

**President's Message***by Mardi J. Horowitz, M.D.*

I will use this column to give updates on our building on Jackson Street, our finances, our advancing web technology, psychotherapy training, psychoanalytic training, and choices regarding these topics. As usual, I hope that this information will stimulate vigorous discussion about each of these topics by our members.

**Home on Jackson Street and a new future SFCP Building**

Our current Jackson Street home is working well. However, our lease only goes through June 2010. Sandie Schaaf, our Executive Director, is negotiating the details of a lease extension. Our plan to work with Sunrise to rebuild 2420 Sutter has collapsed. We are considering various alternative options. We own the 2420 Sutter property and could sell it. We could then use the funds to lease another building. We could go in yet another direction and build our own building on the 2420 Sutter Street site by trading space in the future building for construction costs (as was the earlier deal with Sunrise). Please be assured that funds donated or pledged for a new building, which some of you have nobly committed, have been sequestered and will be used only for that purpose.

**Finances**

The budget for 2008-2009 ended with a small positive balance. However, the 2009-2010 budget is projected to end with a deficit. The following budget year of 2010-2011 may show a larger deficit unless we take action. Our long range financial well-being depends, in part, on increasing the numbers of our tuition-paying trainees, as well as increasing our endowments. At the present, we have two, rather than one, year-long extension classes, a desirable gain of doubled enrollment and an exciting show of community interest! The number of new psychoanalyst candidates is unknown as it is just now time for more applications to come in. Although, we did not have a class this year, a new class will convene in 2010.

**Web Technology**

Web technology is advancing and we have a greater ability to communicate at a distance. We can have up to 30 locations online for communications that include questions and answers. Of course, there are financial costs associated with this new technology. Drs. Kim Leary and Ken Corbett's presentations were simulcast beyond Jackson Street using this service. There is the possibility in the future of charging fees to log in, as one possible and partial solution to our financial debt. This offers training possibilities even beyond the Bay Area.

**Psychotherapy Training**

Richard Almond and Neil Brast presented the final report of the Psychotherapy Training Task Force to The Management

*(Continued on page 2)***\*\* Newsletter Material Deadline: 11/13/09 \*\***

## SAN FRANCISCO CENTER FOR PSYCHOANALYSIS

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**SCIENTIFIC MEETING:****"How Do Psychoanalysts Work?"****November 9, 2009, 7:30 P.M.****Prof. David Tuckett**



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Team (MT). This report and discussion reflected the positive opinions expressed at our October town hall meeting. If we have members who are willing to lead this effort in the Sacramento-Davis and Berkeley-San Francisco areas, we can amplify what is already successful in the South Bay, a two-year advanced education in psychodynamic psychotherapy and psychoanalytic theory. The MT agrees that ideally this would involve courses and case conferences in both child and adult psychotherapy. A new implementation Task Force is under development and is seeking a Chair. If you are interested in exploring this leadership role, you should contact the Community Education and Service Division Chair, Gary Grossman, or our Executive Director, Sandie Schaaf.

### **Psychoanalytic Training**

There continues to be much discussion about potentially changing the APsaA position about training analyses, training analysts, and certification of analytic competencies. You will read about that elsewhere in this newsletter, especially in the excellent report by Charles Fisher.

### **Choices:**

- a. In terms of our budget: Shall we use our financial reserves to form new enterprises? Shall we balance the annual budget by reducing expenses to better match revenue? Please give your opinions to Marc Zussman, our Treasurer, who will report to the Board of Trustees when it considers these choices.
- b. In terms of psychotherapy training: Shall we consider

psychotherapy faculty as a distinct group of faculty from psychoanalytic faculty or should we revise our course offerings to serve both analytic and psychotherapy education? The present MT favors keeping the existing Training Division (led by Mary Margaret McClure) for analytic training and keeping psychotherapy training under the CESD (led by Gary Grossman), drawing both curricula from our excellent and expanding faculty. Tune in, a listing of faculty and their areas of expertise will eventually be on our web site. If you want "in" contact Phyllis Cath or Sandie Schaaf.

- c. In terms of psychoanalytic training: Shall we modify our local policies about training analysts, or shall we wait for the American Psychoanalytic Association's Board of Professional Standards to consider how and when to possibly modernize its requirements?
- d. In terms of future leadership: How should we recruit someone to fill the position of President-Elect? The position has been vacant for too long. Also, how do we choose new division chairs? Who should be in line for this succession? Feel free to contact me or Ken Roberson, chair of the Nominating Committee, with your input on these issues.

Your feedback on all of these issues is sought and will be much appreciated. Please write a letter to the Newsletter, as well as participate in the discussions and in the planning by talking with division chairs and members of the Board of Trustees as well as our Executive Director!



## **Membership Services Division**

*by Mary Ewert, D.M.H.*

### **POSITION(S) AVAILABLE: EDITOR(S) NEEDED FOR SFCP NEWSLETTER.**

Do you enjoy writing? Do you dream of creatively utilizing the resources of the world wide web to produce an online newsletter that keeps the SFCP membership informed about current news and events in our professional community? Are you interested in capturing the public's interest and general curiosity about psychoanalysis? The SFCP Newsletter is now online and in need of an editor or co-editors ASAP. This is a terrific opportunity for a member or members to develop the SFCP Newsletter as our best, most current and comprehensive means of communication. Staff support is wonderful and available for all aspects of production. Hours are flexible. Compensation comes in the form of gratitude from the SFCP membership, creative satisfaction, and "being in the know" about all that is happening in our professional community. Analyst members and community members are encouraged to apply for editor positions as well as Newsletter Committee members. Please contact Mary Ewert at [mjedmh@comcast.net](mailto:mjedmh@comcast.net) or 415-922-7646.

The above advertisement is my only submission for this column this month. This is an extremely important position that has been vacant for several months now. At this point in time we have a multitude of issues for discussion and events to publicize and report on. Please give serious consideration to volunteering some of your time for this activity! Thank you.



## Making the Best decision: What we are saying about such potential changes as, admitting candidates who are not in analysis with a Training Analyst

### "Some say..."

For the SFCP Retreat 9/26/2009  
Charles Fisher, M.D., Reporter

#### I. Relationship to the American Psychoanalytic Association (APsaA)

APsaA may change its rules (especially about Certification).

- Some say that this possibility indicates that we should await developments within APsaA before undertaking any major change. APsaA's track record for rapid action is not good. On the other hand, there is an atmosphere of crisis within APsaA which does seem to be stimulating action from the top of the organization.
- Others say that we could pressure APsaA to change by withdrawing our compliance with the current rules. This might lead to official censure, or other disruption, which would harm our Center. However, our Center is an important part of APsaA, and we are not likely to be alone if we take a non-compliant stance. APsaA might have to adapt to us.
- A third position favors working with APsaA and the Board on Professional Standards through a process of negotiation and creative problem-solving. This assumes that APsaA (and SFCP) are organizations capable of reason and collegiality. Perhaps this is assuming too much, but creativity and reason do seem to be appearing in recent BOPS initiatives. And at SFCP, we are working hard on establishing good governance practices.

Value of our affiliation with APsaA

- Some say that this affiliation is of little value. Many object to APsaA's requirement of Certification for Training Analyst appointment. Many others point out that APsaA is mired in internal conflict about Certification, the role of BOPS, etc., and that this is a waste of time, energy, and intellectual effort. A core of conservative opinion within APsaA is distasteful to a number of members of the SFCP community.
- Others say that APsaA's Site Visits have a positive effect on psychoanalytic education in its institutes, that its annual meetings are a significant service, and that its committee structure (including programs such as the APsaA Fellowship) benefit psychoanalysis both nationally and locally.

- Our affiliation with the IPA comes by way of APsaA. Under current rules of the IPA, it is probably impossible for a single institute to be both an APsaA Institute and a direct IPA institute. If we were to disaffiliate with APsaA, the process of becoming an IPA institute involves careful screening by the IPA. It normally takes about five years. Would they expedite things for us? Unknown. If all of the above is correct, then candidates at SFCP who are in analysis with someone who is not a Training Analyst within APsaA could graduate from SFCP, but they would not be eligible to become members of APsaA or the IPA. (Unless they went back for more training elsewhere.)

