a creative and meaningful contribution to students, the Center and psychoanalysis. Personal qualities that would be a good fit include a zest for writing, collaboration and experimentation. Please contact one of us if you're interested in speaking more about it.

Soon, we'll also need help from those in our community who can provide contacts at local schools and training sites. Stay tuned, more information and specific requests coming up.

Training Division: **Mary Margaret McClure, D.M.H.** - mmm94941@comcast.net

Task Force for Changes in Training at SFCP: Response to Proposed Changes at APsaA

Mary Margaret McClure, D.M.H.

The Membership Committee, the Faculty Committee and the Training Division have formed a Task Force to begin to work out how SFCP will implement the changes in training proposed by the Board of Professional Standards at the January meetings of the APsaA. Mitch Wilson will chair the Task Force, and he will work with Shela Fisk, Helen Schoenhals Hart, Robin Deutsch, Maria Longuemare, Lisa Roth, Beth Steinberg, Audrey Kavka, Georgine Marrott, Bob Epstein, and Jonathan Dunn. The Task Force will begin their work this Spring and will continue through next Fall after the details of the changes have been voted on by the BOPS at the meetings of the American in June. The proposal of waivers for candidates in analysis with non-training analysts will be the first issue the Task Force will consider. Their task will be to review the major issues that this change would involve and propose SFCP policies to address these issues. Then the Task Force proposals will be brought to the Membership, the Faculty, and the Training Division for further discussion, debate,

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and working out of the details of implementation. Final approval of all changes in training will come from the Management Team and the Board. It will not be until the Fall that this new Task Force will be able to consider other proposed changes such as alternate pathways to certification at the local level and alternate pathways to becoming a training analyst, and the separation of the supervising analyst designation and function from the training analyst designation and function.

All of us involved in this process strongly urge the members, faculty and candidates of SFCP to be informed and to participate in our discussion of these changes at SFCP as it is an opportunity for us to consider and define important aspects of our identity as an organization. Very soon the final Standards document that the BOPS will be voting on in June will be available to us to review through the Members section of the APsaA website and through the member's line email. Once again Erik Gann and Steve Goldberg will be our Center's representatives to BOPS and will be voting on these proposed Standards. Members, faculty, and candidates will have a chance to discuss the work of the Task Force and the results of the BOPS vote at a morning meeting at SFCP on June 19. An announcement of the details of this discussion will be forthcoming by email.

If you have questions about this process or the changes that have been proposed please feel free to contact Mary Margaret McClure (415-388-1602; mmm94941@comcast.net) or Phyllis Cath (415-921-5719; pjicath@gmail.com) or Mary Ewert (415-922-7646; mjedmh@comcast.net) or Mitch Wilson (510-843-4660; mdwmd@comcast.net).

Candidate & Community Members Host Gatherings to Welcome People to the Center

Beth Steinberg, Ph.D.

Throughout the month of January, Candidates and Community Members hosted four Open Houses in Candidates' homes in four different areas -- in San Francisco, Berkeley, Mill Valley and Palo Alto – for folks interested in learning more about involvement in SFCP, as well as prospective and current applicants for analytic training. The Open House gatherings were a resounding success!

These gatherings hosted by Candidates and Community Members are one part of the Psychoanalytic Training Division's outreach efforts. Originally conceived as a way to offer a warm and welcoming atmosphere to people interested in SFCP, its Extension Division, Community Membership, and Psychoanalytic Training Program, the Open Houses have achieved the desired result.

The Candidates and Community Members involved in these Open Houses reported unanimously that the events provided an extremely warm, inviting way for people to find out more about the center. Socializing while enjoying hors d'oeuvres (or a meal & discussion around a kitchen table at one home!) and drinking wine, participants got to know each other. We then sat down together to talk more seriously, addressing questions and concerns, debunking myths, and sharing personal experiences of being candidates and members.

The candidates who participated expressed that they felt they had a unique opportunity to convey the richness of their experience of the training, supervision and teaching, as well as the ways the candidate groups have enriched our personal and professional lives. Most importantly, potential applicants and members of our community were met by a group of inviting professionals who are committed to SFCP and happy to claim it as a professional home, and were able to get a feel for, first hand, what it would be like to be part of this group. Many people exchanged business cards with each other, having made new connections generated from their gathering. As one Community Member commented, "I think these small, intimate gatherings provide a wonderful way to have new and old community members of SFCP find more of a sense of 'home' within SFCP."

A heartfelt thanks to the Candidates who generously hosted these Open Houses in their homes: Jacqueline DeLon, Cia Foreman, Sarah Stadler and Beth Steinberg, as well as the Candidates and Community Members who co-hosted these events: Amy Handler-Caldarola, Vittorio Comelli, Milena Edwards, Debora Fletcher, Adam Goldyne, Kyra Minninger, Julia Mitrevski, Lisa Roth, Celeste Schneider, Michael Smith, Renee Spencer, Marc Wallis, Walt Beckman, and Jeff Yost.



Columns:

— On Having to Decide

An Argument for Training Analysis Rules

Margot T. Beattie, Ph.D.

Three Points:

The current requirement that a training analyst analyze candidates is primarily an attempt to give the candidate-in-training better odds of being analyzed by a more experienced analyst. 'More experienced' in having met the criterion of immersion which in itself is based on the old adage – practice improves performance. Are there some less proficient analysts among the training analyst group? Undoubtedly. Are there some gifted analysts who are not training analysts? No question. But in the game of odds, training analysts as a group lead the pack in competence.

