

New on-line format and a few minor changes to the paper format

As someone who was told not to put any more books on the second floor of our house lest it fall in, I love paper as much as anyone. I can sense, even over the internet, a sense of mourning for the loss of a neatly typed and printed newsletter arriving in the mailbox. I hope that everyone will print out, fold, doodle on and save any pages of this newsletter that serve them better on paper or make them feel connected to the past.

I also hope we will be able to make good use of the boons of our new format (longer pieces, links to other sites, easier storage and retrieval among them, extra publicity through links). As I become editor, all of the familiar, helpful material will continue to appear: the President's column; reports from the divisions, the Chair of the faculty, the scientific meetings; announcements of future events; ads and the Library Scavenger, etc.

But in this issue I am also adding five new columns and will delete, modify and add new ones in response to community needs, interests and ideas:

1. *Reading Psychoanalysis/ Psychoanalytic Reading*, devoted to analytic readings of culture and readings of psychoanalytic writings. In this issue I am very pleased to present an exclusive: Larry Friedman's review of Dale Boesky's book as presented at the APsA meeting in January.
2. *Lost and Found*, a column that publicizes articles and books the columnist thinks have been unduly neglected. This month we'll look at a translation of Bernfeld's proposal for a new analytic institute, offered by him in 1951 and lost to our archives—until I found a German translation and retranslated it into English with the help of a professional.
3. *On Having to Decide*, exploring the bases by which members of our analytic community reach decisions. This month we begin with the decision to attend a particular institute.
4. *Analytic Linking*, a look at psychoanalysis and related fields in cyberspace.
5. *Op Ed* page. This month we have two op ed pieces, one from Louis Roussel and one from Bronwen Lemmon.

We will also have a *Letters to the Editor* section (*ala* the *NYTimes*, letters may be edited for length).

We have an amazingly talented, articulate and thoughtful community that should be able to create and grow. I hope this newsletter provides a rich level of expression and disagreement—with a dash of fun mixed in.

Finally, I want to give special thanks to Bonnie Glaser for an incredible eight years of service at this job.

Sincerely,
Naomi Janowitz, Prof.
SFCP Newsletter Editor



Reading Psychoanalysis/ Psychoanalytic Reading

DISCUSSION OF "PSYCHOANALYTIC CONTROVERSIES IN CONTEXT," BY DALE BOESKY

by Lawrence Friedman, M.D.

I found this a tough assignment. I was going to ask for a few more years to work on it, but I figured that Dale, Harry and the American were too rigid to accommodate me. So here are some half-baked thoughts.

The reason the task is so arduous is that Dale, with all modesty, has bravely charged into a thicket at the core of psychoanalysis that others prudently skirt. That is the problem of human meaning. That warning signpost, "meaning," gives little hint of the swamp behind it. Dale's subject includes the nature of meaning, the decoding of meaning, the functioning of the human mind, the nature of communication, and, glancingly, how meaning can change and the purpose of analytic therapy. It is a necessary book and an overdue book, and presents a challenge to the profession that will measure its integrity.

An on-line version of the full article is available. Please call Marcia at 415-563-5815.

SFCP President's Column

by Mardi Horowitz, M.D.

PSYCHOTHERAPY TRAINING

I want to thank all of you who have communicated your concepts regarding our movement towards amplifying our SFCP offerings in the direction of psychoanalytic psychotherapy training. In particular, the faculty of the Palo Alto Psychotherapy Training Program has demonstrated the success of their organizational planning, and Richard Almond has led a special task force on how to extend that momentum "Northward." That task force involved many additional people. The following are my views as a result of their ambitious and capable discussions.

Our next step may be a two-year program based in our Jackson Street space with arms extended via web-based courses to trainee/instructor groups situated elsewhere. The model of the SFCP Palo Alto Psychotherapy Training Program would provide the basic structure and be revised and expanded. The overall program will not include course work to master all of psychotherapy. It will focus on understanding and using core psychoanalytic concepts.

The basic modules will be didactic courses, case conferences, and individualized help with case formulations. For the case conferences and individualized work the trainees and/or teachers will supply their own case material. Case examples will be examined for educational purposes (not supervision). The psychotherapy training program will not seek to operate a clinic and will not have forensic responsibility for the clinical practices of trainees. Once again, the purpose is an educational one, a continuing education on psychodynamic principles offered to people who are already trained for, and recipients of licensures to practice psychotherapy. Their ethical issues, if any, would be handled by their relevant professional organizations, not SFCP.

The course work would emerge in discussions by those who developed and taught the highly successful foundations and one-year programs, and those valued teachers within with the Palo Alto group faculty. The leadership is yet to be determined, so let the management team, Susanna Bonetti, Jeff Miller, Richard Almond, or I know of your interests and availability. The eventual leadership will either work within the Community Division led by Gary Grossman, or work to form a plan for a new Psychotherapy Training Division.

This evolving joint effort can lead to a realistic, achievable program for clinicians as they emerge from basic training institutional programs. Our younger colleagues often want to deepen understanding of conscious and unconscious mental and relational processes but do not yet have the financial stability for full psychoanalytic training. I feel confident that this kind of dynamic psychotherapy education program, over two years, will increase rather than decrease the interest, within these younger colleagues, in pursuing eventual full psychoanalytic training. Also I feel optimistic that teaching in this program can inspire faculty and enhance a larger community interest in what contemporary psychoanalytic theories have to offer as a route to deep, humanistic understanding of individuals.



Divisions/Committee Reports

Membership Division: **Mary Ewert, D.M.H.** - mjedmh@comcast.net

No report this month. Check back next month.

Scientific Meeting Report: **Peter Goldberg, Ph.D.** - petergoldberg@restio.org

No report this month. Check back next month.

Comm. Edu. & Services Division: **Gary Grossman, Ph.D.** - gary.grossman@ucsf.edu

Community Membership: **Renee Spencer, M.F.T.** - reneespencer@mac.com and

Vittorio Comelli, Psy.D. - comelliv@gmail.com

Community Members' Clinical Forums: Learn, Network, Have Fun!