#### II. Issues of Principle about Personal Analysis for Psychoanalytic Candidates

- Some highlight the importance of freedom of choice for the candidate in seeking personal analysis.
- Others point out that if the institute requires personal analysis as a component of training, then the institute has a responsibility to exercise quality control (by determining which individuals are ready to analyze candidates).
- Some feel that personal analysis should be totally outside the sphere of institute education, and therefore should not be required by institutes.
- A number of candidates and members express the view that analysis with a Training Analyst is a central part of psychoanalytic education.
- Other candidates and members see the requirement for some individuals to change analysts in order to become candidates at SFCP as disruptive of productive psychoanalytic work, and actually disrespectful of analytic process.

#### III Is Training Analyst Appointment Quality Control?

- Some point to the effort, skill, and personal tenacity required to become a training analyst. They assert that any psychoanalyst who is five years post-graduation from an APsaA or IPA institute can become a TA if sufficiently motivated. (Even with the current certification and immersion requirements.)

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- Others point to examples of TA's who have been mediocre or destructive and non-TA's who are excellent analysts.
- There have been major objections to the old Training Analyst System, in which TA's provided analysis and supervision of candidates, determined educational policy for the institute, and provided a large proportion of seminar teaching. While this system has been radically revised in our new Center organization, some feel that the designation of Training Analyst, in itself, is an undesirable vestige of the old system.
- In the past, the process of appointing TA's was seen as exclusionary in an arbitrary fashion. The new procedure is intended to make Training Analyst appointment a developmental process. The goal is that every graduate who wishes to do so, and who puts in the time and effort, can eventually become a training analyst. The issue is one of development and readiness. There are both skeptics and advocates of this process.

#### IV Candidate Selection

- Some point out that there are individuals who apply to PINC but not SFCP because of our TA requirements.
- Others believe that we would have fewer applicants for training at SFCP if we abandoned requirements which are core to our identity, prestige, and standards.
- Some maintain that factors other than our requirement for analysis with a TA are much more relevant to the number of applications we receive. They cite fees that are charged for training analyses and a community perception that SFCP may be "snobby." In fact, low fee training analysis is available at SFCP, but this fact is not widely known.
- If some of our candidates (those in analysis with non-TA's) are to be ineligible to become members of APsA or the IPA, will this harm our ability to attract candidates?
- Some current candidates have expressed the view that SFCP education would be devalued by admitting new candidates under conditions perceived to be less rigorous. Others do not feel that the issue of analysis with a TA or a non-TA constitutes rigor in education.
- Other members our community feel that sometimes the most gifted and committed individuals apply to PINC rather than SFCP precisely because they do not wish to change analysts.

#### V Market Considerations

- Some feel that it is an urgent priority to open our doors wider in all intelligent and reasonable ways, and that admitting candidates not in analysis with a training analyst is such a procedure.
- Just as the issue of candidate selection is seen in two ways by various members of our community, the issue of financial viability is also seen in two ways. Would we expand our niche by changing our requirements, or would we diminish our distinctive role in psychoanalytic education (and thereby lose ground in attracting new candidates)?
- Are members of SFCP more likely to remain active and involved in membership if we change our policy about TA's and non-TA's or if we do not? Some feel we will lose members if we do make this change. Others say the opposite. The membership has just begun active discussion of this issue.

#### VI Identity and Culture – Issues for Candidates, TA's, Faculty, and Members

- If we have two categories of candidates -- those in analysis with TA's and those in analysis with non-TA's -- what effect will this have on dynamics within classes?
- Effects on Faculty currently in the TA development process. Some feel that a change in our Center's policy about TA appointment would be discouraging. It can be seen by some as devaluing their efforts. Others are less concerned about this issue. Some simply feel that it would make things more rational and straightforward for all.
- Other Faculty. It seems fair to say that the SFCP Faculty has not yet developed a clear voice on this issue.
- The same is true for Members of our Center.
- Effects on current TA's, including those recently appointed. Once again, our current TA's have not yet developed a coherent voice on this issue.
- Some faculty, members, and candidates feel that our Center is in dire condition and urgently in need of structural improvement. Others see the Center as in a vibrant period of development with many positive changes in place and/or in process.

#### VII Governance

- Procedures are needed to develop and clarify the voices of candidates, members, faculty, and TA's in relation to this issue – and ultimately to assist the Board of Trustees in reaching a wise decision.



## Community Members Update

by Renée Spencer, Ph.D., M.F.T., Community Membership Committee Co-Chair

### Marketing One's Practice Online: What Does This Wave of the Future Mean for Psychoanalysis?

The first two of three professional development salons on online marketing (e.g., having a website to advertise one's practice) were held in September and October and evoked much interest as well as some anxiety and discomfort. Across both events roughly one hundred people attended, largely Community Members, and engaged in lively and stimulating discussions.

Many clinicians who are either developing their practice or would like to grow their practice find online marketing appealing or at least worth considering. This is especially the case because increasingly patients are turning to the Internet to get information about mental health and psychotherapy. Choosing a therapist online is a growing trend that most agree is not likely to abate; therefore, it makes sense for us to become aware of this new resource to patients. Generally patients are looking online to find a therapist for psychotherapy, not psychoanalysis.

At the salons, those in attendance expressed interest in learning the technical aspects of marketing such as how to create a website, though not necessarily without some dread of the prospect. In addition to this need for information, many expressed anxiety and discomfort about participating in online marketing. While each person's anxieties ultimately take root in their own individual psychology, common themes are emerging. Historically physicians were prohibited from advertising and for some there is a lingering perception that advertising, even for non-physicians, is in 'poor taste'. For others, exposing one's need for patients can feel shameful, especially exposing this need to colleagues. In addition, there are concerns about whether having a website compromises one's clinical integrity or dilutes one's identification with psychoanalysis and psychoanalytic psychotherapy. These latter concerns were not shared by all, with many people feeling that online advertising can indeed fit into a psychoanalytic framework.

Some of the clinical concerns about Internet marketing may mirror other current areas of tension and controversy within psychoanalysis. APsaA is under growing pressure to change traditional structures within its organization such as the training analyst system and the prospect of change and loss of control of 'standards' is creating much anxiety about what is being lost, including concerns about the integrity of psychoanalysis and psychoanalytic training. Similarly, online marketing is challenging our traditional ways of building a successful practice via referrals from colleagues or patients based on reputation and the quality of one's work. In addition, this new trend forces us to reconsider what is and isn't psychoanalytic. It seems that conversation and dialogue about this new trend are needed to explore concerns and ideally come to greater agreement and clarity.

To ignore technology as a powerful tool of education and information about psychoanalysis risks being further out of step with the times; ultimately, it represents a missed out-reach opportunity. Therapist websites are not just about self-promotion, but are a place where clinicians write about how they think about treatment, depression, anxiety, relationships, parenting, etc. from a psychoanalytic perspective. Perhaps more important is the consideration of the consumer and how essential it is for us to present psychodynamic therapy and psychoanalysis as effective treatment options for what ails them.

The salon series was split into three events to provide digestible doses of technical information about the how to's of online marketing while providing sufficient time to begin to explore the clinical implications of this non-traditional form of practice development as well as the anxieties and discomfort with it.

Our discussion will continue on **Thursday, November 5<sup>th</sup>** where we'll divide our focus between two main topics. Our technical focus will be strategies for getting one's website noticed. We'll include a brief overview of Google Adwords and Google Analytics, learn strategies for choosing keywords when writing the content of one's site in order to improve search engine rankings, as well as touch on more traditional marketing tactics and how they interface with online marketing.

Second, we'll continue to take up clinical concerns about online marketing and attempt to explore the ways that this new approach to developing or maintaining a practice evokes anxiety and discomfort including concerns about maintaining one's clinical integrity and how this wave of the future fits or does not fit into a psychoanalytic framework.

### SFCP Community Membership Online Discussion Group

In an effort to enhance our ways of connecting and networking, SFCP's Community Membership Committee invites members of the SFCP community to join our new online discussion group. The group is intended to be a space in which SFCP's Community Members, Analyst Members and Candidates can engage with one another on a broad range of professional and clinical topics. Topics could include inquiries about office space and referrals, questions about embarking upon analytic training, requests for papers/books around a specific clinical concern, or to continue discussion after an SFCP event. There is a wide range of possibilities for this virtual community and we invite you to assist in giving it shape. Our intent is for this to be an adjunct to the many opportunities for connection at SFCP.