Secondly, some say an analysis should be 'personal', not encumbered within a training experience. All analyses are personal. A training analysis is personal and more. Long after classes are over and supervisors have scrutinized clinical work, impediments to conducting psychoanalysis rest in the candidates' personality. This is probably why so many analysts are pulled to engage in psychoanalytic psychotherapy. It suits them personally. The analysis of a candidate can dovetail with supervision in ways that greatly enhance the learning of psychoanalysis and promote deep analytic achievement with patients. In my mind, that is why it is called a "training analysis".

Finally, at the core of psychoanalysis the experience of becoming responsible for being the architect of one's life is accompanied by the slow development of a capacity to accept that life is not necessarily as we want it to be – that lack and loss are ontological underpinnings of human existence. To pretend otherwise, to pretend that we are all equal, to think one can 'case-by-case' know best, reinforces the illusion of security and feeds the narcissistic fantasy that we can structure reality on our own terms – terms that are ultimately life-draining.

In a larger context, I am concerned that allowing candidates to choose their analysts according to their own criterion is part of a 'watering down' of psychoanalytic training that probably goes beyond being 'market driven'. I don't understand the forces at play, but it saddens me. I personally see no advantage to the preservation and growth of psychoanalysis - both as an intriguing mental endeavor and as a clinical means of reclaiming being human - in minimizing differences between analysts and training analysts, or in incorporating a psychoanalytic psychotherapy program at a Center, the function of which, is to train candidates in the difficult and rewarding enterprise of becoming analysts.

— Reading Psychoanalysis/Psychoanalytic Reading

The Mystery of Analytical Work: Weavings from Jung and Bion

By Barbara Stevens Sullivan (Routledge, 2010)

Reviewed by Cia Foreman, Ph.D.

My stomping ground used to be the Jung Institute in San Francisco where someone whose name I can't remember referred to psychoanalysis as "the two-drive, one-complex theory." Not all Jungians were so flippant and object relations theories dovetailed well with the Great Mother and the Divine Child. Jungian analyst, Barbara Stevens Sullivan, in her recently published book, *The Mystery of Analytical Work: Weavings from Jung and Bion*, takes on the ambitious task of relating the theories of these two seminal thinkers and how they have influenced contemporary analytic practice. She gives the reader a glimpse into how each, as followers of Freud, grappled in their unique way to elucidate the mystery of the unconscious.

This book is composed of two parts. In the first part, "Theoretical Considerations," Sullivan details Jung's concepts about the collective unconscious, the Self, and the drive toward individuation, and describes Bion's ideas on alpha functioning, O, and the nature of truth. In this section, she includes a comparison of Rosenfeld's narcissistic omnipotent character structure with Bion's thoughts about a sane and a psychotic part present in every person. In the second part, "Clinical Implications," Sullivan focuses on case material to illustrate ideas on memory and desire, not-knowing, and the transcendent function, a sampling of the many topics included in a chapter on the listening process. She concludes the book with

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Reading Psychoanalysis continued from page 7

a chapter on transformation. Using examples from her own clinical practice, she discusses Jung's ideas on transformation, the union of opposites facilitating individuation, and Bion's on transformation in O, destruction and revision that makes way for something new.

"Beginning with Relationship" is the title of the first chapter and serves as an introduction to what is at the heart of this book. Sullivan emphasizes that the work of analysis is always a work in flux, a relationship that involves and impacts both participants on conscious and unconscious levels. She traces her own development from her former "Apollonian stance of perfection" to her discovery of Bion via an inspired reading of Symington's *Pattern of Madness*. She tells the reader how reading Bion dramatically shifted her perspective, eventually leading her to focus on relatedness as the crucial aspect of analytic work. Speaking from her own experience, she notes the danger of an analyst becoming enmeshed with a particular theory and technique to the extent of being blind to what is occurring in the therapeutic relationship that falls outside of that vision. In keeping with the spirit of this idea, she lets us know that what she is writing about is "her Bion."

This first chapter is a very readable synopsis of various historical and contemporary views of transference and the role of interpretation. In essence it focuses on how and why analysts view, listen, and interact with patients as they do. The sections on "What is Analysis?" and "Taking a Symbolic Attitude" will be especially helpful to students unfamiliar with analytic work. Although it is apparent that she has given a great deal of care in considering various perspectives, at times Sullivan seems to have overlooked the evolution of theory and practice of contemporary psychoanalytic thought that incorporates the here-and-now of the analytic couple, the field between them, and unconscious processes integral to change in the deep structure of the analyst's as well as the patient's psyche. Yet, as the book develops, it becomes clear that she has a more complex conceptualization of psychoanalytic thought and the process of psychoanalysis.

Sullivan spells out what Jung defined as the collective unconscious and what he meant by the Self. She shows how both Jung and Bion attempted to express the unnamable, the limitless universe of the unconscious. She has crafted an extremely dense and detailed description of the intersections of the ideas these two men held as central to human nature, the psyche, "the mystery of an intangible inner universe," and to the growth of the individual. Where Jung speaks of archetypes, one of which is the Self, as organizing matrices of the unconscious that are fluid and always *in potentia*, Bion "postulates a primary reality called 'O'" that Sullivan says is "roughly equivalent to what Jung called 'the collective unconscious.'"

She suggests that we look more closely at what Jung actually said and how his ideas are related to psychoanalytic thinkers who integrate the prospective function of the psyche and the creative aspect of the unconscious. She says, "Rather than dismissing religion from its obvious irrationality, both Jung and Bion investigated it as a projection of the psyche's nature. Where Jung uses the word 'god' in analyzing the meaning of religious imagery, repeating not infrequently that he is not talking about a hypothetical outer reality but about a demonstrable *inner* reality, Bion invents the neutral term "O."