Our Clinical Forums are monthly case conferences open to students and clinicians at all levels of experience interested in working psychoanalytically. The format involves a clinical presentation by a psychotherapist of a therapy case of particular interest or concern. Each month a different SFCP analyst is invited to comment on how they listen to the psychotherapy case presented, leaving time for a lively discussion. The clinician group that attends has continuity while welcoming new colleagues each month.

The forums are friendly and engaging events that offer a unique opportunity to build a professional community of peers while discussing clinical material in a safe and comfortable setting. In addition, attendees get exposure to the clinical approaches of a number of analysts.

Clinical Forums are free and CME/CE is optional and offered at a charge of \$15 per forum (1.5 CEUs). They are offered in four Bay Area locations: San Francisco, Berkeley, San Rafael and Palo Alto. Click here (http://sf-cp.org/Community_Members/clinical_forum09-10.htm) for a schedule of presentations at each location. **Bring a friend!**

Research Division: **Joseph Caston, M.D.** - joecaston@comcast.net

No report this month. Check back next month.

Training Division: **Mary Margaret McClure, D.M.H.** - mmm94941@comcast.net

No report this month. Check back next month.

Faculty Committee: **Phyllis Cath, M.D.** - pjcatch@gmail.com

No report this month. Check back next month.



Analytic Linking: LINK TO CANDIDATE JOURNAL

What will be on link: Other Than Young

by Elizabeth Biggart, Ph.D.

Every time feels like a surprise. I am sitting in class listening attentively, when I become distracted by a rising temperature deep under my skin. I can feel my face begin to flush red, my neck feels hot, and tiny glistenings of sweat begin to moisten my hair line. What was I thinking wearing a silk blouse? As the wet silk sticks to my back, I know the cobalt blue fabric will smear forever green. I sit forward, separating my damp back from the chair, in a futile effort to save my blouse. Wiping the beaded drops from my upper lip and hairline only smears my makeup. I look a mess. Sticky, hot, irritable and out \$85 for this blouse, forget the fact that I loved the way it looked with these chic black pants. I have, however, remembered to wear my clothes in layers. The burning urgency to respond to my rising body temperature is all consuming. I can't think of anything else. Completely distracted, I've left the discussion. I casually take my sweater off, trying half-heartedly to keep my personal power surge private. My fellow classmates appear unaware of my momentous, yet mundane change, as they vigorously debate psychoanalytic theory. Surely, at least one has recently watched his wife soak her blouse in a cool room. My desire to be noticed in all of my sweating womanhood reminds me of the burgeoning 14-year-old girls at my son's eighth grade graduation. They self-consciously paraded to the stage on grown-up heels in almost identical, short, cleavage-celebrating sundresses. Of course, they wanted to be noticed, but only when surrounded by other matching girls. Like them, I want everyone to know that I am a woman experiencing a powerful transformation. But I feel so alone right now; there is no comfort in matching girls at this conference table. It might be easier if I were surrounded by other sweating women.

I still have the letter my mother wrote me at camp, congratulating me the week my menses started. I proudly whispered the news to my best friend, who screamed in dreadful excitement. Today, my mother is dead and there is no one screaming in excitement. Rather, my girlfriends sigh in knowing, appreciative sympathy and my classmates simply continue the discussion. My body is just dying – sweating profusely before everything dries up. I feel self-conscious, not because my sexuality is burgeoning, but rather because I have green stains under my arms and streaky makeup on my face.

Nonetheless, I do like these odd power surges. Something is happening. It just suddenly, uncontrollably, happens. Despite the discomfort and inconvenience, there is something profoundly powerful and energizing going on. It is the predictable, yet shocking, end of a time in my life, marking my movement into the retired-womb phase. Like any great retirement party, my flashes remind me of how sweet it was and all that is lost. Something similar to the way my graying hair reminds me of how much I like having pigment and want to enjoy it until the very last black strand. But gone are the days that I drove down Route 280 at 70 mph, French-braiding my long, wet, black hair and steering with my knees. I thought I could do anything. Thrilling, stressful illusions that everything was possible reigned supreme. These power surges remind me not only of my body's limitations, but also of my liberation from the tyranny of these stressful illusions.

A graying, mortgage-carrying mother of teenagers, I am not the young, eager, fresh graduating candidate I've read about in psychoanalytic journals. Last month, I watched from across the room as a fellow candidate escorted his very pregnant wife to her seat at the graduation dinner. Excited and preoccupied with his new life and all the unseen possibilities, he seemed of a different order. I loved being pregnant: enormous, pulsating with life. Something truly mind-blowing was happening. So as I watched this younger woman cross the room, I forgot how her feet and back probably hurt and that she likely was exhausted. Rather, I was aware of feeling tired myself. I am the same age as many of my supervisors and teachers. Although I will undoubtedly be in high heels at my graduation, I won't be one of a pack of young graduates. Thankfully, everything won't seem exhaustingly possible. I feel other not just from younger graduates, but also from that part of myself that deemed everything possible. There is tremendous power in tolerating what is lost and cultivating what is real. At my graduation, I will not have the luxury of imagining decades of analytic treatments ahead. Should I someday become a training analyst, it will not be as my mentors have, following years of completed analyses, but rather tightly sandwiched between the beginning and end of my condensed analytic career. Therefore, I appreciate each new analytic patient, my waning pigment, and, in particular, my power surging and surprising hormones. My body temperature drops, the sweat dries, and I feel a little chilled. It is over. I wait just a few minutes before, nonchalantly, putting my sweater back on.

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From the Candidates' Association

by Lisa Roth, Psy.D. and Beth Steinberg, Ph.D.

From the beginning of our term, almost two years ago, with our then co-chair, Celeste Schneider, we defined the mission of the Candidates' Association as "facilitating the most active participation possible in learning and involvement in the Center by the candidates." This is a vibrant and exciting time for members of the Candidates' Association (CA), with candidates' morale, participation in the CA and active involvement in the Center at a high point. There is a feeling of opportunity, possibility and enthusiasm among candidates, which seems to be matched by a sense of openness within the Center to candidates' ideas and contributions.