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Community Members will automatically be added to the discussion group and will receive notification via email. (Those who don't want to participate will be able to easily unsubscribe). Analyst Members and Candidates

will not be automatically added but are welcome. **To join or for questions, contact Taneille Smith, M.F.T., the Community Membership Online Discussion Group Moderator at [taneilles@yahoo.com](mailto:taneilles@yahoo.com).**

## Community Members Mentoring Program

*by Milena Edwards, Psy.D., Leah Balowitz, Psy.D., and Melissa Nelken, J.D., Co-Chairs*

Now in its fourth year, SFCP's Mentoring Program pairs Community Members with analyst-mentors in order to provide a unique opportunity for clinicians at all stages of their careers to develop a relationship with a SFCP analyst member whom they can speak with about professional issues from career planning to integrating analytic technique and theory into their work. Renee Spencer, Ph.D., M.F.T. and Edit Markoczy, Psy.D., who co-chaired the committee for the last three years passed the baton to its new co-chairs, Leah Balowitz, Psy.D., Milena Edwards, Psy.D., and Melissa Nelken, J.D. The new committee will welcome the incoming mentors and mentees, along with past participants, at an up-coming Opening Reception at SFCP. The Mentoring Committee is excited to welcome the 2009 participants and grateful to the mentors for volunteering their time in helping build professional mentorship within the SFCP community. As you will read in the following bios, this year's participants have wide ranging interests and experiences, representative of our diverse community.

**Joslyn Baxter, M.A.**, is currently gathering data for her dissertation which focuses on understanding the impact psychotherapy has on the relationship satisfaction of women's post-traumatic experience. Joslyn hopes to graduate from the California Institute of Integral Studies in Fall 2009 or Spring 2010 with her Psy.D. In addition to writing her dissertation, she currently works at the General Assistance office, where she assesses individuals in order to determine their level of benefits. Joslyn is interested in becoming a psychological assistant in order to develop a private practice and collect her postdoctoral hours. Her primary areas of interest are trauma, PTSD, and Axis II disorders. Meryl Botkin, Ph.D. is mentoring Joslyn.

**Kirsten Beuthin, M.S., L.M.F.T.**, holds a certification from the Masterson Institute for Psychoanalytic Psychotherapy. Her work is informed by Object Relations, Family Systems, Developmental and Control Mastery theories, and her clinical training and expertise is working with adolescents, personality disorders, self-injury, eating disorders, parenting, grief-loss-depression, sexuality and addiction. She is in private practice in Oakland and San Francisco, and works with children, adolescents, adult individuals, couples, and families. Kirsten's mentor is Patricia Marra, M.F.T.

**Jessica Michaelson, Psy.D.**, is a graduate of California School of Professional Psychology. She recently started a private practice in the Grand Lake area of Oakland. Before starting her own practice, she worked at Napa State Hospital providing analytically informed psychotherapy to adults with psychotic disorders and severe borderline pathology. She is a new mother and is enjoying the intensive analytic training inherent in loving and caring for an infant. Her mentor is Robin Deutsch, Ph.D.

**Sibyl Minighini, M.F.T.I.**, has been exposed to diverse schools of thought throughout her training, and many of the techniques she uses are from the brief schools of psychotherapy. However, Sibyl is very interested in psychoanalytic technique and has done some reading to learn more about this fascinating approach to psychology. She currently works as a child and family counselor in Pleasant Hill and has a website: [SibylTherapy.com](http://SibylTherapy.com). She is particularly interested in defense mechanisms and splitting. Tina Lapides, M.S.W. is Sibyl's mentor.

**Patrick Neer, Ph.D.**, is a psychologist in private practice in Berkeley, where he currently sees adults and couples. He received his doctorate in clinical psychology at Baylor University in 1998, and came to the Bay Area for his internship at the Department of Veteran Affairs in Martinez. Patrick served as Clinic Director at Pacific Center for Human Growth in Berkeley from 2001-2003, and has worked at the UC Berkeley Counseling Center. Patrick continues to work part-time at the V.A., where he coordinates a Day Treatment Hospital for veterans with psychotic and major mood disorders, treats combat veterans, and trains and supervises practicum and pre-doctoral students in psychodynamic psychotherapy and group therapy. He has been involved in classes and programs through SFCP for the past four years, and he looks forward to deepening his involvement in psychoanalysis and the analytic community. Forrest Hamer, Ph.D. is Patrick's mentor.

**Hannah Wedgley Nystrom, Ph.D.**, graduated from the Wright Institute in 2000. She was a member of the last group to go through UCSF/Mount Zion training program before it was unfortunately shut down. She worked as a psychological assistant in private practice until she was licensed in 2002. She continues to work in private

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practice in San Francisco and Oakland. Hannah has two little ones, ages three years and nine months old. The combination of the challenging economy and her two maternity leaves deeply impacted her practice. These days, since returning to work, Hannah is very interested in deepening her thinking about how to hold and foster analytic thought while at the same time making a living in the world as it is today—“facebooky,” fast, and exceedingly mobile. Her mentor is Maureen Katz, M.D.

**Jane Reingold, M.F.T.**, has a private practice in San Francisco where she works with adults, couples, and adolescents. She graduated from the California Institute of Integral Studies and spent her internships practicing psychoanalytic psychotherapy at the Marina Counseling Center and the Integral Counseling Center, where she also facilitated women’s groups. She also interned at the Saint Francis Memorial Hospital Psychiatric Unit, and spent several years as a volunteer at W.O.M.A.N Inc, working with domestic violence survivors. She has attended several year-long seminars at NCSP and SFCP, including the most current class on perversion. Holly Gordon, D.M.H. is Jane’s mentor.

**Catherine Sancimino, M.A.**, is a Psy.D candidate at the California Institute of Integral Studies. Throughout her doctoral training, she has focused on working with children with severe emotional disturbances, behavior disorders, and pervasive developmental disorders. She plans to specialize in the assessment and treatment of Autistic Disorder while continuing to develop as a child psychologist. She is the current Chair of the Pre-licensed Clinicians Committee of the Northern California Society for Psychoanalytic Psychology. Through the Mentoring Program, Catherine hopes to cultivate a deeper understanding of psychoanalytic theory as it applies to clinical work with children and families. Her mentor is Myrna Frankel, L.C.S.W.

**Emily Serkin, Ph.D.**, has a love affair with psychoanalysis which has been enduring but somewhat inconstant. It began in high school, when she first read Freud; continued as an undergraduate at Harvard, where she was particularly inspired by a poetry class and an unforgettable seminar with Erik Erikson; as a graduate student in the early years of the Wright Institute, when it aspired to the training of “clinicians to society” who understood both the unconscious of individuals and the social settings in which they lived; as Staff Therapist and Training Director at Pathways Counseling Center, a psychodynamically-oriented clinic that’s a component of Girls Incorporated of Alameda County; and now in private practice in Hayward. It is rivaled only by her passion for birding and nature studies generally. Emily doesn’t expect to decide whether or not to consummate it, and pursue formal analytic training, as a result of the mentoring experience, but does expect an adventure! Jeanne Harasemovitch, L.C.S.W. is mentoring Emily.

**Taneille Smith, M.F.T.**, has a private practice in San Francisco where she sees children, adolescents, adults and couples. She graduated from SFSU in 2004 and has been licensed for approximately two years. The bulk of her training was through RAMS, where she did a two year traineeship and was an employee until a year ago. It was at RAMS that Taneille was introduced to psychoanalysis and has been developing her understanding of what it has to offer her both personally and professionally ever since. She is grateful for the opportunity to sharpen her professional focus through the help of a mentor. Taneille’s mentor is Neil Talkoff, Ph.D.

**Gregory Villalba, L.C.S.W.**, recently opened a small private practice in San Francisco. For seven years he worked as a staff clinician at Oakes Children’s Center, a therapeutic school and outpatient clinic serving children and adolescents with emotional problems and developmental delays. In addition to his private practice, Gregory works part-time at A Home Within where he is involved with a program focusing on transition-age foster youth. He has participated in several SFCP programs, including the Child Psychotherapy Seminars and the Preschool Consultation Program, and found them very interesting and helpful. He is looking forward to meeting regularly with a mentor for many reasons, but especially for the opportunity it will provide to think with an experienced person about his professional development. Clara Kwun, L.C.S.W. is mentoring Gregory.