Jung published the *Psychology of the Transference* in 1946, a work that Sullivan calls his "intersubjective masterpiece." Years earlier, in 1916, he wrote about the transcendent function. Sullivan quotes Jung: "The shuttling to and fro of arguments and affects represents the transcendent function of opposites. The confrontation of the two positions generates a tension charged with energy and creates a live third thing --- not a logical stillbirth ... but a movement out of the suspension of opposites, a living birth that leads to a new level of being, a new situation." Sullivan sees this concept of Jung's as a precursor to Winnicott's transitional space and to Bion's oscillations between the paranoid-schizoid and the depressive position.

The Mystery of Analytical Work: Weavings from Jung and Bion is a well-researched study and reflects her deep understanding of Bion's theories. And although psychoanalysts versed in Bionian thought will likely not find anything new in this respect, Sullivan's expansive knowledge of Jungian theory and how she relates it to Bion offers psychoanalysts less schooled in Jungian thought a way to discover, and perhaps integrate some aspects of the lesser known "other."

In this interesting comparison, contrast, and overlap of Jung and Bion, Sullivan provides a theoretically and clinically well-developed and well-written text that explores the intricacies of the mind and the paradoxes that constitute a human life and human relationship. Sullivan, weaving the convergences and divergences of the contributions of Jung and Bion, makes us remember that the mystery we encounter in analytic work with the unconscious, with what is unknown yet can be experienced and made meaning of, and with each other, is the stuff of transformation.

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— **Personal Reflection**

Why SFCP is Important to Me

Mary McMillan, M.F.T.

In 1990 I was wandering wide-eyed through the aisles of what was then the San Francisco Psychoanalytic Institute Library, touching names on the bindings of books that seemed to have mystical powers: Freud, Winnicott, Segal... enchanted by Susanna, who always greeted me when I came in, sweetly answering my questions and offering support. Later, during seminars and lectures in that same room, I watched her attending to the needs of an elderly or discontented guest, making sure everyone was comfortable—while simultaneously struggling with phone lines and recorders and computer software. And I knew that this was a place I could attach to.

At that time, I was the first patient of a new candidate at the Institute who was discovering new theories and sharing her enthusiasm. Becoming a Friend of the Institute meant that I could check out those books and soak up those seminars. Within a couple of years, it dawned on me that I had reached the destination in my search for a meaningful new career: I would become a psychoanalyst. At fifty years old, I enrolled in the San Francisco School of Psychology and began matriculating toward my second Masters Degree.

While I was a psychology student, my relationship to the Institute grew more significant. My research depended on the library and the seminars and lectures deepened my learning. When my analysis ended and my internship began, and I found myself alone in the larger world, discovering that Cognitive Behavioral Therapy, health insurance and personal ambition loomed much larger than psychoanalytic theory in the evaluations of supervisors and site providers. But through the Institute, I found people who supplemented my supervision. When I received generous severance benefits after being laid off from my job as a computer programmer, I asked the Institute if I could take a class I'd been lusting after for years. After some negotiation I was allowed to enroll in the Institute's Year Long Study program, even though all the other students were licensed therapists. And so, during my last year as an intern in San Francisco, I thrived in a fantastic education, not only from the faculty but also from the other students.

By the time I finished that class, my intellectual ambition had finally run into financial reality. Working as a computer programmer I'd made lots of money, but had been psychologically and spiritually starved. Working as a therapist, my heart and spirit were engaged, but my wallet was rapidly shrinking. The hope of starting a private practice in San Francisco faded rapidly when I took a hard look at the cost of rent and the dearth of paying internship positions. I was running out of money and I would have to find a paying position to finish my internship. So when my sister suggested I apply for a position where she lived in Mendocino County—a hundred miles north of San Francisco—my hopes leaped. As I graduated from the Year Long Program, I was hired as a clinician in the Mendocino County Mental Health Department.

— **Lost and Found**

A Brief Overview of Siegfried Bernfeld's Life

Naomi Janowitz, Prof.

Several readers asked for more information about Siegfried Bernfeld so here is a short introduction.

Bernfeld's life was a model of the socially active psychoanalyst who wrote constantly and on a wide array of topics. [1] He passionately believed analytic ideas should not be limited to the office nor education to the classroom. The recent publication of Elizabeth Danto's book *Freud's Free Clinics: Psychoanalysis and Social Justice, 1918-1938*, reminds us that for many in the early psychoanalytic circles, being an analyst demanded direct engagement with social causes. Mentioning Bernfeld along with other Viennese intellectuals, Danto writes that for these individuals, "psychoanalysis represented human liberation, social empowerment, and freedom from bourgeois convention" (Danto, 2005:4).

Even a brief review of his life is almost overwhelming in the variety of types of activities he was involved in and the breath of his publications. After receiving a Ph.D. in psychology, he began his career as a left-wing activist by organizing the Jewish youth movement in Vienna (1916-1921). His first book was on this topic, entitled *The Jewish People and its Youth*, and published in 1919.[2] Bernfeld's work with Jewish youth centered on creating a variety of organizations and

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journals to met the particular needs and talents of the youth. Education is necessary in the first place because of the facts of development. That is, as he explains in his book *Sisyphus*, something has to be done with youth while they finish their biological maturing. Most of education then, is a response to this need and the particular form it takes depends very much on the contours of a specific society, combined with a general hostility to children on the part of fathers. Institutions set up by adults too often center on teaching young people the main lesson of obedience to authority. Youth should be given more power and would know what to do with it; they might even best adult institutions.