Several important developments over the past year have contributed to the sense of cohesiveness and greater involvement among candidates. For the first time in the history of the Center, we have a monthly meeting built in to the curriculum. (In the past, candidates had two CA meetings per academic year.) This meeting – where for the first time we have a regular forum for sharing information and for meeting with others – has enabled candidates to discuss matters relevant to the candidate group, issues affecting the whole Center and has functioned as a point of contact and communication with others. We met with Harriet Wolfe and Steve Goldberg to share thoughts about Progressions and about the role of the dean, and we look forward to meeting with Phyllis Cath, Chair of the Faculty Committee. Another development to help bring us together was Leora Benioff's setting up a Google group for candidates to communicate between meetings.

Through arrangements of the Candidates' Association, candidates have been participating creatively in events both locally and nationally. Michael Smith was appointed delegate to the Affiliate Council of APsaA, and Fred Huang our Alternate Delegate. They both attended the winter meetings in New York with a small stipend from the CA. In addition, Sarah Stadler is the recipient of an APsaA travel grant, matched by SFCP, and she plans to attend the spring meetings. And although we did not have a first-year class this year, we have been very happy to be able to involve and integrate the pre-seminar candidates, Deborah Weisinger, Renee Spencer and Edit Markoczy, with the Candidates' Association. In addition, in a highly successful and enjoyable series of outreach events, many candidates, along with community members, hosted Open Houses in four locations this January, warmly receiving people interested in SFCP to their homes to talk openly about what it's like to be a candidate.

Because of our regular meetings, we have been able to learn much more about one another, our shared and differing interests, and especially, to get to know candidates with whom we do not share classes. We will also have the opportunity this year to sit together and say goodbye to those who will be finishing classes or graduating, and to reflect on the time passed. Looking forward, we are in the process of discussing transfer of leadership, as we will be finishing our two-year commitment this term. As with many changes of leadership in the organization, we do not have a formal way of transferring the roles. We have been openly discussing how people get selected to serve various roles and have tried to be as open as possible about how we came into this role as well as our processes around any decisions we have made thus far.

We would like to take this opportunity to acknowledge and to thank Celeste Schneider, our former co-chair, who helped develop our vision for the CA, to Israel Katz, our steadfast Treasurer, Suzanne Klein, our diligent Secretary, and to the rest of the candidate group, who have worked hard on all of these developments, been willing to step up when needed, collaborated with us and each other, and most importantly have made our work together really fun.



My Journey from One to Twenty-Three

by Louis Roussel, Ph.D.

I felt a growing disgruntlement as I approached graduation and the end of my coursework. I asked myself, “What? Is this it? Why was there so little of Freud? Why so little on the foundational systems of psychoanalytic thought? Where’s the beef?” I listened to my complaints for months and began to grow quite weary of myself. Then suddenly, I had a flash of what felt like revelatory insight. I thought, why not just read Freud myself beginning with volume one of the Standard Edition through to volume twenty-three. It felt like it could be one answer I’d been in search of throughout my years of training. Yet it seemed too simple and too obvious. Perhaps, like the purloined letter, it was a little too obvious for me to have noticed this possibility sooner. It seemed like an incredible freedom to think that I could actually do this. “Why not,” I asked myself, “Who’s to stop me?”

This experience continues to remind me of the vital role that discontentment plays in the idiosyncratic developmental journey of every candidate as well as the potential for dissatisfaction to be an enlivening factor within our training program. Candidates naturally gravitate toward what is most repudiated in their training. Their counter-reactions to what is left out and sometimes shut out of their education can serve as a potential beacon for instructors to re-enter into an antinomy with voices that have been silenced. Unfortunately, sometimes instructors unconsciously stifle this potentially valuable dialectic in subtle and sophisticated ways for example by telling candidates that they are reifying theory or are too theory driven or too theory saturated or simply, concretizing theory. These criticisms often emerge when the theoretical position represented by the candidate opposes that of the instructor and may even be experienced by the instructor as the embodiment of something s/he found oppressive in his/her training.

I’ve come to appreciate the inevitability as well as the value in these intergenerational struggles. An implicit ethos in the history of psychoanalysis involves a belief that we need to tolerate and even cultivate such tensions and conflicts. Candidates cannot remain content with what is given to them by the culture of their training or they will be denied the necessary longing that makes us dissatisfied with the present. This powerful state of mind gives rise to a personal lust for knowledge and hopefully, a rediscovery of a magically inspirational world that had been repressed. The candidate’s reactions to the inevitable one-sidedness of any training program represent the opportunity for a more passionate discourse so that the embers of what is most alive in our psychoanalytic legacy never die out. There is an old Australian Aboriginal belief that a culture can never be completely conquered or destroyed because in it there dwell strange ancestor-spirits who re-incarnate themselves in the newborn. Perhaps this is true when it comes to cultures of psychoanalytic thought. Candidates, the next generation of analysts, inherit the ancestral spirits of the vanquished cultures of psychoanalysis and struggle to give them an idiosyncratic and present-day stamp.

Proceed Slowly— Road Works Ahead

by Bronwen Lemmon, M.F.T.

A large green sign leans against a crash barrier at California and Jones Streets reading, *The American Recovery & Reinvestment Project*. Was this one of those *Save a Highway* signs? Yes, it was like that. Announcing Obama’s stimulus package, it says it aims to create jobs by funding work on the nation’s vast infrastructure of transportation and communication systems and the provision of basic services. Besides generating jobs, building infrastructure theoretically helps connect people with people and people with services. This picture also reflects what is going on inside SFCP.

As a second year SFCP candidate, I feel that I am in the midst of a similar recovery project—and I’m not just referring to my training analysis. While SFCP lacks a fat stimulus package, it does have a sizeable number of dedicated workers who give their time and minds to the project of developing an infrastructure. It’s not that this work is totally new to the center, but it seems to be ramping up. Transparency, another Obama favorite, is increasingly apparent as paths of communication broaden and become more inclusive—like the W.W.W. In fact, the Center is feeling more like a web of links than a hierarchy of levels. Perhaps you’ll even find evidence of these changes in this newsletter.