**Bambi Zilberstein-Twersky, M.F.T.**, was born in Tel-Aviv, Israel in 1971 and became a licensed social worker there in 1998. She moved to San Francisco in 1998 and received her masters degree in Integral Counseling Psychology at the California Institute of Integral Studies in 2002. She completed her internship at the Marina Counseling Center in San Francisco. Since getting her MFT license, Bambi has mainly been seeing adult clients, both individuals and couples, in her private practice that is located in Noe Valley. She also periodically co-leads a mothers’ support group. Most of her training and supervision here and in Israel has been psychodynamically focused. She is fascinated with the psychoanalytic perspective and looks forward to utilizing the Mentoring Program as a way to deepen her ability to understand her clients’ unconscious processes. Bambi is mentored by Maria Longuemare, M.D., Ph.D.

**Thomas Zurfluh, Psy.D.**, received his degree from the Wright Institute and completed his pre-doctoral and post-doctoral training at Richmond Area Multi-Services (RAMS) and California Pacific Medical Center (CPMC). Thomas is currently a staff psychologist at RAMS, in addition to having a private practice where he works with children, adolescents, and adults. His interests include object relations and relational psychoanalysis. Thomas’ mentor is Robert Friend, M.D.



## Scientific Meeting Report: September 14, 2009 – “Racing for the Top: Adaptive Leadership and Race”

Presenter: Kimberly Leary, Ph.D.  
 Moderator: Peter Goldberg, Ph.D.  
 Reporter: Beth Steinberg, Ph.D.

In Dr. Leary’s paper and presentation, she attempts to introduce an interdisciplinary model as a way to expand the “conceptual space” for psychoanalysts to make use of, think about and work with racialized experience in our patients. In reflecting on race through the lens of contemporary presidential politics, Dr. Leary considers two questions: First, what constitutes effective public leadership on race and how is this leadership exercised? And second, what may psychoanalysts draw from public dialogues about race to better work our patients’ experiences?

Dr. Leary notes that while psychoanalysts have long been sensitive to the ways in which large group psychology shapes individual identity, particularly under conditions of trauma, analysts have had less to say about the impact of affirmative events on large group psychology, nor about the facilitative, corrective, or even healing effect of social change.

Drawing from theorists and concepts derived from Leadership Studies to establish a model of effective leadership, Dr. Leary notes that one of if not the most important capacities of an effective leader is the capacity both to learn and to create a learning environment. More specifically, according to Ronald Heifetz, professor of leadership studies at the Harvard Kennedy School, “leadership” is not a characteristic or trait of a person but rather consists of the activity of mobilizing others on behalf of a shared purpose. Distinguishing this from authority, which Heifetz notes is required when expertise is required to solve a problem which is known and knowable, even if difficult to implement, leadership is required when a challenge that a group is facing is “adaptive”; that is, when the problem looks different to different factions, groups or constituencies, when there are open struggles for power or stalemates, or when choosing any particular option only preserves the status quo. As Dr. Leary states, “Exercising leadership means sponsoring opportunities for conflicting parties to appreciate that they each own a piece of the problem and to help them determine which of their interests they will work to preserve and which must be discarded, if the group is to make progress. Change invariably means some loss, as the parties involved must renegotiate their loyalties and values. If the problem is an adaptive one, and there is no technical solution to it, then leader’s job, says Heifetz, consists of ‘disappointing followers at a rate they can stand’.”

Dr. Leary uses Obama’s memoir *Dreams from My Father* and his March 2008 “race speech” titled “A More Perfect Union” as examples of Obama’s amazing capacity to think and function as a leader to engage with extremely complex and emotionally charged issues around race, justice and equal opportunity in an adaptive way.

Dr. Leary suggests that in crafting a narrative about his own negotiations with race and racism, in using his own life story to describe the process by which he “became” a black man, Obama creates a text which serves to actually unpack American race relations. As a strategic piece of writing, Dr. Leary believes that Obama’s memoir functions as an allegory for racial healing. Dr. Leary traces Obama’s personal account of his racial coming-of-age, showing how, over time, he mapped out a black identity that also allowed him connection with a white world that also nurtured him. Dr. Leary sees Obama’s autobiography as a kind of “positive psychology” of race, in which “the play of racialized subjectivity becomes one source of generativity.” As Dr. Leary notes, Obama, as both a biracial man who is black and a black man who is biracial, constantly positions himself so that his blackness cannot, as Dr. Leary puts it, be “colored” by anyone other than himself. In addition, Obama’s ability to acknowledge throughout that “the problem of race” could not be disentangled from the problem of his missing father, underscores his deep appreciation for the role of loss in this complex process of the creation of racial identity.

Obama’s “race speech” was crafted in reply to criticism directed at Obama for his affiliation with Reverend Jeremiah Wright and the Right’s assertion that Wright’s racially antagonistic sermons constituted a form of hate speech that the president was morally obliged to disavow. In it, Obama asked Americans to reflect on the problem and accept that contradictions exist between our ideals and our lived reality. He suggested that the starting place for dialogue is the assumption that the problem looks different to the different people who are party to it. In this way, he was able to appreciate the way in which different people’s conflicting thoughts and feelings about race and racial identity occur in the context of each of their deeply held values, hopes and history. The kind of leadership that leads to actual change requires the delicate task of orchestrating conversations about these values.

Nonetheless, as Dr. Leary points out, in the context of race as an adaptive challenge, Obama cannot help but “disappoint” whenever he is called upon to speak about racial politics, as was seen in July with Obama’s decision to speak out about the Cambridge arrest of Harvard scholar, Henry Louis Gates. Obama’s rebuke of the responding officer, James Crowley, during a press conference, unleashed a torrent of praise and protest for his strong words about the differential treatment blacks and whites receive by police and civil authorities. The fact that the president had an opinion on the matter meant that the topics of racial profiling, automatic racial processing, and aversive racism received an extraordinary level of attention in the popular

(Continued on page 9)



media and consequently in the minds of a broad range of people and gave people “a rare glimpse...of the perspective that a black president can bring to a racially charged situation” as well as a rare moment of public vulnerability for Obama. Obama called upon Gates’ arrest to become a “teachable moment,” but Dr. Leary notes that the conversation veered away from the messy complexities of institutional and automatic types of racism and privilege, and instead, the conflict went underground. As she put it, “the men seeming to agree to disagree, the problem reverting to a species of those existing ‘between guys,’ one that guys often believe they can solve in isolation.”

Dr. Leary asks the relevant question: What are the lessons to be learned about leadership and race that might be relevant for psychoanalytic clinicians? First, she describes that when race gets enacted in the consulting room, the problem or opportunity that is actualized will look different to the patient and to the analyst as a function of differing loyalties and values. She suggests that psychoanalysis may have a tendency to view the experience of race as “spectacle” and not appreciate the extent to which we may have a very different experience of racialized experience than our patients. Second, if race is an adaptive problem, then the productive work of engaging values and “renegotiating loyalties” inevitably involves loss. Psychoanalysts certainly appreciate this in the context of individual dynamics associated with race, but Dr. Leary suggests that one of the analytic loyalties needing to be renegotiated is acknowledging the critical role that public environments play in shaping individual subjectivities, implicit attitudes, and especially in our psychic experience of race.

To quote Dr. Leary: “Perhaps it is not enough to interrogate the transference and counter-transference milieu in which clinical talk takes place. Perhaps we need to focus our attention to the environments in which therapeutic dialogues occur. To what extent might we unwittingly call forth stereotyped behavior from our patients, and from ourselves, because of the threat to racialized identities associated with our offices, neighborhoods and communities of practice? Are there ‘manipulations’ – in the social psychological sense – which we might deploy to mitigate those threats? If so, it is possible that psychoanalytic leadership with respect to race might mean that we further loosen, and maybe even lose, our insularity, and oblige ourselves to incorporate into our practices, a theory of public environment, and place relevant to race?”

During the discussion, Michael Bader inquired about the role of loss, and Dr. Leary spoke to the way that making room for other peoples’ stories inevitably involves a loss of the primacy of one’s own perspective, and that this applies to our theories as well.