Bernfeld became a full member of the Viennese Psychoanalytic Society the same year. He was put in charge of a home for Jewish orphans which he ran from October 1919 until April 1920 when he had to step down due to health problems. He wrote a book about the experience, *The Baumgarten Children's Home*, published in German in 1921.^[3] A successful orphanage, he argued, must build in structures to combat the drive to make laws and establish authority. He did this by diffusing power throughout many levels of the organization, adopting parliamentary procedures and running court cases in which children served as the jury (Hoffer, 1965:163-165). Bernfeld realized that this diffusion of power often bordered on anarchy, but felt that everyone could learn to weather the periodic chaos that resulted. His basic goal was to create an orphanage where the children did not seem to outsiders to be typical products of an institution. In order to do, this everyone had to endure periods of conflict that he preferred to the stultifying abuses of authority that seem to occur in institutions as part of their very nature. While Bernfeld was trying to help Jewish war orphans, Eitingon was setting up the free clinic in Berlin and following Freud in his claim that paying or not paying for treatment made no difference (Danto, 2005:13).

Bernfeld acted as secretary to Martin Buber and played a role in shaping the ideology of the early Kibbutz movement in its nascent form in Eastern Europe, articulating many of the ideas which were transplanted to Palestine (Margalith, 1970).^[4] Among his many controversial ideas, Bernfeld argued for full support for mothers when their children are very young, followed by "children's houses" run by people particularly strong in childhood development and education, giving each child the room and support to develop his/her innate capabilities.

After publishing his book, *The Psychology of the Infant*, later to appear in a stilted English translation, Bernfeld moved to Berlin in 1926. Danto recounts a trip of Bernfeld's back to Vienna to give a talk about adolescence. In the audience was Edith Jackson "whose future in child psychiatry would use Bernfeld's theories to alter conventional medical care" in the United States (Danto, 2005:244).^[5] Bernfeld returned to Vienna in 1932 where he participated in weekly seminars on "psychoanalytic pedagogy" open to every one from analysts to schoolteachers.

It is easy to dismiss Bernfeld's seemingly utopian ideas as hopelessly romantic, but many in his circles were impressed that he always tried to find ways to implement them. As Utley writes about Bernfeld, "His originality lay in his ability to devise new intellectual and institutional syntheses (Utley, 1979:349-350)." Bernfeld was able to address himself to the "pressing issues of the post-traditional order," recruiting into his Jewish youth movement a wide diversity of types of people to help address the issues of the changing political landscape. In Bernfeld's view, simply complaining about the institutionalization found throughout society is not enough, since the drive to form some type of hierarchy and assert authority is so strong that some form of organization is inevitable in any social circle. During his life he offered a series of models for educational institutions, always trying to construct these models based on his social and then psychoanalytic values. And of central importance, he adapted his models based on his experiences.

Bernfeld fled the Nazis, finally settling in San Francisco where he was part of the early analytic community. He and his wife, Suzanne Cassirer Paret, produced a number of meticulous studies on Freud's life that were a major source for Jones' biography (Trosman & Wolf, 1972). His wife was the daughter of the famous art dealer Paul Cassirer; one of the many anecdotes about Bernfeld is someone meeting Bernfeld on the street in San Francisco carrying a Cezanne under his arm, planning to sell the picture in order to raise needed funds (Benveniste, 1992:11). His wife was an active participant in the early analytic circles during his lifetime and for many years after he died.

Arriving in San Francisco, he had the odd status of being one of the few of Freud's disciples from the original circle in Vienna but was never made a member of the San Francisco Psychoanalytic Institute. He had become a lay analyst through mentoring by Freud but that did not outweigh his lack of a medical degree. When Bernfeld asked Freud if he should have a didactic analysis first, Freud replied that this was nonsense and a week later sent Bernfeld his first patient. When Bernfeld asked Freud for guidance, Freud said, "You know more than he does. Show him as much as you can" (Bernfeld, 1962, p. 463).^[6] In addition, the structure of psychoanalytic education he found in America was a rigid application of the Eitingon model. Bernfeld remained committed to his much earlier concerns about this model, stating, "I have never been fully convinced that the weaknesses of a school-like organization are outweighed by its advantages" (1973:77).



Many of Bernfeld's concerns resonated with other analysts and some of the early rules were dropped. By and large however, institutes in many countries continue to employ the Berlin model of psychoanalytic education. Bernfeld's critique has not been entirely lost however. His paper "On Psychoanalytic Training" is a touchstone, cited in numerous places for the warnings it contains. Samuel Lipton supported making the training analysis voluntary by stating, "The views I express are in general agreement with those of Siegfried Bernfeld as reported in his paper..." (1988:11). Kernberg also refers to Bernfeld as the classic example of psychoanalysts who "pointed out the destructive nature of the combination of training analysis, supervision and seminars as the system has evolved" (2000:101). For those interested, our library has a videotape of a conference in his memory that gives us a sense of Bernfeld's impact on our analytic community.

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[1] For short introduction to his life see H. Hoffer, 1955 and Ekstein, 1966. Zaretsky has several interesting references to Bernfeld in his recent history of psychoanalysis, noting that Bernfeld coined the term "social location" as part of his attack on W. Reich (Zaretsky, 2004). Material about Bernfeld's period in San Francisco appears in (Benveniste, 1992). For a full bibliography of his writings see Bernfeld 1970:666-671. This listing must be used with caution since it has many errors such as including a book on Jewish Ethics written by a Simon Bernfeld.

[2]The book is available only in German. See W. Hoffer 1965 and Utley, 1979.

[3]This book is available only in German.

[4]He seems to have considered moving to Palestine at one point but does not appear to have put this plan into action any way.

[5]Danto also notes that he was associated with the Socialist Physicians Union but does not give a source for this point (2005:245).

[6] Also quoted in Alexander, Eisenstein, and Grotjahn, 1966:77.



Evening of Art

Due to scheduling conflicts, the Evening of Art has been postponed until next year, 2011. Look for a special exhibition of Susan Yamaguchi's pottery in the near future.