At this changing SFCP, I am finding myself involved in two inspiring training worlds for the candidate, and I need both of them to become a well-rounded psychoanalyst. The first world contains the work of analytic training through casework, seminars and supervision. The second world lies inside the analytic community, which aims to keep psychoanalytic theory and all of its practitioners alive and well. I am learning to appreciate that the quality of the Center’s internal functioning determines the quality of my training and involvement.

It can be hard to tell what is good and what is not so good about infrastructure from the outside but this much I now know: a good infrastructure includes people who can tolerate the strains and anxieties of change without resorting to haste. We can always count on the demand for change and, just like analysis, change takes time. Yet, not all analytic Centers are weathering the tensions of change well. Some can’t bear any anxiety and become stagnant. Others tolerate so much anxiety they become divided. I feel fortunate to be among a group of people who are welcoming all voices and managing the tensions by moving slowly yet surely to good enough decisions.



Social Work Task Force

SOCIAL WORK TASK FORCE AT SFCP

by Elizabeth M. Simpson, L.C.S.W., Chair

The Social Work Task Force convened on February 2, 2010 for its second meeting with a growing committee of twelve social workers to discuss the current status of social work graduate education and the lack of psychodynamically informed clinical training and case work. Over the last 15 years social work graduate programs have trended toward preparation for social policy work and child welfare that is not dynamically informed. There is only a handful of clinically oriented programs across the country with Smith College remaining the most prominent in their Masters' and Doctoral social work programs.

The collected group represents social work SFCP Community Members, Candidates and Analysts, college faculty & counselors, and clinicians from community mental health, private practice, graduate programs and managed care settings. Members share a concern for the decline of social workers in patient care, fewer social workers teaching in interdisciplinary settings & training programs, a diminishing opportunity for clinical internships, and the elimination of social work positions in hospitals. At SFCP there is representation of social work clinicians enrolled in the child psychotherapy and pre-school consultation programs. However, there is poor attendance in other SF extension division offerings and very few social work applicants for psychoanalytic training.

The discussion was not centered exclusively on what SFCP can independently offer to social workers but how we might begin to understand the needs of young social work clinicians and collaborate among centers, learning institutes and training sites to address some of the identified needs. SFCP has resources to offer from our membership as well as classroom space and available faculty.

We had a stimulating discussion noteworthy for a direct confrontation of the troubled status of social work training while moving on to a lively and creative brainstorming session about how we might spread our net of social work contacts to further identify how we might mobilize as a group along with our colleagues to offer clinical expertise and resources.

There were a number of interesting suggestions including of what we may offer which will be discussed with our contacts:

- 1) Offer to put together a panel discussion on the profession of social work to graduating social workers on the campuses of San Francisco State and CAL Berkeley graduate schools;
- 2) Put together a list of social workers who are willing to see graduate students and recent graduates for low-free psychotherapy and supervision;
- 3) Assess relevant educational forums for social workers: how psychodynamic theory is relevant to their work. This could be a day-long program, monthly series, extension division course, etc.;
- 4) Work to make SFCP a more welcoming place for social workers through personal outreach;
- 5) Develop social work mentoring program for graduates that will include a broad network of social workers;
- 6) Offer an on-site case conference to groups in community mental health and hospital settings.

Our emerging group has named itself the "Coalition for Psychodynamic Social Work Practice & Education" (CPSWPE) The Task Force will host a dinner and clinical discussion for Social workers on Tuesday evening, April 27, 2010 from 6:15-9:00 (dinner 6:15-7:15; Clinical Presentation & Discussion 7:30-9:00). 1.5 CEU's are pending. **PLEASE SPREAD THE WORK TO ALL SOCIAL WORK CLINICIANS.** Please RSVP to training@sf-cp.org

Next Task Force Meeting: Tuesday, April 6, 7-9 PM at SFCP. All social workers are welcome.
Please contact: Elizabeth M. Simpson, L.C.S.W. elizabeth@simpsonlcsw.com



On Having to Decide

Opting for SFCP

1) Frederick Huang, M.D.

Periodically, throughout my first year of analytic training, I told myself that the highest priority for my analysis was straightening out my life—being in analysis to fulfill a requirement for training was a distant second. It wasn't hard to remember that: I was unhappy, and I needed help with my personal life. I had found my analyst three years before. In the back of my mind, I did know that my analyst was a training analyst and I thought that would come in handy—but handy in the distant future.

Two years ago, though, I made a decision that surprised me a little. At lunch with my friend and psychiatrist colleague who was at his second year at PINC, he asked me why I hadn't already applied to psychoanalytic training: "You know you've been thinking about it. Why don't you do it now rather than later?" I realized that he had a good point—I was single and didn't have a family to support; I was paying for the analysis anyway—why not have it count for professional advancement; and it would be better to have analytic training early in my career rather than later.

After I had decided that I should take the plunge into psychoanalytic training, the choice of place to train was easy. I had taken the Foundations course at SFCP and enjoyed the coursework and the people who were there. I knew several SFCP faculty from my residency training and felt comfortable and happy within the SFCP community.

Today, in the midst of my second year of training and on the cusp of hopefully my first control case, I feel like my choice to start training has generally been a good one. I am a better and more thorough clinician, and I feel more of a part of the psychoanalytic community here in San Francisco. What has also been interesting to me is how my analysis is not the same. More of my time in analysis is focused on my experience in training; my analyst is a colleague as well as my therapist. I imagine things would have been different if I had waited longer before applying to analytic training. I guess I will never know really.

2) Jacqueline De Lon, M.F.T.

At the time I decided to pursue my formal training in psychoanalysis, it was obvious that both PINC and SFCP were excellent options. I was looking for a place to immerse myself in psychoanalytic theory and practice and I was looking for a place to make my professional home. Both organizations offered the level of intellectual challenge I wanted and both offered me the immersion and clinical supervision that would make up the core of my training. In choosing between the two, my considerations turned to differences in the training schedule, available resources for training and the general culture at each institute.