Forrest Hamer spoke to the way in which the loss involved in adaptive work is a kind of loss of identity, as one person

takes account of another person’s experience and that actually changes each person, and the loss of certainty and the need for tolerance of ambiguity.

Nathan Szajnberg wondered about the many qualities of great leadership. Dr. Leary emphasized that Heifetz emphasizes the type of leadership in every day life where it may be possible for multitudes of people to engage with these issues and have some traction with them.

Chuck Fisher wondered whether the intense hostility towards Obama may be related to the threat of loss inherent in adaptive leadership and how that is threatening to people.

Dr. Leary emphasized that governing in this way is very messy and complicated and invites us to engage in various losses, citing the intense emotions surrounding the Health Care debate and the question of what we are willing to give up in order to have something else.

Alan Skolnikoff pointed out that while there has always been many people who are “mixed race,” people are much more likely to identify themselves in that way now and points out that Obama felt like an outsider when he was involved in community organizing. He wondered whether joining from the outside perhaps gave him more capacity to empathize with others. Dr. Leary notes that Obama’s book being a strategic document, he recognized that it wouldn’t do to position himself as biracial alone, that he needed to establish authentic credentials of blackness, a black social identity.

Peter Goldberg commented about the way in which psychoanalysis in fact explores levels of identity formation that are fluid. There are multiple identities in the unconscious – universal bisexuality for example -- discoverable through the analytic method, and he posed the question of whether it actually may be difficult to integrate these ideas with our methods. Dr. Leary responded that if we want to participate in social conversations about social and community issues, we could participate in broader range of conversations if we taught and thought about a broader range of fields, for example, social psychology. This may be the very problem regarding a need for adaptive leadership in psychoanalysis: What kind of stake do we want to have in conversations that go on outside?

Michael Bader spoke to Obama’s adaptive leadership in the context of a right wing media machine that wants to destroy it, posing the question of what is its fate in the real social context? Then the question becomes what is interfering with people recognizing their own real interest and engaging with people in this kind of way? Dr. Leary points to the way that it is difficult to hold onto the fact that with respect to race, there is more than one thing going on, and that our tendency is to try to reduce it. How do we hold that complexity as we try to take in this adaptive leadership?



## Letter to the Editor:

### A University Model for the San Francisco Center for Psychoanalysis Curriculum

by Hank Massie, M.D., SFCP Board of Trustees

For some time I have wondered at the complicated structure of the San Francisco Center for Psychoanalysis curriculum and have thought that it might more effectively present itself to the community, require fewer committees, and cost less to administer if it was set up more like a university academic program. In other words there would be a series of courses in psychoanalytic/psychodynamic psychotherapy for children and adults, courses in theory, courses in the history of concepts, and courses in applied analysis (literature, the arts, sociology), as well as in research methodology. Most courses would be open to everybody in the community, though some would require prerequisites. The "catalog" would list a sequence of courses for those wanting to go the full distance to become psychoanalysts. People would not have to "declare" their desire to "major" in psychoanalysis at the onset, and psychoanalysis would be presented as just a highly specialized form of analytic treatment for particular patient

populations rather than the *raison d'être* of the SFCP.

I bring this up because in the future the number of traditional candidates for training to become psychoanalysts may shrink even further because of the cost of training, the time involved, and competition from other forms of treatment. However, the number of people interested in psychoanalytic concepts and therapy may increase because of the intellectual aridity and emotional oversimplicity of other treatments (medications, mindfulness, and cognitive behavioral therapy) and the decline of psychodynamic training in graduate school and psychiatry residency programs.

I recommend that we examine these ideas in the relevant committees of the San Francisco Center for Psychoanalysis.

### Book Review: "The White Knight Syndrome - Rescuing Yourself from Your Need to Rescue Others" by Mary C. Lamia, Ph.D. and Marilyn J. Krieger, Ph.D.

Reviewed by Meghan Harris, Psy.D.

Relationships are based on many factors: love, lust, compatibility, and common interests. But there are other, more complex layers to our motivations in mate choice. Who among us hasn't witnessed a friend trying to "fix" a new romantic partner? Or been attracted to someone ourselves because we feel able to "help" that person? When these dynamics go awry they create unhealthy patterns of behaviors and beliefs, which Drs. Lamia and Krieger have designated as the "White Knight Syndrome." This book excels at explaining and categorizing different dynamics in romantic relationships that start out "helpful" and end up hurtful. The authors describe different types of rescuers and illustrate each with a vivid, relatable vignette. Part of what makes the book so compelling is that it is nearly impossible to read without finding aspects of yourself or other important people in your life!

Drs. Lamia and Krieger have done an outstanding job in presenting these complex dynamics in an informative, understandable, relatable fashion. In giving such rich examples of white knight behaviors and their origins, readers discover the "whys" of behavior, both their own and other people's. Crucially, the book also offers a complete portrait of what healthy alternatives look like: a "balanced

rescuer." The authors don't pathologize the wish to nurture, or even to help a partner. They simply help to distinguish when helpful behavior becomes unhealthy; that is, when helping our partner is actually a misguided attempt to help ourselves.

The book does assume a certain intellectual ability of its readers. Therapists will revel in it, and certainly well-educated clients will find it useful and illuminating. It may be challenging for the everyday reader; but conversely, one of the book's strengths is that it does not talk down to its audience. One can only hope that all therapists embrace it as a new and powerful tool in their arsenal, as its pragmatic advice is thoughtful and sound.

A major strength of the book lies in its summations: the "Thinking About It" boxes at the end of chapters are well-crafted, explicit tools for self-reflection. In these, the authors save the best for last, including clear, practical suggestions for how to cope, learn from the past, and restore self worth. Readers who use these will be wisely taking advantage of an unprecedented bargain of personal psychotherapy from two masters in their field.



## Book Review: “The Texture of Treatment: On the Matter of Psychoanalytic Technique” by Herbert J. Schlesinger (2003) Analytic Press.

Reviewed by Nathan Szajnberg, M.D.

Herb Schlesinger spent five decades analyzing and writing to prepare for *The Texture of Treatment*, this too brief, but glistening gem: like a diamond, it captures apparently mundane light in various facets and enhances its beauty.

“In the beginning ... was technique.” A provocative first line. It reflects the style of his work: crisp, concise, sincere, honest, yet humor-twined.

This book is like Strunk and White’s classic, *Elements of Style* (1999): a beginner’s guide; a veterans’ reference. Follow its suggestions thoughtfully, critically, then you will write well.

A man of words, Schlesinger, invites us to think about our argot. “Consider transference ... resistance, defense and development as ... processes rather than substantives ... as points of view.” Psychoanalytic phenomena evolve, happen, with mutual reflection (1976).

He reminds us of basics; rethink impasses, distinguish endings, quitings, stoppings, finishings, stalemates, terminations and the interminable.

The psychoanalytic relationship is “instrumental,” -- there to accomplish something -- unlike marriage, friendship or parenthood, which exist for their own sake. If we trust transference, then we not only facilitate its development, but also its “cure,” its resolution.

Mini-terminations occur when the analysand has accomplished a significant piece of work. Indications include: slower work pace; lack of direction; slackened engagement; vagueness; lateness, cancellations...and most frequently, anxiety that *the analyst* wants to stop treatment.

But, these can also be signs of resistance. Our task -- recognize signs; clarify meanings.

He questions. Why treatment now? Some capacities for success: sensitivity versus obliviousness; engagement versus detachment; psychological-mindedness versus concreteness; curiosity versus indifference; externalizing versus internalizing; regression tolerance versus regression seeking; free-association versus plodding; humor versus literal-mindedness. We have continua of these capacities: treatment develops greater freedom.

Schlesinger addresses impasse, that uncomfortable stasis *that is preferred* to risky movement. Impasses (Wallerstein, 1967) can range from the doldrums to “noisy” psychosis. It is an (unspoken) *unsettled disagreement or argument*. Groundwork for impasses includes a dependent sexual transference or unanalyzed attach-

ment. It can be both a collusive repetition compulsion *and* an occasion for productive work.

*The Texture of Treatment* guides the analyst’s hand to sail out of the doldrums.