SFCP Staff



ANNOUNCEMENTS

SFCP PSYCHOANALYTIC STUDENT SEMINARS**San Francisco:****"Psychoanalytic Psychotherapy with Gay Men"**Instructor: **Gary Grossman, Ph.D.**When: **Thursdays, April 1 — April 22, 2010**

Time: 7:30 P.M. — 9:00 P.M.

Where: SFCP, 2340 Jackson St., 4th Fl., S.F.

Peninsula:**"Narcissism: An Introduction"**Instructors: **Dana Wideman, Ph.D.**When: **Thursday, April 1—22, 2010**

Time: 7:30 P.M. — 9:00 P.M.

Where: Stanford Psychiatry and Behavioral Sciences
Bldg , 401 Quarry Rd, Stanford

These programs are only open to students.

To register, contact Max Lee at 415-563-5815.

COMMUNITY MEMBERS PROFESSIONAL DEVELOPMENT SALON**"The Web 2.0 Psychotherapist: The Therapeutic Relationship and Social Media"**Presenter: **Keely Kolmes, Psy.D.**When: **Tuesday, April 8, 2010**

Time: 6:30 P.M. — 9:00 P.M.

Where: SFCP Auditorium, 2340 Jackson St., 4th Fl., S.F.

Cost: Free to SFCP members, candidates and community members. For others, the cost is \$35 per meeting payable at the door. 1.5 CME/CE are available for an additional \$15.

Upcoming Salon: Save the Date!!!**Joe Seidler & Jason Seidler***Website Development and Marketing: Conversion Rate Optimization (CRO)*

Tuesday, May 4, 2010

To register, call 415-563-5815 or email finance@sf-cp.org**CHILD COLLOQUIUM SERIES 2009-2010****"Trauma in the Transference: Therapist Abuse by a Sexually Abused Boy"**Presenter: **Charles Parks, Ph.D.**When: **Saturday, April 10, 2010**

Time: 10:00 A.M. — 12:00 P.M.

Where: SFCP Auditorium, 2340 Jackson St., 4th Fl., S.F.

Cost: Free; 2 CME/CE credits available for \$16.

To register, call 415-563-5815 or email finance@sf-cp.org**SCIENTIFIC PROGRAM***Monthly, every second Monday***"Crossing the Cultural Divide: Taking Freud to China"**

Elise Snyder, M.D.

When: **Monday, April 12, 2010**

Time: 7:30 P.M. — 9:30 P.M.

Where: SFCP Auditorium, 2340 Jackson St., 4th Fl., S.F.

Cost: Free; 2 CME/CE credits available.

NB COMMUNITY MEMBERS CLINICAL FORUM*Monthly, every second Tuesday*Presenter: **Vittorio Comelli, Psy.D.**

Discussant: Julie Ruskin, Ph.D.

Moderator: Helen Schoenhals Hart, M.D.

When: **April 13, 2010**Time: 7:00 P.M. — 7:30 P.M. Tea & Cookies and
NB Community-Building Discussion
7:30 P.M. — 9:00 P.M.

Where: 4340 Redwood Highway, San Rafael

Cost: Free; 1.5 CME/CE credits available for \$15.

EB COMMUNITY MEMBERS CLINICAL FORUM*Monthly, every second Wednesday*Presenter: **Marcia van Dyke, Ph.D.**

Discussant: Forrest Hamer, Ph.D.

Moderator: William Glover, Ph.D.

When: **April 14, 2010**Time: 7:30 P.M. — 9:00 P.M.
9:00 P.M. — 9:30 P.M. Tea & CookiesWhere: Herrick Hospital, Conference Room CC,
2001 Dwight Way, Berkeley

Cost: Free; 1.5 CME/CE credits available for \$15.

SF COMMUNITY MEMBERS CLINICAL FORUM*Monthly, every third Tuesday*Presenter: **Vittorio Comelli, Psy.D.**

Discussant: Wendy Stern, D.M.H.

Moderator: Elizabeth Simpson, L.C.S.W.

When: **April 20, 2010**Time: 7:15 P.M. — 7:30 P.M. Tea & Cookies
7:30 P.M. — 9:00 P.M.

Where: SFCP Auditorium, 2340 Jackson St., 4th Fl., S.F.

Cost: Free; 1.5 CME/CE credits available for \$15.

(Continued on page 13)



Announcements continued from page 12

SB COMMUNITY MEMBERS CLINICAL FORUM

Monthly, every third Tuesday

Presenter: **Vinh Thai, M.D.**
 Discussant: Julie Gerhardt, Ph.D.
 Moderator: Janice Mill, Ph.D.

When: **April 20, 2010**
 Time: 7:15 P.M. – 7:30 P.M. Tea & Cookies
 7:30 P.M. – 9:00 P.M.
 Where: Psychiatry Building, Stanford University Medical Center, 401 Quarry Rd, Stanford
 Cost: Free; 1.5 CME/CE credits available for \$15.

SFCP AND SVAPP PRESENT GLEN GABBARD, M.D. “Sexual Feelings in Therapy: Uses and Abuses”

Glen Gabbard, M.D.

When: **Saturday, April 17, 2010**
 Time: 9:30 A.M. – 4:30 P.M.
 Where: UC David Cancer Center, 4501 X St., Sacramento
 For cost, please contact info@svapp.org

POSTGRADUATE EDUCATION: THEORY FORUM

When: **Wednesday, April 21, 2010**
 Time: 7:30 P.M. – 9:30 P.M.
 Where: SFCP Auditorium, 2340 Jackson St., 4th Fl., S.F.
 Cost: Free; 2 CME/CE credits available for \$20.

This forum is open to Members and Candidates only.