I began by considering the schedule. Could I really fit everything in and maintain a sense of balance in my professional and personal life? Initially, the idea of PINC's evening and weekend classes, offering the least disruption to my office hours was quite appealing. However, upon further reflection, the idea of night classes after a full day of work left me doubtful that I would be as fully present as I would want. While weekend classes, as an adjunct to the lighter weekday schedule at PINC seemed appealing for the same reason, I knew that when the time came, I would feel resentful about giving up my weekends. In the end, the class schedule at SFCP was a better fit for me. Once I established my class schedule on Thursday and Friday mornings at SFCP, it was easy to work around it and I continued to have my evenings and weekends free. The step-down SFCP schedule, with the number of required classes decreasing after the first year and decreasing further in the fourth year was also more appealing. This schedule better accommodated my expanding supervision and caseload. I correctly anticipated that it would offer the best balance between my work, analytic training and home life.

The one aspect of the culture pointing me away from SFCP and towards PINC was the attention each organization paid to group process. I originally felt concerned about (and still do) the lack of attention to group process at SFCP. Although this has changed significantly since I began my training, I do believe my learning has been impacted in certain ways by the lack of attentiveness to this area institute life. Having gravitated, in the past, towards more alternative and student driven learning environments, the idea of training in an older, more established institution like SFCP outweighed my reservations about group process and seemed a desirable direction.

With its long history and tradition, SFCP presented the kind of stability and resources I was looking for. It offered an excellent array of extra curricular educational opportunities; contact with the leading theorists and clinicians in the field and an abundance of committed training and supervising analyst to choose from. After all was considered, I decided to make it my professional home. Four years later, I am still really pleased with my choice.



Opting for PINC

Why PINC

Jane Christmas, Ph.D.

Becoming an artist in the art of psychoanalysis, as Thomas Ogden describes it in his similarly-titled book, is no easy task and it challenges me at every level of my being. Psychoanalysis has had a central role in my family, psyche and history for as long as I can remember. Side by side and layered with troubled family members, physical illness, love and abandonment, over-protection and neglect, psychoanalysis has been one of the few steady threads of hope in the often-lived experience of a hopeless psychological landscape. So for me, the most important aspect of becoming a psychoanalyst is doing the best I can to know myself. How one does that is, of course, through one's own analysis. So choosing an analyst and committing myself to the psychoanalytic process felt like the most important aspect of undertaking this training.

The analyst I chose and have worked with for several years, first in psychotherapy and now in four-times-a-week analysis, is affiliated with PINC. For a period of time while I was completing my application, I was uncertain about this decision. I went to open houses at both institutes and was impressed. They both have admirable, albeit quite different, histories and ways of embracing candidates and, in the end, I felt I would have a very worthwhile academic experience progressing through either of the training programs offered.

But to make the decision based on the institute rather than the experience of being known in the service of knowing myself would have been an injustice. There are many analysts who are affiliated with both institutes and, in that case, a candidate would have the luxury of choosing the institute to which he or she would feel more aligned. As it happens, I feel well-suited to PINC. I feel held and supported by PINC, by my classmates, by the richness of the readings and the learned presentations of our instructors. And I have no doubt candidates at SFCP feel the same way about their institute.

There may be competition between the two institutes and I feel, in the end, it is a competition in the spirit of furthering the field and deepening our understanding of psychological processes.

And, by the way, some of my best friends are candidates at SFCP.

Lost and Found

The "Free" Institute (1949)

by Siegfried Bernfeld

(translated by Andreas Ajcos and Naomi Janowitz)

- 1) A certain degree of familiarity with Freudian psychoanalysis is a fundamental part of every psychotherapist's education. The institute provides facilities which help students to gain acquaintance and familiarity with psychoanalysis.
- 2) Since the study of psychoanalysis is only one component in the psychotherapist's education, the student must already possess the other qualifications or acquire them in other institutions; for example, he should have a general scientific background knowledge, a good knowledge of clinical psychiatry and psychology, and knowledge of biology and anthropology. Because some types—or severe cases—of psychopathology make someone unfit for becoming a psychotherapist, such a person will be discouraged from continuing to work at the institute and, if necessary, expelled.
- 3) The student will work as long at the institute as he considers it worth his effort, time, and money. He can call himself "psychoanalyst," or whatever else he chooses. The institute takes no responsibility either for the students' work or for their patients' progress. The institute does not grant any degrees, and it does not confirm, in whatever form, the students' progress or the completion of their studies.

An on-line version of the full article is available. Please call Marcia at 415-563-5815.



ANNOUNCEMENTS

COMMUNITY MEMBERS PROFESSIONAL DEVELOPMENT SALON
"Medication Management for Psychiatrists and Psychotherapists"

Panelists: **Adam Goldyne, M.D., Edit Markoczy, Psy.D., Mary Susan Hansen, M.D., Mark Swoiskin, M.D.**

When: **Tuesday, March 2, 2010**

Time: 6:30 P.M. – 9:00 P.M.

Where: SFCP Auditorium, 2340 Jackson St., 4th Fl., S.F.

Cost: Free to SFCP members, candidates and community members. For others, the cost is \$35 per meeting payable at the door. 1.5 CME/CE are available for an additional \$15.

To register, call 415-563-5815 or email finance@sf-cp.org

Upcoming Salons:

Marketing Your Practice Online: Practical Challenges and Clinical & Ethical Issues

Tuesday, April 8, 2010; 7:30 P.M. – 9:00 P.M.

SFCP PUBLIC LECTURE SERIES

Current Events and Their Discontents:

Psychoanalyzing Politics, Culture and History

"I Do, But Only in Massachusetts, Vermont, Connecticut, Iowa, New Hampshire, Maine, and Possibly Washington, DC: Understanding the Opposition to Same-Sex Marriage"

Presenter: **Gary Grossman, Ph.D.**

When: **Wednesday, March 3, 2010**

Time: 7:30 P.M. - 9:00 P.M.

Where: SFCP Auditorium, 2340 Jackson St., 4th Fl., S.F.

Cost: Free

To register, call 415-563-5815 or email finance@sf-cp.org

SFCP PEN PSYCHOANALYTIC STUDENT SEMINAR

"Collisions, Collusions, Complacency: Inevitable Enactments in Treatment"

Instructors: **Cia Foreman, Ph.D.**

When: **Thursday, March 4—25, 2010**

Time: 7:30 P.M. – 9:00 P.M.