He defines technique and redefines it, like a theme with variations. “Technique... (is the psychoanalyst’s) responsibility .. to conduct a rational treatment” (p. 2); to raise the level of communication, decrease tension: transference-charged speech is loaded with action potential. Technique’s major goal: promote the analysand’s activity (p. 278).

Avoid semantic errors – questioning, obliqueness, subjunctives, qualifiers, passive voice: speech reflects thinking. Stay a half-step behind the patient, *and* with the patient (258).

Listen. Avoid making nouns from verbs; skip conjunctions. Watch for topic changes, vague references, shifts in emphasis, private language, opening phrases such as “I know...” “I see...” “To be perfectly frank...”

Neuroses? “Resources... defending against unrealistic and anachronistic dangers.” ( 84). Many feel it is something they *have rather than something they do*(199).

Transference? It is conservative, keeps things the same (57). It is enactment. He prefers “metaphor” to the Latin transference (Szajnberg, 1986), transporting an image from one time/place to another.

Psychoanalysis? A process that clarifies: 1. The nature and source of unconscious conflicts in fantasy; 2. Why compromise formations *made* sense; 3. Why these persist anachronistically. (28). Or, a process to relieve pain by altering the circumstances leading to it. (10). A situation of “unvarying conditions and few distractions.” (69). Its general goal is to live more in a real world free of compulsion. (167). Psychoanalysis seeks patterns of events and cures by restoring memory (234).

He suggests landmarks exist for termination 1. Making and sustaining attachments; 2. Tolerating regressive pulls; 3. Tolerating separation, loss and surrendering fantasized gratifications.

In Schlesinger’s latest book, *Promises, Oaths and Vows*, he says, “[The psychoanalyst promises] steadfastness, selflessness, patience and devotion. This promise is one sided. We expect nothing comparable of the new patient.”

Upon this foundation, *The Texture of Treatment* is built.



## ANNOUNCEMENTS

### COMMUNITY MEMBERS PROFESSIONAL DEVELOPMENT SALON

Marketing Your Practice Online:  
Practical Challenges and Clinical Issues

"Why Isn't My Website Filling My Practice?" Plus "Why Does Online Marketing Make Us Uncomfortable?"

Panel: **Phyllis Ball, M.B.A., Marc Wallis, L.C.S.W., Bear Korngold, Psy.D.**

In our last salon the **technical focus** will be **strategies for getting one's website noticed**. We'll include a brief overview of Google Adwords and Google Analytics, learn strategies for choosing keywords when writing the content of one's site to **improve search engine rankings**, as well as touch on more traditional marketing tactics and how they interface with online marketing.

When: **Thursday, November 5, 2009**  
Time: 7:30 P.M. – 9:00 P.M.  
Where: SFCP Auditorium, 2340 Jackson St., 4th Fl., S.F. (entrance on Webster St.)  
Cost: Free to SFCP members, candidates and community members. For others, the cost is \$35 per meeting payable at the door.

To register, call 415-563-5815 or email [finance@sf-cp.org](mailto:finance@sf-cp.org)

### CHILD COLLOQUIUM SERIES 2009-2010

"Beyond Trauma: [Almost] Everything You Need to Know About Theory and Intervention"

Panel: **Robert Friend, M.D., Eileen Keller, Ph.D., Gilbert Kliman, M.D.**

When: **Saturday, November 7, 2009**  
Time: 10:00 A.M. – 12:30 P.M.  
Where: SFCP Auditorium, 2340 Jackson St., 4th Fl., S.F. (entrance on Webster St.)  
Cost: Free; 2 CME/CE credits available for \$16.

Next Child Colloquium:

Presenter: **Denia Barrett, L.I.S.W.**  
*Mum's the Word: Are We Becoming Silent on Masturbation?*

Saturday, February 6, 2010; 10:00am - 12:00noon

To register, call 415-563-5815 or email [finance@sf-cp.org](mailto:finance@sf-cp.org)

### SCIENTIFIC PROGRAM

Monthly, every second Monday  
"How Do Psychoanalysts Work?"

**Prof. David Tuckett**

When: **Monday, November 9, 2009**  
Time: 7:30 P.M. – 9:30 P.M.  
Where: SFCP Auditorium, 2340 Jackson St., 4th Fl., S.F. (entrance on Webster St.)  
Cost: Free; 2 CME/CE credits available

Next Scientific Meeting:

**Phillip Freeman**

*The Resilience of Illusion in Theatre and in Analysis*  
Monday, December 14, 2009; 7:30 P.M. – 9:30 P.M.

### POST-GRADUATE SEMINARS WITH DAVID TUCKETT, VISITING PROFESSOR

The schedule will be different this year because of the frame of the Comparative Clinical Methods workshop that Tuckett will be facilitating for us. Attendance at both Thursday and Sunday will be necessary in order to attend any part of the workshop. The Wednesday night event will be a combined faculty/post grad event where Tuckett will work with us on the topic of "Why do we do what we do? Applying a rationale for psychoanalytic training models." The Wednesday evening faculty/post grad event can be attended separately from the Thursday Sunday workshop.

**Wednesday, November 11th:**  
Faculty/Post-graduate Program (7:30pm-9:30pm)

**Thursday, November 12th:**  
Comparative Clinical Methods (7:30pm-9:30pm)

**Sunday, November 15th:**  
Comparative Clinical Methods cont. (10:00am-3:00pm)

**Fees:**  
**Wednesday:** \$50

**Thursday AND Sunday:** \$155.00 (may not be attended separately)

**Wednesday AND Thursday AND Sunday:** \$180

CME cost \$10 per hour.

To register, call 415-563-5815 or email [finance@sf-cp.org](mailto:finance@sf-cp.org)

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### **SOUTH BAY PROGRAM WITH DAVID TUCKETT, VISITING PROFESSOR**

When: **Tuesday, November 10, 2008**  
 Time: 5:00 P.M. – 9:00 P.M.  
 Where: Home of Jana Kahn,  
 27868 Via Corita, Los Altos Hills  
**Cost: \$150.00 (dinner included)**

To register, call 415-563-5815 or email [finance@sf-cp.org](mailto:finance@sf-cp.org)

### **A DAY WITH DAVID TUCKETT**

**David Tuckett's** substantial contributions to psychoanalysis are grounded in essential and fundamental ideas about how analysts think and work and about how they talk with each other. In his writing, he seeks to clarify the common underlying theoretical concepts that inform clinical work and apply them in the consulting room, as well as in psychoanalytic education and psychoanalytic papers. He advocates for a "disciplined psychoanalytic pluralism" in which various theories and models are embraced in the context of a shared understanding of the core tenets of psychoanalytic work.

When: **Saturday, November 14, 2009**  
 Time: 9:00 A.M. – 3:30 P.M.  
 Where: Jewish Community Center of San Francisco  
 5 CME/CE credits available.

#### **Fees:**

\$155 General  
 \$140 SFCP Members and Community Members  
 \$75 SFCP Psychoanalytic Candidates and Full Time Students or Interns (copy of current ID required.)

Add \$10 for **onsite registration**.

Catered lunch will be provided for **all** attendees. Space is limited, early registration is strongly recommended. *No refund for cancellation.*

To register, call 415-563-5815 or email [finance@sf-cp.org](mailto:finance@sf-cp.org)

### **POSTGRADUATE EDUCATION: CLINICAL FORUM**

Presenter: **Holly Gordon, D.M.H.**  
 Moderators: Peter Goldberg, Ph.D. and  
 Henry Markman, M.D.

When: **Wednesday, November 18, 2009**  
 Time: 7:30 P.M. – 9:30 P.M.  
 Where: SFCP Aud., 2340 Jackson St., 4th Fl., S.F.  
 2 CME/CE credits available.

All postgraduate members are invited to attend the Clinical Forum where Holly Gordon will continue presenting her case.

### **NB COMMUNITY MEMBERS CLINICAL FORUM**

*Monthly, every second Tuesday*

Presenter: **Daphne de Marneffe, Ph.D.**  
 Discussant: Terrence Owens, Ph.D.  
 Moderator: Helen Schoenhals Hart, M.D.

When: **November 10, 2009**  
 Time: 7:00 P.M. – 7:30 P.M. Tea & Cookies and  
 NB Community-Building Discussion  
 7:30 P.M. – 9:00 P.M.  
 Where: 4340 Redwood Highway, San Rafael  
 Cost: Free; 1.5 CME/CE credits available for \$15.