CONVERSATIONS ON ADOLESCENTS

Psychoanalytic Perspectives on Youth at Risk
 “The Adolescent Brain Part II: Clinical Issues”

Presenter: **Katherine Fraser, D.M.H.**

When: **Saturday, April 24, 2010**
 Time: 10:00 A.M. – 12:00 P.M.
 Where: Flamingo conference Resort and Spa,
 2777 Fourth St., Santa Rosa
 Cost: Free; CME/CE credits are available for \$15.

To register, call 415-563-5815 or email finance@sf-cp.org

FACULTY DEVELOPMENT PROGRAM

“The Teaching of Close Reading”

Presenter: **Amy Jamgochian, UC Berkeley**

When: **Saturday, April 24, 2010**
 Time: Bagels & Coffee 8:30 - 9:00 / Program 9:00 - Noon
 Where: SFCP Auditorium, 2340 Jackson St., 4th Fl., S.F.

\$20 Admission

To register, call 415-563-5815 or email finance@sf-cp.org

PSYCHOANALYTIC GRAND ROUNDS @ STANFORD

LAST Wednesday of each month

“Success and the Conflict over Pleasure”

Presenter: **Sharon Levin, L.C.S.W.**

When: **April 28, 2010**
 Time: 6:15 P.M. – 7:30 P.M.
 Where: Psychiatry Building, Stanford University
 Medical Center, 401 Quarry Rd, Stanford
 Cost: Free; CME/CE credits available for \$10.

For information call 415-563-5815.

CLINICAL SOCIAL WORKERS ON THE MOVE (CSWOM)

Tuesday, April 27, 2010 from 6-9 P.M.

PLEASE JOIN US FOR DINNER FOLLOWED BY A CASE PRESENTATION AND DISCUSSION

Dinner 6:-7:15 P.M. / Clinical Presentation 7:30-9:00 P.M.
 Where: SFCP Auditorium, 2340 Jackson St., 4th Fl., S.F.

Presenter: **Rick Nizzardini, L.C.S.W.**

Discussant: **Clara Kwun, L.C.S.W.**

CME/CE credits are pending.

Please RSVP to: 415-563-5815 or training@sf-cp.org
 Outreach Coordinator: Elizabeth M. Simpson, L.C.S.W.
elizabeth@simpsonlcsw.com

SFCP TD OPEN HOUSE EVENT FOR EVERYONE IN THE COMMUNITY

Wednesday, May 26, 2010 from 6-9 P.M.

Where: SFCP Auditorium, 2340 Jackson St., 4th Fl., S.F.

PLEASE JOIN US FOR AN EVENING OF GETTING TO
 KNOWN ONE ANOTHER AND CLINICAL DISCUSSION
 Dinner: 6:15-7:15 P.M. / Clinical Presentation: 7:30-9 P.M.

Presenter: **Laurie Goldsmith, Ph.D.**

Discussant: **Peter Goldberg, Ph.D.**

CME/CE credits are pending.

Please RSVP: 415-563-5815 or training@sf-cp.org
 Psychoanalytic Training Division Outreach: Elizabeth M.
 Simpson, L.C.S.W. elizabeth@simpsonlcsw.com

DIALOGUES IN CONTEMPORARY PSYCHOANALYSIS

“Obstacles to Love”

When: **Saturday, May 1, 2010**
 Time: 9:30am - 12:30pm
 Where: SFCP Aud., 2340 Jackson St., 4th Fl., S.F.
 Cost: \$35-\$45; 3 CME/CE credits available for \$10.

Presenter: **Judith Kantrowitz, Ph.D.**

Discussant: Maria Longuemare, M.D., Ph.D.

Moderator: Mary Margaret McClure, D.M.H.

To register, call 415-563-5815 or email finance@sf-cp.org



Recognitions

Gloria Burk, a recently retired member, published with her daughter *Finding Mr. Ness*, a children's book for 7 to 10 year olds.

Lee Grossman's photos "Amtrak Passenger" and "3rd and Mandela" have been included in the Los Gatos Art Association's annual juried exhibition. "Amtrak passengers" won first prize and "3rd and mandela" won honorable mention. The show runs from March 25 to April 24 at the Los Gatos Art Museum.

Marilynne Kanter has been appointed to the Faculty. She graduated from SFCP in 2006 and entered private practice in 1980. She will be teaching in the SFCP extension. Her interests include deepening the treatment; eating disorders; Bion's theory and its relevance to clinical work; gender issues; theories on adolescent treatment; and psychoanalytic training.

Thomas Ogden published:

1. "Why Read Fairbairn?" in the *International Journal of Psychoanalysis*, Part 1, 2010.
2. *Rediscovering Psychoanalysis: Thinking and Dreaming, Learning and Forgetting*, in Portuguese by Artes Medicas, Sao Paulo, Brazil, 2010.

Paul Ransohoff published "Ethics Education in Psychoanalytic Training: A Survey" *JAPA* 58 (2010), 83-99.

Ricardo Winkel presented "The Enduring Importance of Structural Theory: The Assessment of Executive Functions," at The Hebrew University of Jerusalem, Department of Psychology, Jerusalem, Israel.

Susana Winkel presented "The Role of Aggression in the Analysis of Infertility," at The Hebrew University of Jerusalem, Department of Psychology, Jerusalem, Israel.

ADS

Office Sublet or Share in SF Financial District: Spacious and comfortable psychotherapy/psychoanalytic office with private waiting room and separate exit from the office to afford maximum privacy. Large office is furnished with therapy chairs, psychoanalytic couch, antique secretary desk, bookcase, art. Waiting room has secure code entry and is furnished with two chairs, tables, plants, fountain, art. Available afternoons (beginning at 2p.m., time negotiable) and evenings at \$200/day for the month (e.g. Mondays and Wednesdays = \$400/month) or a negotiated fee for a full office share arrangement. Office is in historic building on Market at Montgomery, steps from BART. Please contact me, if you would like more information. Linda Lagemann, Ph.D. 415-640-7343.