Where: Stanford Psychiatry and Behavioral Sciences Bldg, 401 Quarry Rd, Stanford

This program is only open to students.

To register, contact Max Lee at 415-563-5815.

Upcoming Pen Student Seminar:

Dana Wideman, Ph.D.

Narcissism: An Introduction

Thursdays, April 1—22, 2010; 7:30 – 9:00pm

CHILD COLLOQUIUM SERIES 2009-2010

"Unable to Break Away: The Examination of an Interrupted Treatment"

Presenter: **Ruth Karush, M.D.**

When: **Saturday, March 6, 2010**

Time: 10:00 A.M. – 12:00 P.M.

Where: SFCP Auditorium, 2340 Jackson St., 4th Fl., S.F.

Cost: Free; 2 CME/CE credits available for \$16.

To register, call 415-563-5815 or email finance@sf-cp.org

SCIENTIFIC PROGRAM

Monthly, every second Monday

"Unfinished Business: When Adults Return to Their Childhood Analyst"

Ruth Karush, M.D.

When: **Monday, March 8, 2010**

Time: 7:30 P.M. – 9:30 P.M.

Where: SFCP Auditorium, 2340 Jackson St., 4th Fl., S.F.

Cost: Free; 2 CME/CE credits available.

NB COMMUNITY MEMBERS CLINICAL FORUM

Monthly, every second Tuesday

Presenter: **Todd Finnemore, Psy.D.**

Discussant: Richard Shore, M.D.

Moderator: Helen Schoenhals Hart, M.D.

When: **March 9, 2010**

Time: 7:00 P.M. – 7:30 P.M. Tea & Cookies and NB Community-Building Discussion
7:30 P.M. – 9:00 P.M.

Where: 4340 Redwood Highway, San Rafael

Cost: Free; 1.5 CME/CE credits available for \$15.

EB COMMUNITY MEMBERS CLINICAL FORUM

Monthly, every second Wednesday

Presenter: **John A. Lundin, Psy.D.**

Discussant: Janis Baeuerlen, M.D.

Moderator: William Glover, Ph.D.

When: **March 10, 2010**

Time: 7:30 P.M. – 9:00 P.M.

9:00 P.M. – 9:30 P.M. Tea & Cookies

Where: Herrick Hospital, Conference Room CC, 2001 Dwight Way, Berkeley

Cost: Free; 1.5 CME/CE credits available for \$15.

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Announcements continued from page 10

SF COMMUNITY MEMBERS CLINICAL FORUM

Monthly, every third Tuesday

Presenter: **Elizabeth Kita, L.C.S.W.**
 Discussant: Maureen Anne Katz, M.D.
 Moderator: Elizabeth Simpson, L.C.S.W.

When: **March 16, 2010**
 Time: 7:15 P.M. – 7:30 P.M. Tea & Cookies
 7:30 P.M. – 9:00 P.M.
 Where: SFCP Auditorium, 2340 Jackson St., 4th Fl., S.F.
 Cost: Free; 1.5 CME/CE credits available for \$15.

SB COMMUNITY MEMBERS CLINICAL FORUM

Monthly, every third Tuesday

Presenter: **Kristen Callahan, M.F.T.**
 Discussant: Beth Taylor, M.D.
 Moderator: Janice Mill, Ph.D.

When: **March 16, 2010**
 Time: 7:15 P.M. – 7:30 P.M. Tea & Cookies
 7:30 P.M. – 9:00 P.M.
 Where: Psychiatry Building, Stanford University Medical
 Center, 401 Quarry Rd, Stanford

SFCP PEN SATURDAY SEMINARS

“Why a Theory of Mind”

Presenter: **Michael Smith, Ph.D.**

When: **Saturday, March 13, 2010**
 Time: 9:00 A.M. – 12:00 P.M.
 Where: Christ Episcopal Church, 1040 Border Rd.,
 Los Altos.
 3 CME credits; \$75

To register, call 415-563-5815 or email finance@sf-cp.org

POSTGRADUATE EDUCATION: CLINICAL FORUM

When: **Wednesday, March 17, 2010**
 Time: 7:30 P.M. – 9:30 P.M.
 Where: SFCP Auditorium, 2340 Jackson St., 4th Fl., S.F.
 (Cost: Free; 2 CME/CE credits available for \$20.

This forum is open to SFCP Analyst Members only.

CONVERSATIONS ON ADOLESCENTS

Psychoanalytic Perspectives on Youth at Risk

“**Sometimes We Are Prejudiced Against Ourselves:
 Internalized Homophobia in an Adolescent Boy**”

Presenter: **Mary Brady, Ph.D.**

When: **Saturday, March 20, 2010**
 Time: 10:00 A.M. – 12:00 P.M.
 Where: Flamingo conference Resort and Spa,
 2777 Fourth St., Santa Rosa
 Cost: Free; CME/CE credits are available for \$15.

Upcoming Conversations on Adolescents:

Katherine Fraser, D.M.H.

The Adolescent Brain Part II: Clinical Issues
 Saturday, April 24, 2010; 10:00 – 12:00

To register, call 415-563-5815 or email finance@sf-cp.org

CHILD COLLOQUIUM SERIES 2009-2010

“**Film, Fantasy and Freud: An Afternoon at the Movies
 ‘Forbidden Games’**”

Presenter: **Mark Scott, Ph.D.**

When: **Sunday, March 21, 2010**
 Time: 1:00 P.M. – 4:00 P.M.
 Where: SFCP Auditorium, 2340 Jackson St., 4th Fl., S.F.
 Cost: Free; 2 CME/CE credits pending.

Join us for a showing and discussion of this Oscar Winning
 Film (1952) for Best Foreign Language Film by René Clément.
 This brilliant and devastating drama of the tragic frailties
 of men and the irony of war captures the authentic feel
 of childhood play and the thinking processes of children.

(Note: this is a film for adults only) Childcare will be
 provided on site during the movie for \$10 per child.
 Pre-registration is required prior March 21st.