### **EB COMMUNITY MEMBERS CLINICAL FORUM**

*Monthly, every second Wednesday*

Presenter: **Stephanie Morgan, M.F.T.**  
 Discussant: Jeanne Harasemovitch, L.C.S.W.  
 Moderator: William Glover, Ph.D.

When: **November 11, 2009**  
 Time: 7:30 P.M. – 9:00 P.M.  
 9:00 P.M. – 9:30 P.M. Tea & Cookies  
 Where: Herrick Hospital, Conference Room CC, 2001  
 Dwight Way, Berkeley  
 Cost: Free; 1.5 CME/CE credits available for \$15.

### **SF COMMUNITY MEMBERS CLINICAL FORUM**

*Monthly, every third Tuesday*

Presenter: **Vittorio Comelli, Psy.D.**  
 Discussant: Jack Giuliani, Ph.D.  
 Moderator: Elizabeth Simpson, L.C.S.W.

When: **November 17, 2009**  
 Time: 7:15 P.M. – 7:30 P.M. Tea & Cookies  
 7:30 P.M. – 9:00 P.M.  
 Where: SFCP Auditorium, 2340 Jackson St., 4th Fl.,  
 S.F. (entrance on Webster St.)  
 Cost: Free; 1.5 CME/CE credits available for \$15.

### **SB COMMUNITY MEMBERS CLINICAL FORUM**

*Monthly, every third Tuesday*

Presenter: **Rebecca Fineman, Ph.D.**  
 Discussant: Miriam Bar, Ph.D.  
 Moderator: Janice Mill, Ph.D.

When: **November 17, 2009**  
 Time: 7:15 P.M. – 7:30 P.M. Tea & Cookies  
 7:30 P.M. – 9:00 P.M.  
 Where: Psychiatry Building, Stanford University  
 Medical Center, 401 Quarry Rd., Rm 1206  
 Cost: Free; 1.5 CME/CE credits available for \$15.

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**SFCP PENINSULA SATURDAY SEMINARS**  
**“Hidden Shame and Its RE-Emergence in the Clinical Setting”**

Presenter: **Mali Mann, M.D.**

When: **Saturday, November 21, 2009**

Time: 9:00 A.M. – 12:00 P.M.

Where: Christ Episcopal Church,  
1040 Border Rd., Los Altos.

Cost: \$75; 3 CME/CE credits included

To register, call 415-563-5815 or email [finance@sf-cp.org](mailto:finance@sf-cp.org)

**PSYCHOANALYTIC GRAND ROUNDS @ STANFORD**  
*LAST Wednesday of each month*

**“The Role of the Paternal Object in Development and Psychotherapy”**

Presenter: **Alan Kessler, Ph.D.**

When: **November 18, 2009**

Time: 6:15 P.M. – 7:30 P.M.

Where: Psychiatry Building, Stanford University  
Medical Center, 401 Quarry Rd, Stanford

Cost: Free; CME/CE credits available for \$10.

For information call 415-563-5815.

**CONVERSATIONS ON ADOLESCENTS**

Psychoanalytic Perspectives on Youth at Risk

**“When Boys Will Be Girls and Girls Will Be Boys”**

Presenter: **Diane Ehrensaft, Ph.D.**

When: **Saturday, November 21, 2009**

Time: 10:00 A.M. – 12:00 P.M.

Where: Flamingo conference Resort and Spa,  
2777 Fourth St., Santa Rosa

Cost: Free; CME/CE credits are available for \$15.

To register, call 415-563-5815 or email [finance@sf-cp.org](mailto:finance@sf-cp.org)

**SFCP PUBLIC LECTURE SERIES**

Current Events and Their Discontents:  
Psychoanalyzing Politics, Culture and History

**“Double-Consciousness and the Subversion of Love in Toni Morrison’s Tar Baby”**

Presenter: **Victor Wolfenstein, Ph.D.**

When: **Monday, December 7, 2009**

Time: 7:30 P.M. – 9:00 P.M.

Where: SFCP Aud., 2340 Jackson St., 4th Fl., S.F.

Cost: Free

To register, call 415-563-5815 or email [finance@sf-cp.org](mailto:finance@sf-cp.org)

**CHILD DEVELOPMENT PROGRAM AND MEMBERS OF THE PRE-SCHOOL CONSULTATION PROJECT**

**4TH ANNUAL EVENT AND FUNDRAISER**

***Loss and Mourning in Early Childhood: Holding the Child, the Family, and the Preschool Community***

When: **Wednesday, December 2, 2009**

Time: 7:00 P.M. – 9:30 P.M.

Where: SFCP Auditorium, 2340 Jackson St., 4th Fl., S.F. (entrance on Webster St.)

**Registration deadline:** November 24, 2009

**Program Fees:**

Mental Health Professional \$60

Student \$25

Pre-school Director \$35

Teacher \$25

*The event can be counted toward professional growth hours for teachers.*

To register, call 415-563-5815 or email [finance@sf-cp.org](mailto:finance@sf-cp.org)

**SFCP OUTREACH / LIAISON COMMITTEE**  
**“Inside/Out: Countertransference with the Eating Disordered Patient”**

When: **Saturday, December 5, 2009**

Time: 9:00 A.M. – 12:30 P.M.

Where: SFCP Auditorium, 2340 Jackson St., 4th Fl., S.F. (entrance on Webster St.)

**No audio or video recordings will be allowed**

**Jeanne Harasemovitch, L.C.S.W. --**

Food for Thought: Disorders of Eating and Thinking—In Search of a Plausible Self

**Mirta Oelsner, M.D. (from the Seattle Institute) --**

Discussion of Ms. Harasemovitch’s Paper

**Elizabeth Simpson, L.C.S.W., Ann Martini, L.C.S.W. & Mirta Oelsner, M.D. --** Clinical Discussion

**Robin A. Deutsch, Ph.D. --** Moderator

3 CME/CE Credits available

**Fee:** \$75 General (There is an additional \$10 charge for continuing education credits.)

**No refund for cancellation.**

To register, call 415-563-5815 or email [finance@sf-cp.org](mailto:finance@sf-cp.org)



**GATHERINGS HOSTED BY CANDIDATES IN THEIR HOMES  
FOR CLINICIANS INTERESTED IN ANALYTIC TRAINING AND  
OTHER EDUCATIONAL OPPORTUNITIES AT SFCP**

In January SFCP Candidates will host gatherings in their homes to welcome prospective applicants and clinicians wanting to learn about training and the SFCP community. All are welcome. Please RSVP to [training@sf-cp.org](mailto:training@sf-cp.org) and directions will be sent to you.

**EAST BAY** **Tuesday, January 12, 2010, 7:00-9:00 PM**  
**Host: Sarah Stadler, M.D.,** Lisa Roth, Psy.D. & Celeste Schneider, Ph.D.  
**Community Members:** Milena Edwards, Psy.D. & John Lundin, Psy.D.

**MARIN** **Friday, January 22, 2010, 6:00-8:00 PM**  
**Host: Jacqueline De Lon, M.F.T.,** Amy Handler-Caldarola, M.F.T. & Marc Wallis, L.C.S.W.  
**Community Members:** Vittorio Comelli, Psy.D. & Renee Spencer, M.F.T.

**PENINSULA** **Friday, January 29, 2010, 6:00-8:00 PM**  
**Host: Cia Foreman, Ph.D.,** Jeffrey Yost, M.F.T.  
**Community Member:** Leah Balowitz, Psy.D.

**SAN FRANCISCO** **Wednesday, January 6, 2010, 7:00-9:00 PM**  
**Host: Beth Steinberg, Ph.D.,** Kyra Minninger, M.D. & Julia Mitrevski, M.D.  
**Community Members:** Vittorio Comelli, Psy.D. & Debora Fletcher, Ph.D.

*Co-sponsored by the Candidates' Association, Community Members, and  
Psychoanalytic Training Division*

## ADS

**PSYCHOTHERAPY OFFICE:** Spacious, attractive, convenient Piedmont Ave. location. Warm wood paneled office has skylight, air-conditioning, separate small room for workspace or kitchen. \$800 includes utilities, cleaning, and supplies. 510-658-6060.