Victorian Office: Quiet, well established Lower Pacific Heights psychotherapy building at California/Divisadero. Shared waiting area, modern bathroom, kitchen, and sunny deck. Smaller office @ \$600, Larger office @ \$1050. Call Jenn at 415- 971-6390



SFCP LIBRARY NEWS

Library Scavenger: Books for the amateur to be rescued...

- **Contributions to Psychoanalysis, 1921-1945**, by **Melanie Klein**
\$ 20.00 (hardcover, very good condition, Hogarth Press, London, 1948)

Library Services

The library can provide for single users Xeroxing service for a fee: \$0.15 per sheet plus a flat fee of \$3.00 per article and cost of postage.

The library provides bibliographic literature searches for \$8.00.

The library utilizes several online resources including the National Library of Medicine's Docline to provide you with comprehensive, efficient Interlibrary Loan service. The cost for each interlibrary loan received from University Libraries is \$15.00; interlibrary loans (ILL) retrieved from our local NCCPL Consortium are free.

Library News

Fishing out:

Below is reported a paragraph from a Leo Bersani's book, below mentioned; the book was published in 1986 by Columbia University Press. The book is available at the library and at the SFCP bookstore.

The Freudian Body: Psychoanalysis and Art by Leo Bersani

Table of contents:

Introduction

Chapter One: Theory and Violence

Chapter Two: Sexuality and Esthetics

Chapter Three: Pleasure of Repetition

Chapter Four: Freud's new World

Conclusion

"One thing is certain: fifteen years before the beyond the pleasure principle, Freud is already considering a problematic of repetitions. But in the Three essays, the mysterious repetition (and even intensification) of something unpleasurable is explicitly seen as inherent in sexuality. Freud seems almost on the point of suggesting that beyond the pleasure principle we find—sexuality. It is, in any case, repetition—or what could perhaps be called an insistent stasis—which blocks Freud's attempts to define the sexual. The impossibility of definition appears to be inscribed in the very act of description. We never, as Freud admits, get to the "essence" of sexuality, but sexuality would be somehow connected to a pleasurable unpleasure, or the impulse to increase an already unpleasurable pleasure, or to remove a stimulus by replicating it... [in the chapter, Sexuality and Esthetics, p. 34d-35a]

WINTER/SPRING 2010

San Francisco Center for Psychoanalysis Library and Bookstore Hours

Monday	12:30 A.M. to 4:30 P.M.
Tuesday	9:30 A.M. to 4:30 P.M.
Wednesday	9:30 A.M. to 4:30 P.M.
Thursday	1:00 P.M. to 5:00 P.M.
Friday	1:00 P.M. to 5:00 P.M.

The Library is not closed for lunch.

If you can not reach the Library-Bookstore during these hours, please contact us through these numbers

Tel# 415-563-4477

Fax# 415-563-8406

E-mail: library@sf-cp.org



SFCP BOOKSTORE PRESENTS

***Invasive Objects: Minds Under Siege* by Paul Williams**

The "Director" controls Ms. B's life. He flatters her, beguiles her, derides her. His instructions pervade each aspect of her life, including her analytic sessions, during which he suggests promiscuous and dangerous things for Ms. B to say and do, when he suspects that her isolated state is being changed by the therapy. The "Director" is a diabolical foreign body installed in the mind who purports to protect but who keeps Ms. B feeling profoundly ill and alone.

The story of Ms. B's analysis is one of many vivid illustrations presented in this collection of papers by Paul Williams, who shares his lifetime of experience working with severely disturbed patients. As the title suggests, the unifying thread of these papers is the investigation of serious mental disturbance, often characterized by the presence of intrusive and invasive thoughts and fantasies that originate in a traumatic past but which can colonize and destroy the rational mind. The diverse papers are grouped into two related sections. Part one is comprised of papers with a clinical orientation, including a summary of the analysis of Ms. B as well as a speculative paper on the psychosis and recovery of John Nash. In part two, applied psychoanalytic thinking is integrated with Williams' other professional passion, anthropology, in a paper that exemplifies generative thought through art, poetry, and tribal masks. Other papers in this section include a short essay that takes Freud-bashers to task, a reappraisal of the Rat Man, and a lively discussion of André Green's "central phobic position" in borderline thinking.

Whether engaging in the coconstructed therapeutic relationship or the implications for "madness in society" at large, Williams' diverse influences – psychoanalytic and otherwise – repeatedly come to the fore in an intellectually stimulating and clinically enriching way. It goes without saying that work with patients whose thinking is psychotic is a challenge, as these papers clearly demonstrate, but Williams reminds us that it is a challenge that psychoanalysis can not only engage but also treat with enduring and impressive therapeutic results.

Order Form: Cut and send to **SFCP Bookstore**
Attn: Susanna Bonetti
2430 Jackson Street, 4th Floor
San Francisco, CA 94115

Invasive Objects: Minds Under Siege

List price + tax	\$39.60 _____
Shipping & handling	\$ 5.00 _____
TOTAL	\$ _____

NAME: _____

ADDRESS: _____

**REMEMBER TO ORDER YOUR BOOKS
AT THE SFCP BOOKSTORE!!!**

The SFCP Bookstore has become a reliable service for many.
It can order any book from many different publishing houses, and all the books are sold at list price. Books in general arrive in 10-12 days. The bookstore relies on your support to continue its dedicated service in helping mental health professional to fulfill their book needs.