To register, call 415-563-5815 or email finance@sf-cp.org

PSYCHOANALYTIC GRAND ROUNDS @ STANFORD

LAST Wednesday of each month

“**Jane Austen and Charlotte Bronte – Their
 “Uncomfortable” Discovery of Psychoanalysis**”

Presenter: **Richard Almond, M.D.**

When: **March 31, 2010**
 Time: 6:15 P.M. – 7:30 P.M.
 Where: Psychiatry Building, Stanford University
 Medical Center, 401 Quarry Rd, Stanford
 Cost: Free; CME/CE credits available for \$10.

For information call 415-563-5815.



Additional Announcements

CLINICAL SOCIAL WORKERS ON THE MOVE (CSWOM)

We represent a coalition of clinical social workers who are working with colleagues and early career social workers to develop & support interest in psychodynamic thinking.

Tuesday, April 27, 2010 from 6-9 P.M.

PLEASE JOIN US FOR DINNER FOLLOWED BY A CASE PRESENTATION AND DISCUSSION

Dinner 6:-7:15 P.M.

Clinical Presentation 7:30-9:00 P.M.

Presenter: **Rick Nizzardini, L.C.S.W.**

Discussant: **Clara Kwun, L.C.S.W.**

CME/CE credits are pending.

Please RSVP to: Franz Magalit at 415-563-5815 or training@sf-cp.org

Outreach Coordinator: Elizabeth M. Simpson, L.C.S.W. elizabeth@simpsonlcsw.com

OPEN HOUSE EVENT FOR EVERYONE IN THE COMMUNITY

Wednesday, May 26, 2010 from 6-9 P.M.

PLEASE JOIN US FOR AN EVENING OF GETTING TO KNOWN ONE ANOTHER AND CLINICAL DISCUSSION

Dinner: 6:15-7:15 P.M.

Clinical Presentation: 7:30-9 P.M.

Presenter: **Laurie Goldsmith, Ph.D.**

Discussant: **Peter Goldberg, Ph.D.**

CME/CE credits are pending.

Please RSVP: training@sf-cp.org

Psychoanalytic Training Division Outreach: Elizabeth M. Simpson, L.C.S.W. elizabeth@simpsonlcsw.com

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Additional Announcements continued from page 12

Mastering the Art of French Psychoanalysis, Part I

by Eric Glassgold, M.D.

The psychoanalytic center will be hosting a series conversations, seminars and a scientific meeting with the Franco-phone analyst Dominique Scarfone the weekend of June 11-14th. Dominique is a training and supervising analyst at the Montréal Psychoanalytic Institute and Society, a professor of psychology at the University of Montréal, and editor of "The Analyst at Work" section of the *International Journal*. Dominique notes Jean Laplanche and Michel De M'Uzan as important teachers and influences and is himself a popular teacher in Montréal and at the Association Psychoanalytique de France (Paris), the home institute of Laplanche and Pontalis. For two years, he has joined me via Skype to teach sessions of the seminar "An Introduction to French Psychoanalytic Texts" for our candidates who have appreciated his ability to render complex ideas in a clinically relevant, down-to-earth way. He has published many papers in English languages journals, as well as dozens of papers and three books in French. Recent English publications include: "A Matter of Time: Actual Time and the Production of the Past." *Psychoanalytic Quarterly*, 75:807-834; "Wishing for the Impossible: An Essay in Comparative Psychoanalytic Practice," *International Journal of Psycho-Analysis* (2002), 83:575-577; and "Preserving the Psychoanalytic Stance: Research and the Operational Closure of Psychoanalysis." *Canadian J. Psychoanalysis* (2004). 12:217-224.

Dominique will join us for five programs, including a candidates' colloquium. These programs will include:

- 1) "Home is Where the Undead Are: Reading Freud's 'The Uncanny,'" A conversation with Judith Butler and Dominique Scarfone on Friday afternoon, June 11th; from 5:45-7:30 PM with a wine and cheese reception beginning at 5:00 PM.
- 2) "The Experience of Time in the Clinical Hour," Saturday, June 12th; 9:00-12:00 PM and 1:30-4:30 PM, a clinical and theoretical seminar, clinical presenter Jeanne Harasemovitch, L.C.S.W.;
- 3) "Trauma, Sexuality and the Birth of the Unconscious," a clinical and theoretical seminar, Sunday, June 13th; 9:00 to 12:00 PM and 1:30 to 4:30 PM, presenter: Jonathan Dunn, Ph.D.);
- 4) "Between Activity and Passivity: The Analyst In The Hollow of The Transference." The Emmanuel Windholz Memorial Lecture, Monday evening, June 14th; 7:30 PM; Title:

The Friday program with Judith Butler and The Windholz Memorial Lecture will be open to the public. Enrollment in the Saturday and Sunday seminars will be limited to a maximum of 12 SFCP members and candidates on each day.

Registration for the Friday, Saturday and Sunday programs will begin in April and will be announced in advance in the newsletter and via email. CE/CME credits are pending. Registration fees TBA.

ADS

OFFICE WITH PARTIAL BAY VIEW in psychotherapy suite located in Skidmore & Owings designed Financial District building adjacent to Embarcadero BART station. Furnished or unfurnished. Full-time \$950 or part-time. For additional information please call Peter at 415-398-7640.



SFCP LIBRARY NEWS

Library Scavenger

Books for the amateur to be rescued...

The inner World and Joan Riviere, Collected Papers 1020-1958 \$ 20.00

(softcover, very good condition, Karnac, 1991)

Library Services

- The library can provide for single users Xeroxing service for a fee: \$0.15 per sheet plus a flat fee of \$3.00 per article and cost of postage.
- The library provides bibliographic literature searches for \$8.00.
- The library utilizes several online resources including the National Library of Medicine's Docline to provide you with comprehensive, efficient Interlibrary Loan service. The cost for each interlibrary loan received from University Libraries is \$15.00; interlibrary loans (ILL) retrieved from our local NCCPL Consortium are free.