## PRESENTATIONS

**Mardi Horowitz, M.D.,** presented the following:

"Formulation in Psychodynamic Psychotherapy," June 2009, San Francisco Psychiatric Society.

"Supervision and Formulation: Keynote Address," October 2009, California Psychological Association (Division Two).

## PUBLICATIONS

**Mardi Horowitz, M.D.,** published the following:

"Personality Development: Psychoanalytic Perspectives," in Shweder, RA, Bidell, T., Daily A., Dixon S., Miller P., & Modell J. *The Child: An Encyclopedic Companion*, University of Chicago Press: Chicago, 2009, pp. 729-730.

"Understanding PTSD: Symptoms, Memory, and Neuroscience," in *San Francisco Medicine* July-August 2009, 82 (6), pp. 18-19.

Gabbard, G.O., "Insight, Transference Interpretations and Therapeutic Change in the Psychotherapy of Borderline Personality Disorder," *Am. J. Psychiatry*, 166(5), pp.517-21, 2009.

Prigerson, H.G., Jacobs, S.C., Parkes, C.M., Aslan, M., Goodkin, K., Raphael, B. Marwit, S.J., Wortman, C., Neimeyer, R.A., Bonanno, G., Block, .D., Kissane, D., Boelen, P., Maercker, A., Litz, B.T., Johnson, J.G., First, M.B., Maciejewski, P.K., "Prolonged Grief Disorder: Psychometric Validation of Criteria Proposed for *DSM-V* and *ICD-11*," *PLoS Med* 6(8), pp.1-12, 2009.



## SFCP LIBRARY NEWS

### Library Scavenger

Books for the amateur to be rescued...

- **Collected papers on Schizophrenia**,  
by Harold Searles \$15.00 (hardcover, good condition)
- **The Analytic Experience**,  
by Neville Symington \$15.00 (hardcover, good condition)
- **Character Analysis** by Wilhelm Reich, \$15.00  
(hardcover, good condition)

### Library Services

The library can provide for single users Xeroxing service for a fee: \$0.15 per sheet plus a flat fee of \$3.00 per article and cost of postage.

The library provides bibliographic literature searches for \$8.00.

The library utilizes several online resources including the National Library of Medicine's Docline to provide you with comprehensive, efficient Interlibrary Loan service. The cost for each interlibrary loan received from University Libraries is \$15.00; interlibrary loans (ILL) retrieved from our local NCCPL Consortium are free.

### Library Catalog

In 2001 we started the conversion process for our library catalog. We mailed out all our catalog cards (perhaps only few of you remember that each book was represented by a 2x3 inch catalog card) packed diligently in shoeboxes with great trepidation...what if they get lost, what is if they get burnt, what if they get wet...

The cards went to a data conversion system house where they were transformed in barcodes (zebra striped labels) which were applied into our books.

From then on each book has been circulated through a barcodes reader that beeps every time we check it in or out.

And now after 7 years of beeping we got to the next step: the library catalog on our website. **Yes, now you can go on our site and browse the library catalog to see if we have a book and if it is available on the shelf!**

You will be able to access the library collection day and night at any time, it is an enormous advantage for the sleepless ones, counting books instead of sheep.

But beside the customary jokes, having the library catalog on line and accessible remotely will give our library more visibility and access, and knowledge needs to be accessed in order to be spread...one needs to reach the top cabinet in the kitchen to get the chocolate jar in order to spread it on bread and enjoying the flavor!

We have reached the flavor of our catalog!!!

Many thanks to Eric Rosen, our library assistant for the useful and proficient work done during the collection inventory, without Eric's effort this project could not have been done.

### FALL/WINTER 2009

#### San Francisco Center for Psychoanalysis Library and Bookstore Hours

Monday	12:30 A.M. to 4:30 P.M.
Tuesday	9:30 A.M. to 4:30 P.M.
Wednesday	9:30 A.M. to 4:30 P.M.
Thursday	1:00 P.M. to 5:00 P.M.
Friday	1:00 P.M. to 5:00 P.M.

The Library is not closed for lunch.

If you can not reach the Library-Bookstore during these hours, please contact us through these numbers

Tel# 415-563-4477

Fax# 415-563-8406

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Contact Jeff Miller, Development Director, to make a tribute gift !  
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**SFCP BOOKSTORE  
PRESENTS**

***The Aesthetic Dimension of the Mind: Variations on a Theme of Bion, by Lia Pistiner de Cortinas***

'Bion is hard for most people to read because of the density and complexity of his style. The author seems to do so effortlessly. Her choice to employ the lens of aesthetics to study Bion is helpful. Alpha-function and/or dreaming intercept the sense impressions of our emotional experiences and transform them into creative as well as more tolerable renditions of the original impending emotional truth. Aesthetics for Bion constitutes a "vertex" (perspective) of consideration of the analytic moment, much like the key which governs and constrains a musical composition. Lia Pistiner de Cortiñas's work is a conception of Bion's works written in the "key" of the aesthetic vertex. She deals with the psychological birth of emotional experience, dreaming, truth, lies, the significance of prenatal experiences, catastrophic change, the caesura, autism, and then courageously ventures into a comprehensive understanding of Bion's three volume *A Memoir of the Future*. Her references to novelists and poets and her credible clinical examples are noteworthy...' - James Grotstein MD, Professor of Psychiatry, UCLA School of Medicine

'Bion's introduction of a new model of the mind was a "catastrophic change", a change that in Thomas Kuhn's terms was a "scientific revolution". Lia Pistiner de Cortiñas invites us to enter into the psychoanalytic world that stemmed from this revolution, and to explore its theoretical and clinical landscapes. She unfolds Bion's ideas in a very clear language and focuses her own developments on the "dream like" way of thinking he described, which allows the transformations of very primitive feelings into emotions and thoughts and gives an aesthetic dimension to the human mind.' - Didier Houzel, Professor of Child and Adolescent Psychiatry, University of Caen

'Lia Pistiner de Cortiñas stresses the significance of the analyst's achievement in developing and using within the session, his or her capability to "dream" the patient's "dream". This quality in an analyst is the basic mental equipment in the clinical practice of psychoanalysis. Evidence of this subtle activity, which the author more specifically relates with dream-work alpha, is presented via illustrations of her clinical practice in the last two chapters. In 'Prenatal Aspects of the Mind', the use of models from theatre and literature as "personifications" gains prominence. These appear as aesthetic tools that allow the analyst to obtain flexibility and binocular vision. The analyst can thereby collaborate with re-establishing the conditions for the patient's viability, autonomy and mental growth.' - Antonio Sapienza, Psychoanalyst, full member of the Sociedade Brasileira de Psicanálise, Sao Paulo

Order Form: Cut and send to **SFCP Bookstore**  
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SAN FRANCISCO  
CENTER FOR  
PSYCHOANALYSIS



# Opera on the Couch

War Memorial Opera House  
401 Van Ness Avenue



**Sunday, November 8, 2009 at 2 pm**

In Verdi's masterful adaptation of Shakespeare's tragedy, a great warrior discovers the one weapon against which he has no defense—his own jealousy. **Johan Botha**, the South African tenor praised by *The New York Times* for his "effortless power and clarion tone," makes his San Francisco Opera debut in the title role. Bulgarian soprano **Svetla Vassileva**, recent winner of the Italian Association of Music Critics' prestigious Abbiati Prize, brings tenderness and vocal brilliance to the role of Desdemona, the faithful wife who finds facts are no match for manufactured suspicion. Music Director **Nicola Luisotti**, praised by London's *Financial Times* for conveying Verdi's "sweep, lyricism and subtle detail," conducts.

**Israel Katz, M.D., Lee Rather, Ph.D. and Milton Schaefer, Ph.D.**

The San Francisco Center for Psychoanalysis and the San Francisco Opera invite you to the performance of *Otello*, followed by post-performance psychoanalytic discussion of the opera. San Francisco Opera is pleased to offer SFCP members 15% off regular ticket prices."

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Please join SFCP program co-chairs, Dr. Steven Goldberg and Dr. Milton Schaefer, and colleagues for a psychological perspective of the opera at our post-performance discussion, ***Opera on the Couch*** immediately after the performance.

**Post performance discussion begins approximately 15 minutes after the performance and is located at Books Inc. in Opera Plaza, 601 Van Ness Ave.**

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