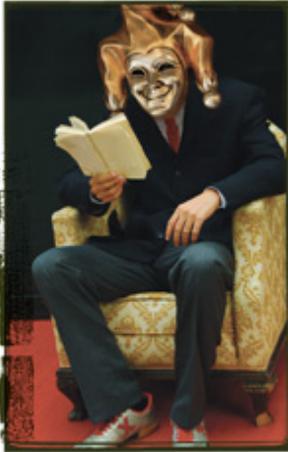
When a cigar is...



SAN FRANCISCO
CENTER FOR
PSYCHOANALYSIS



Friday, April 2, 2010; 8PM
A.C.T.'s Geary Theater



VIGIL

By **Morris Panych**

Two powerhouse performers return to the stage in a darkly comic tour de force from the creator of *The Overcoat*. Academy Award winner Olympia Dukakis (*Steel Magnolias*, *Moonstruck*, A.C.T.'s *Hecuba*) and beloved Bay Area actor Marco Barricelli (A.C.T.'s *Long Day's Journey into Night* and *A Streetcar Named Desire*) tackle this moving, surprising new work by major Canadian writer and director Morris Panych. Barricelli stars as a self-involved bachelor who is summoned to care for an elderly aunt, whom he hasn't seen since childhood. As their relationship evolves in unexpected ways, this taut, terrific stunner explores complex emotions of family, friendship, and the human condition.

How to order tickets!!!

Tickets to all shows can be purchased at the box office at market value.

The box office telephone number is **415-749-2228**.

Theater on the Couch panel
Linda Lagemann, Ph.D.

SAN FRANCISCO
CENTER FOR
PSYCHOANALYSIS



Opera on the Couch

War Memorial Opera House
401 Van Ness Avenue

TAKE A WILD
RIDE WITH A
VALKYRIE!

DIE WALKÜRE

RICHARD WAGNER
Libretto by the composer



Sunday, June 13, 2010 at 1 pm

A powerful god finds himself torn by conflicting loyalties in the second installment of Wagner's majestic Ring cycle, which features the famous "Ride of the Valkyries." Director Francesca Zambello gives this epic tale of an emotionally volatile father and his disobedient children a distinctly American touch while honoring its mythic roots. Donald Runnicles, whose command of Wagner's music "offers one of the city's most reliable musical thrills" (San Francisco Chronicle), conducts a world-class cast including two stunning sopranos: Nina Stemme, the sublime Senta of San Francisco Opera's *The Flying Dutchman* (2004), and Eva-Maria Westbroek, whose Wagnerian vocalism was called "outstanding" by London critics. Mark Delavan, hailed by the San Francisco Chronicle as a "robust and commanding" Wotan in the 2008 Ring cycle opera *Das Rheingold*, continues the journey.

Steven Goldberg, M.D. and **Milton Schaefer, Ph.D.**

The San Francisco Center for Psychoanalysis and the San Francisco Opera invite you to the performance of *Die Walkure*, followed by post-performance psychoanalytic discussion of the opera. San Francisco Opera is pleased to offer SFCP members 15% off regular ticket prices."

To purchase ticket visit: www.sfopera.com/offer
Enter offer code: **SFCP10**

Please join SFCP program co-chairs, Dr. Steven Goldberg and Dr. Milton Schaefer, and colleagues for a psychological perspective of the opera at our post-performance discussion, **Opera on the Couch** immediately after the performance.

Post performance discussion begins approximately 15 minutes after the performance and is located at Books Inc. in Opera Plaza, 601 Van Ness Ave.

We strongly suggest that you order early as weekend performances often sell out. Seating is assigned at the time of purchase and is not reserved in advance of this offer. A discount is available through the special web page only, not by phone or in person, and expires at midnight the day before each performance.

Graduation and Dinner Celebration 2010

Saturday, May 15, 2010

Graduation Ceremony 4:00 p.m.

Speaker: **Joseph Caston, M.D.**

Dinner will be at the historic Casa Madrona Hotel
801 Bridgeway, Sausalito, CA 94965

Free valet parking will be available and there is ample street parking as well.

Wine and hors d'oeuvres
Reception: 6:30 p.m.
Dinner: 7:30 p.m.

Graduating Candidates: Complementary
Graduating Candidates Guest: \$ 95.00
Candidates and 1st Guest per: \$ 95.00
Members and all other Guests: \$ 125.00

Questions? Need help with arranging a table?

Call event chair:

Gary Grossman at 415-928-4662 or gary.grossman@ucsf.edu

SFCP Graduation Dinner Menu

Entrees will be served buffet style

Passed Hors d'Oeuvres

Warm Wild Mushroom Tartlets with Ricotta Salata

Toasted Walnut Bread with Gorgonzola and Dried Pears

Twice-Baked New Potatoes with Mascarpone and Thyme

Savory Chickpea and Olive Crostini

First Course

Local Endive Salad with Arugula, Gorgonzola,
Walnuts, Sliced Apples & Honey

Main Course

Chicken al Mattone (Brick Chicken) with Roasted Artichokes, Fingerling
Potatoes and Meyer Lemon

Roasted Seabass with Potatoes, Savoy Spinach and
Lemon Burro Bianco

Vegetarian Selection will also be available

Dessert Course

Tiramisu, the Classic Italian Dessert

 Yes, I plan to attend the 2010 Graduation Dinner:
Table Contact Person: _____

If you would like to prearrange a table of 6, 8, or 10 people, please indicate their names and include your own again. Please PRINT clearly and return this form to SFCP office by May 7, 2010.

1. _____
2. _____
3. _____
4. _____
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9. _____
10. _____

Total Payment Enclosed: \$ _____