Library news

Recent Books added to the Library Collection:

Call#	Author	Title
RC 504 .J15 O7 2009	Jacobs, Michael	Our desire of unrest
BF 175.5 .I53 2009	Corradi Fiumara, Gemma	Spontaneity
BF 723 .S43 S53 2009	Lewin, Vivienne	Siblings in development
BJ 1533 .K5 P45 2009	Phillips, Adam	On kindness
MEM HQ 801 .L276 2009	Lamia, Mary C.	The white knight syndrome
BF 724.6 .G81 P95 2009	Greenberg, Tamara	Psychodynamic perspectives on aging and illness
BF 173 .R473 N66 2003	King, Pearl	No ordinary psychoanalyst
BF 175.4 .C84 F755 2009		Freud and the Far East
B 2430 .I74 R39 2007	Rawes, Peg	Irigaray for architects
B 2430 .D454 B36 2007	Ballantyne, Andrew	Deleuze and Guattari for architects
B 3279 .H49 S423 2007	Sharr, Adam	Heidegger for architects
BJ 52 .L43 2006	Lear, Jonathan	Radical hope
BF 575 .S45 S49 2008		Shame and sexuality
BF 109 .O1 B63 2009	Bokanowski, Thierry	On Freud's "Splitting of the Ego in the Process of Defense"
RC 438.6 .B54 S5 2009	Sandler, P.C.	Dreaming, transformation, containment, and change
BF 175 .A1 F41 2009	Ferro, Antonino	The Analytic field
MEM PS 3560 .W43 2008	Weiss, Estelle	Poems
HQ 775 .C67 2009	Corbett, Ken	Boyhoods
BF 720 .C63 H63 2004	Hobson, R. Peter	The cradle of thought
RC 480.5 .C365 2010	Cartwright, Duncan	Containing states of mind
RC 506 .S837 2010	Sullivan, Barbara	The mystery of analytical work
BF 698 .B53 2008	Blatt, Sidney J.	Polarities of experience
BF 175.4 .E4 F61 2009	Eigen, Michael	Flames from the unconscious
RC 438.6 .R6 M97 2009	Rangell, Leo	Music in the head
BF 175.4 .D34 A9 2009	de Cortinas, Lia	The Aesthetic dimension of the mind
BF 173 .E3 G75 2009	Eidelsztein, Alfredo	The Graph of desire
BF 173 .G91 B97 2009	Grotstein, James S.	But at the same time and on another level, Vol 1
BF 173 .G91 B97 2009	Grotstein, James S.	But at the same time and on another level, Vol 2
BF 173 .M49 P95	Meltzer, Donald	Psychoanalytic work with children and adults
BF 175.4 .C84		Freud and Italian culture
BF 723 .F35 D43		The dead father

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Library News continued from page 14

Call#	Author	Title
RC 509 .B76	Bromberg, Phillip M.	Awakening the dreamer
RC 506 .K28	Kachele, Horst	From psychoanalytic narrative to empirical single case research
RC 489 .P72	Maroda, Karen J.	Psychodynamic techniques
R 853 .H8 W37	Washington, Harriet A.	Medical apartheid
BF 315 .E55	Eisold, Kenneth	What you don't know you know
RC 506 .W4744	White, Jean	Generation
BH 39 .D84 2009	Dutton, Denis	The art instinct
PN 1995 .R353	Rashkin, Esther	Unspeakable secrets and the psychoanalysis of culture
BF 175.5 .O33	Kulish, Nancy	A story of her own
BF 175.5 .F45	Lopez Corvo, Rafael E.	The woman within

WINTER/SPRING 2010

San Francisco Center for Psychoanalysis Library and Bookstore Hours

Monday	12:30 A.M. to 4:30 P.M.
Tuesday	9:30 A.M. to 4:30 P.M.
Wednesday	9:30 A.M. to 4:30 P.M.
Thursday	1:00 P.M. to 5:00 P.M.
Friday	1:00 P.M. to 5:00 P.M.

The Library is not closed for lunch.

If you can not reach the Library-Bookstore during these hours, please contact us through these numbers

Tel# 415-563-4477

Fax# 415-563-8406

E-mail: library@sf-cp.org



SFCP BOOKSTORE PRESENTS

***Reading French Psychoanalysis*, Dana Birksted-Breen, Alain Gibeault, Sara Flanders eds.**

How has psychoanalysis developed in France in the years since Lacan so dramatically polarized the field? In this book, Dana Birksted-Breen and Sara Flanders of the British Psychoanalytical Society, and Alain Gibeault of the Paris Psychoanalytical Society provide an overview of how French psychoanalysis has developed since Lacan. Focusing primarily on the work of psychoanalysts from the French Psychoanalytical Association and from the Paris Psychoanalytical Society, the two British psychoanalysts view the evolution of theory as it appears to them from the outside, while the French psychoanalyst explains and elaborates from inside the French psychoanalytic discourse. Seminal and representative papers have been chosen to illuminate what is special about French thinking. A substantial general introduction argues in favour of the specificity of 'French psychoanalysis', tracing its early influences and highlighting specific contemporary developments.

Sections are made up of introductory material by Alain Gibeault, followed by illustrative papers in the following categories:

- ◇ the history of psychoanalysis in France
- ◇ the pioneers and their legacy
- ◇ the setting and the process of psychoanalysis
- ◇ phantasy and representation
- ◇ the body and the drives
- ◇ masculine and feminine sexuality
- ◇ psychosis.

An excellent introduction to French psychoanalytical debate, "Reading French Psychoanalysis" sheds a complementary light on thinking that has evolved differently in England and North America. It will be ideal reading for beginners and advanced students of clinical theory as well as experienced psychoanalysts wanting to know more about French Psychoanalytic theory, and how it has developed.

Order Form: Cut and send to **SFCP Bookstore**
Attn: Susanna Bonetti
2430 Jackson Street, 4th Floor
San Francisco, CA 94115

Reading French Psychoanalysis (paperback edition)

List price + tax	\$71.35 _____
Shipping & handling	\$ 5.00 _____
TOTAL	\$ _____

NAME: _____

ADDRESS: _____

**REMEMBER TO ORDER YOUR BOOKS
AT THE SFCP BOOKSTORE!!!**

The SFCP Bookstore has become a reliable service for many. It can order any book from many different publishing houses, and all the books are sold at list price. Books in general arrive in 10-12 days. The bookstore relies on your support to continue its dedicated service in helping mental health professional to fulfill their book needs.